

Wednesday, April 8, 2026

Course

09:00 - 13:00

C-01: Home ventilation: Questions and answers

Chair: Sheila Javadpour (Ireland)

Chair: Elaine Chan (United Kingdom)

Summary	09:00 - 09:00
Introduction	09:00 - 09:15
Noninvasive ventilation in the home: Indications, interfaces, and common pitfalls	09:15 - 09:55
Speaker: Sheila Javadpour (Ireland)	
Mask fitting and skin viability, tracheostomy selection and practical considerations	09:55 - 10:35
Speaker: Jenny Taylor (United Kingdom)	
Speaker: Victoria Robinson (United Kingdom)	
Question and answer	10:35 - 10:55
Coffee break	10:55 - 11:15
New modes of ventilation: IVAPS and AVAPS	11:15 - 11:55
Speaker: Elaine Chan (United Kingdom)	
Weaning or escalation of ventilation: Case scenario	11:55 - 12:35
Speaker: Vasileios Patelis (United Kingdom)	
Question and answer	12:35 - 13:00

Course

09:00 - 13:00

C-02: Pediatric behavioral sleep

Chair: Jodi Mindell (United States)

Chair: Michal Kahn (Israel)

Course Summary	09:00 - 09:00
Introduction	09:00 - 09:05
Infant and toddler sleep disturbances	09:05 - 09:30
Speaker: Jodi Mindell (United States)	
Preschool/school-age insomnia	09:30 - 09:55
Speaker: Sooyeon "Aly" Suh (Korea, Republic of)	
Adolescent insomnia	09:55 - 10:20
Speaker: Valerie Crabtree (United States)	
Delayed sleep-wake phase disorder	10:20 - 10:45
Speaker: Michael Gradisar (Australia)	
Panel discussion / Question and answer	10:45 - 11:05
Coffee break	11:05 - 11:25
Nightmare disorder	11:25 - 11:50

Speaker: Michal Kahn (Israel)

Sleep and depression 11:50 - 12:15

Speaker: Jessica Levenson (United States)

Sleep and trauma 12:15 - 12:40

Speaker: Candice Alfano (United States)

Panel discussion / Question and answer 12:40 - 13:00

Course

09:00 - 13:00

C-03: Sleep related movement disorders: RLS, PLMD, comorbidities

Chair: Rosalia Silvestri (Italy)

Chair: Osman Ipsiroglu (Canada)

Summary 09:00 - 09:00

Welcome and introductions 09:00 - 09:05

Experimental animal studies: Tangible take home messages for clinicians 09:05 - 09:50

Speaker: Alessandro Silvani (Italy)

What parents spot first: How perceptions affect diagnostic procedures 09:50 - 10:35

Speaker: Osman Ipsiroglu (Canada)

Coffee break 10:35 - 11:00

Sleep-related movement disorders in the context of ADHD and ASD 11:00 - 11:45

Speaker: Oliviero Bruni (Italy)

Treatment harmonization in the context of different comorbidities and side effects from polytherapy 11:45 - 12:30

Speaker: Rosalia Silvestri (Italy)

Question and answer 12:30 - 13:00

Course

14:00 - 18:00

C-04: Pharmacological management of sleep disorders + melatonin

Chair: Oliviero Bruni (Italy)

Chair: Judith Owens (United States)

Summary 14:00 - 14:00

Welcome and introduction 14:00 - 14:05

Overview of a rational approach to pharmacologic management of pediatric insomnia 14:05 - 14:35

Speaker: Judith Owens (United States)

Approaches to iron therapy in children with RLS/PLMD/RSD 14:35 - 15:05

Speaker: Rosalia Silvestri (Italy)

What's on the horizon for pharmacologic treatment of narcolepsy and idiopathic hypersomnia 15:05 - 15:35

Speaker: Narong Simakajornboon (United States)

Question and answer 15:35 - 15:50

Coffee break 15:50 - 16:10

Melatonin in typically developing children	16:10 - 16:40
Speaker: Oliviero Bruni (Italy)	
Melatonin in children with neurodevelopmental disorders (ASD)	16:40 - 17:10
Speaker: Suresh Kotagal (United States)	
Medication management of sleep disturbances in children with ADHD	17:10 - 17:40
Speaker: Carmen Schroder (France)	
Question and answer	17:40 - 18:00

Course

14:00 - 18:00

C-05: Pediatric central disorders of hypersomnolence: From phenotype to management

Chair: Giuseppe Plazzi (Italy)

Chair: Michel Lecendreux (France)

Welcome and introduction	14:00 - 14:10
Narcolepsy in childhood and adolescence: Early recognition and clinical complexity	14:10 - 14:30
Speaker: Giuseppe Plazzi (Italy)	
Idiopathic hypersomnia in the pediatric population: Diagnostic challenges and emerging concepts	14:30 - 14:50
Speaker: Michel Lecendreux (France)	
Kleine-Levin Syndrome in children and adolescents: A rare but distinct hypersomnia	14:50 - 15:10
Speaker: Michel Lecendreux (France)	
Question and answer	15:10 - 15:35
Coffee break	15:35 - 15:55
Periodic limb movements in childhood: Clinical relevance and sleep disruption	15:55 - 16:15
Speaker: Rosalia Silvestri (Italy)	
Metabolic dysregulation in pediatric central disorders of hypersomnolence	16:15 - 16:35
Speaker: Patricia Franco (France)	
Pediatric polysomnography in central hypersomnias: Key diagnostic features	16:35 - 16:55
Speaker: Fabio Pizza (Italy)	
Psychiatric and neurobehavioral comorbidities in pediatric hypersomnolence disorders	16:55 - 17:15
Speaker: Martina Gnazzo (Italy)	
Therapeutic strategies for pediatric central disorders of hypersomnolence: Current and future perspectives	17:15 - 17:35
Speaker: Michel Lecendreux (France)	
Question and answer	17:35 - 18:00

Course

14:00 - 16:00

C-06: Nocturnal Paroxysmal manifestations: Hands-on

Chair: Lino Nobili (Italy)

Chair: Suresh Kotagal (United States)

Summary	14:00 - 14:00
Opening remarks	14:00 - 14:05
Speaker: Lino Nobili (Italy)	
Classification of parasomnias	14:05 - 14:20
Speaker: Suresh Kotagal (United States)	
Pathophysiology	14:20 - 14:40
Speaker: Suresh Kotagal (United States)	
Speaker: Lino Nobili (Italy)	
Video presentations and interactive case-based discussions: Designed for audience participation	14:40 - 15:30
Cluster 1	15:30 - 15:30
Cluster 2	15:30 - 15:30
Cluster 3	15:30 - 15:30
Management approach and future directions	15:30 - 15:45
Speaker: Suresh Kotagal (United States)	
Speaker: Lino Nobili (Italy)	
Question and answers	15:45 - 16:00

Course

16:00 - 18:00

C-07: Management of obesity

Chair: Palma Benedek (Hungary)

Chair: Stijn Verhulst (Belgium)

Summary	16:00 - 16:00
Introduction	16:00 - 16:10
Optimising sleep to prevent future obesity and cardiovascular disease in children	16:10 - 16:40
Speaker: Karen Spruyt (France)	
The influence of sleep apnea on adipose tissue in children	16:40 - 17:10
Speaker: Stijn Verhulst (Belgium)	
Management of obesity in the sleep lab: From evaluation to treatment	17:10 - 17:40
Speaker: Palma Benedek (Hungary)	
Question and answers	17:40 - 18:00

Thursday, April 9, 2026

General Assembly

08:00 - 08:10

Welcome to IPSA 2026 Florence

Chair: Ronald Chervin (United States)

General Assembly

08:10 - 08:40

Opening address by Oliviero Bruni: The road we traveled: The making of the International Pediatric Sleep Association

Introduction	08:10 - 08:12
Speaker: Raffaele Ferri (Italy)	
The road we traveled: The making of the International Pediatric Sleep Association	08:12 - 08:40
Speaker: Oliviero Bruni (Italy)	

Keynote

08:45 - 09:30

K-01: Thomas Penzel: Non obtrusive sleep recording and new analysis in pediatric sleep medicine

Summary	08:45 - 08:45
Introduction	08:45 - 08:47
Speaker: Karen Spruyt (France)	
Non obtrusive sleep recording and new analysis in pediatric sleep medicine	08:47 - 09:30
Speaker: Thomas Penzel (Germany)	

Break

09:30 - 09:55

Coffee break

Symposium

09:55 - 11:25

S-01: Novel pediatric interventions pushing the envelope of what we think we know

Chair: Michael Gradisar (Australia)

Chair: Michal Kahn (Israel)

Summary	09:55 - 09:55
Introduction	09:55 - 09:57
The role of sleep restriction therapy in CBT-I for school-aged children: A randomized clinical trial	09:57 - 10:13
Speaker: Shai Nimrodi (Israel)	
Randomized controlled trial of online behavioral sleep intervention for children with epilepsy	10:13 - 10:29
Speaker: Luci Wiggs (United Kingdom)	
To eat or not to eat before bed: Does it really make a difference to sleep?	10:29 - 10:45
Speaker: Rachael Taylor (New Zealand)	
School-based classroom interventions on sleep improve adolescents' wellbeing	10:45 - 11:01

Speaker: Virginie Sterpenich (Switzerland)

Switching off: Testing a motivational and parent-supported technology restriction intervention for adolescent sleep 11:01 - 11:17

Speaker: Michael Gradisar (Australia)

Question and answer 11:17 - 11:25

Symposium

11:35 - 12:20

Panel Discussion: Comorbid, confusing, and complex: Adapting and augmenting insomnia interventions for hard-to-treat cases

Chair: Judith Owens (United States)

Chair: Candice Alfano (United States)

Summary 11:35 - 11:35

Panelists 11:35 - 11:35

Speaker: Sarah Blunden (Australia)

Speaker: Oliviero Bruni (Italy)

Speaker: Michal Kahn (Israel)

Break

12:20 - 13:20

Lunch break

Keynote

13:20 - 14:05

K-02: Barbara Galland: Unravelling the digital impact: Screens and sleep

Summary 13:20 - 13:20

Introduction 13:20 - 13:22

Speaker: Rosemary Horne (Australia)

Unravelling the digital impact: Screens and sleep 13:22 - 14:05

Speaker: Barbara Galland (New Zealand)

Symposium

14:15 - 15:45

S-02: Pediatric narcolepsy: Advancing multidisciplinary insights into sleep, circadian rhythms, and therapeutic care

Chair: Michel Lecendreux (France)

Chair: Patricia Franco (France)

Summary 14:15 - 14:15

Introduction 14:15 - 14:17

Parasomnias and nocturnal disorders in narcoleptic children 14:17 - 14:37

Speaker: Giuseppe Plazzi (Italy)

Implications of circadian rhythms in disturbed sleep 14:37 - 14:57

Speaker: Patricia Franco (France)

Neuropsychiatric Comorbidities and their impact on sleep 14:57 - 15:17

Speaker: Paul Gringras (United Kingdom)

Therapeutic advances in pediatric narcolepsy 15:17 - 15:37

Speaker: Michel Lecendreux (France)

Question and answer

15:37 - 15:45

Break

15:45 - 16:05

Coffee break*Symposium*

16:05 - 16:50

Complex case discussion: Sleep disordered breathing with a multidisciplinary solution

Chair: Kate Ching Ching Chan (Hong Kong)

Chair: Sheila Javadpour (Ireland)

Summary

16:05 - 16:05

Panelists

16:05 - 16:05

Speaker: Palma Benedek (Hungary)

Speaker: An Boudewyns (Belgium)

General Assembly

16:50 - 17:05

Awards Ceremony

Chair: Karen Spruyt (France)

Chair: Judith Owens (United States)

General Assembly

17:15 - 18:15

Welcome Reception

Friday, April 10, 2026

Symposium

08:00 - 09:30

S-03: What's new on sleep in neurodevelopmental disorders?

Chair: Oliviero Bruni (Italy)

Chair: Carmen Schroder (France)

Summary	08:00 - 08:00
Introduction	08:00 - 08:02
The correlation between sleep disturbances and sensory processing and integration in children with autism spectrum disorder	08:02 - 08:18
Speaker: Valeria Mammarella (Italy)	
Social stress effects on sleep and sleep-dependent learning in children with ASD or ADHD: A comparative sleep-laboratory study	08:18 - 08:34
Speaker: Amelia Walter (France)	
24h urinary melatonin excretion patterns in children with ASD: link with sleep, circadian rhythms, behavioral patterns, parents' sleep and quality of life	08:34 - 08:50
Speaker: Oriane Kolb (France)	
Association between ADHD symptom severity and sleep measures in a large UK cohort	08:50 - 09:06
Speaker: Catherine Hill (United Kingdom)	
Clinical, sleep, and chronobiological characteristics of children with Smith-Magenis syndrome under treatment for sleep disorders.	09:06 - 09:22
Speaker: Marion Comajuan (France)	
Question and answer	09:22 - 09:30

Symposium

08:00 - 09:30

S-04: Sleep-disordered breathing in children with myelomeningocele

Chair: Ronald Chervin (United States)

Chair: John Barks (United States)

Summary	08:00 - 08:00
Introduction	08:00 - 08:02
Vulnerability to SDB in the years after MMC repair	08:02 - 08:18
Speaker: Brandon Rocque (United States)	
Quest for a good night's sleep: Family perspectives on their children with MMC	08:18 - 08:34
Speaker: Judy Thibadeau (United States)	
Polysomnography in 173 infants with MMC: Frequency, nature, and severity of SDB, and potential impact of approaches to repair	08:34 - 08:50
Speaker: John Barks (United States)	
Beyond human scoring: Mining PSG signals for insight into SDB and its impact for infants with MMC	08:50 - 09:06
Speaker: Joseph Burns (United States)	
SDB at birth and quality of life 12 months later for patients with MMC	09:06 - 09:22

Speaker: Stephanie Rau (United States)

Question and answer 09:22 - 09:30

Symposium

08:00 - 09:30

S-05: Leveraging autovideosomnography technology to understand family influences on infant sleep

Chair: Judith Owens (United States)

Summary 08:00 - 08:00

Introduction 08:00 - 08:02

Factors impacting infant sleep duration: The influence of family routines and schedules 08:02 - 08:18

Speaker: Tayla von Ash (United States)

The relationship between parental cognitions, bedtime practices, and child sleep 08:18 - 08:34

Speaker: Luci Wiggs (United Kingdom)

SIMBA study (Sleep Intervention for Mother and Baby): Co-sleeping in the context of a cognitive intervention targeting parental cognitions about child sleep: Considering cultural factors of sleep 08:34 - 08:50

Speaker: Sooyeon "Aly" Suh (Korea, Republic of)

Trajectories of sleep across the first two years of life 08:50 - 09:06

Speaker: Maria Breda (Italy)

Understanding barriers to safe sleep: Why parents do (and don't) follow infant sleep recommendations 09:06 - 09:22

Speaker: Robin Lloyd (United States)

Question and answer 09:22 - 09:30

General Assembly

09:00 - 09:30

R4

Exhibition Hall Opens

Oral Abstract

09:40 - 11:00

O-01: Circadian medicine across pediatric populations

Chair: Lino Nobili (Italy)

Chair: Rosemary Horne (Australia)

Introduction 09:40 - 09:42

Sleep-wake circadian rhythm in children and adolescents with epilepsy 09:42 - 09:55

Speaker: Marco Veneruso (Switzerland)

Overview of circadian rhythm disorders in children with cystic fibrosis in the era of CFTR modulators 09:55 - 10:08

Oral Presenter: Laurianne Coutier (France)

Stability of circadian phase and its relationship with sleep timing across early childhood 10:08 - 10:21

Oral Presenter: Lauren Hartstein (United States)

Differences in sleep spindle characteristics between children with narcolepsy and those with other causes of subjective sleepiness 10:21 - 10:34

Oral Presenter: Rosemary Horne (Australia)

- Circadian misalignment and cognitive performance in adolescents: Evidence from a school-age cohort** 10:34 - 10:47
Oral Presenter: Tabata Luna Garavazzo Tavares (Brazil)
- The long-term clinical outcome of pediatric narcolepsy type 1** 10:47 - 11:00
Oral Presenter: Antonella Barbieri (Italy)

Oral Abstract
09:40 - 11:00

O-02: Pediatric sleep disordered breathing: Mechanisms, outcomes, and interventions

Chair: Imad Ahmed (United Kingdom)

Chair: Susana Falardo (Portugal)

- Introduction** 09:40 - 09:42
- Unravelling the inflammatory signature of pediatric obstructive sleep apnea: Connecting upper airway and circulation** 09:42 - 09:55
Oral Presenter: Ming Yang (China)
- Surgery rates after intranasal sprays for sleep disordered breathing in children** 09:55 - 10:08
Oral Presenter: Gillian M Nixon (Australia)
- Comparison between Chan-Parikh and IPSES scales in predicting persistent pediatric obstructive sleep apnea after adenotonsillectomy** 10:08 - 10:21
Oral Presenter: Neemias Santos Carneiro (Brazil)
- Attentional function and nocturnal electroencephalography theta/beta ratio in children with rapid-eye movement sleep-related obstructive sleep apnea** 10:21 - 10:34
Oral Presenter: Dandi Ma (China)
- The association between insomnia, chronotype, and positive airway pressure adherence in children and adolescents** 10:34 - 10:47
Oral Presenter: Lena Xiao (Canada)
- Tongue function assessment: Reliability and normative values for further use in pediatric obstructive sleep-disordered breathing rehabilitation** 10:47 - 11:00
Oral Presenter: Pierre Cnockaert (Belgium)

Oral Abstract
09:40 - 11:00

O-03: Sleep and neurodevelopment in pediatric neurology

Chair: Perran Boran (Turkey)

Chair: Paul Gringras (United Kingdom)

- Introduction** 09:40 - 09:42
- Supervised EEG-based vigilance state classification in preterm infants** 09:42 - 09:55
Oral Presenter: Gabriele Arnulfo (Italy)
- Early sleep-EEG dynamics reflect cortical maturation and predict neurodevelopmental trajectories in preterm infants** 09:55 - 10:08
Oral Presenter: Gaia Burlando (Italy)
- Clinical and polysomnographic characterization of sleep disorders in patients with hypothalamic damage secondary to craniopharyngioma** 10:08 - 10:21
Oral Presenter: Lorenzo Chiarella (Italy)
- Sleep disorders in children with epilepsy in Latvia** 10:21 - 10:34

Oral Presenter: Una Purvina (Latvia)

Shared local brain dynamics in pediatric and adult NREM parasomnias 10:34 - 10:47

Oral Presenter: Marco Veneruso (Switzerland)

Correlation of sleep architecture with cognition, behaviour and executive function in 5-18-year-olds with pharmaco-responsive non-lesional epilepsies: A prospective observational study 10:47 - 11:00

Oral Presenter: Deepthi Krishna (India)

Break

11:00 - 11:20

R4

Coffee break

Symposium

11:20 - 12:50

S-06: Improving the diagnosis and management of childhood sleep disordered breathing

Chair: Albert Li (Hong Kong)

Chair: Rosemary Horne (Australia)

Summary 11:20 - 11:20

Introduction 11:20 - 11:22

Utilising measurements other than the OAHl for determining OSA severity in children 11:22 - 11:42

Speaker: Rosemary Horne (Australia)

Early intervention, lasting protection? Long-term cardiovascular impact of adenotonsillectomy in childhood OSA 11:42 - 12:02

Speaker: Jun Chun Ting Au (Canada)

High-flow nasal cannula therapy as an alternative treatment for children and adolescents with OSA 12:02 - 12:22

Speaker: Kate Ching Ching Chan (Hong Kong)

Time to throw away CPAP? A personalized approach for the management of OSA in children 12:22 - 12:42

Speaker: Indra Narang (Canada)

Question and answer 12:42 - 12:50

Symposium

11:20 - 12:50

S-07: Rethinking insomnia metrics and outcomes in children: Beyond sleep duration

Chair: Imad Ahmed (United Kingdom)

Chair: Iulia Ioan (France)

Summary 11:20 - 11:20

Introduction 11:20 - 11:22

Early sleep trajectories and health outcomes: Rethinking pediatric insomnia beyond sleep duration 11:22 - 11:38

Speaker: Sabine Plancoulaine (France)

Bridging subjective and objective sleep metrics in children: Towards standardized and meaningful outcomes 11:38 - 11:54

Speaker: Karen Spruyt (France)

Parent-informed sleep outcomes in pediatric insomnia: Behavioural strategy acceptability in neurodevelopmental and non- 11:54 - 12:10

neurodevelopmental populations

Speaker: Jayne Spiller (United Kingdom)

Beyond sleep duration: The role of sleep quality and possible impact on health outcomes

12:10 - 12:26

Speaker: Solveig Magnúsdóttir (United States)

Towards a collaborative outcome framework for pediatric insomnia: Integrating sleep trajectories, sleep quality and patient-centered metrics

12:26 - 12:42

Speaker: Imad Ahmed (United Kingdom)

Question and answer

12:42 - 12:50

Symposium

11:20 - 12:50

S-08: Understanding Sleep in ADHD: Experimental, observational, and clinical perspectives

Chair: Stephen Becker (United States)

Summary

11:20 - 11:20

Introduction

11:20 - 11:22

Searching for the causal relationship between sleep and ADHD: Findings from an experimental sleep manipulation study in school-aged children with ADHD and their neurotypical peers

11:22 - 11:42

Speaker: Penny Corkum (Canada)

Sleep disturbance moderates the link between ADHD and teacher-reported behavior problems in early adolescents

11:42 - 12:02

Speaker: Stephen Becker (United States)

Feasibility and preliminary effectiveness of preschool attention and sleep support (PASS): A novel telehealth intervention

12:02 - 12:22

Speaker: Jessica Lunsford-Avery (United States)

Night-to-night variability in sleep among youth with ADHD

12:22 - 12:42

Speaker: Alison Pritchard (United States)

Question and answer

12:42 - 12:50

Break

13:00 - 14:20

Lunch*Break*

13:00 - 14:20

Lunch

R4

Industry Symposium

13:20 - 14:20

Neurim Pharmaceuticals: Toward an Integrated Framework for Treating Insomnia in Children with Neurodevelopmental Disorders

Chair: Paul Gringras (United Kingdom)

Improving the developmental potential in children with ASD and insomnia

13:20 - 13:20

Speaker: Oliviero Bruni (Italy)

"The longer the better" - Novel approach in treating insomnia in children with ADHD

13:20 - 13:20

Speaker: Carmen Schroder (France)

Symposium

14:20 - 15:50

S-09: Pediatric sleep-disordered breathing re-defined: From AHI to physiological burden

Chair: Imad Ahmed (United Kingdom)

Chair: Refika Ersu (Canada)

Summary	14:20 - 14:20
Introduction	14:20 - 14:22
Home-recorded video as a functional metric in pediatric OSA: Beyond AHI and PSG equivalence	14:22 - 14:38
Speaker: Refika Ersu (Canada)	
Hypoxic burden and physiological impact metrics in pediatric sleep-disordered breathing	14:38 - 14:54
Speaker: Plamen Bokov (France)	
Autonomic indices in pediatric sleep-disordered breathing	14:54 - 15:10
Speaker: Iulia Ioan (France)	
Sleep stability and sleep quality: Digital physiology beyond AHI	15:10 - 15:26
Speaker: Solveig Magnúsdóttir (United States)	
Translating physiology into practice: Clinical relevance of new severity metrics in pediatric SDB	15:26 - 15:42
Speaker: Imad Ahmed (United Kingdom)	
Question and answer	15:42 - 15:50

Symposium

14:20 - 15:50

S-10: IPSA sleep-friendly hospitals task force

Chair: Catherine Hill (United Kingdom)

Chair: Megan Thomas (Canada)

Summary	14:20 - 14:20
Introduction	14:20 - 14:28
Speaker: Catherine Hill (United Kingdom)	
International standards for sleep-friendly hospitals: An e-Delphi survey	14:28 - 14:43
Speaker: Megan Thomas (Canada)	
Question and answer	14:43 - 15:03
Adaptations and opportunities: Australia	15:03 - 15:11
Speaker: Moya Vandeleur (Australia)	
Plans for youth engagement	15:11 - 15:19
Speaker: Mirja Quante (Germany)	
A systematic review of sleep promoting interventions for hospitalized children and their caregivers: United States	15:19 - 15:34
Speaker: Andrea Fidler (United States)	
A systematic review of sleep promoting interventions for hospitalized children and their caregivers: The Chinese Literature	15:34 - 15:42
Speaker: Guanghai Wang (China)	

Conclusion: Plans for an expert consensus paper on Sleep-friendly hospitals and what work is still to be done 15:42 - 15:50
 Speaker: Catherine Hill (United Kingdom)

Symposium
 14:50 - 15:50

Discussion Group: Evaluation and management of Sleep disordered breathing in the first 2 years of life

Chair: Stijn Verhulst (Belgium)

Summary 14:50 - 14:50

Panelists 14:50 - 14:50

Speaker: Ignacio E. Tapia (United States)

Speaker: An Boudewyns (Belgium)

Speaker: Indra Narang (Canada)

Poster Abstract
 15:50 - 16:50

Poster Session 1

001 Whakamoeāriki - Co-Designing Perinatal Māori Sleep Resources 15:50 - 15:50

Poster Presenter: Takiwai Russell-Camp (New Zealand)

002 Continuous Positive Airway Pressure (CPAP) vs High Flow Nasal Cannula (HFNC) for the Treatment of OSA in Children (CHOSA Trial) 15:50 - 15:50

Speaker: Jun Chun Ting Au (Canada)

003 Public Health Messaging and Attitudes Towards Bedsharing: An Environmental Scan and Inductive Content Analysis 15:50 - 15:50

Poster Presenter: Adrienne Vandenberg (Canada)

004 Narcolepsy type 1 in a child with Prader-Willi syndrome: a case report. 15:50 - 15:50

Poster Presenter: Alessandra Voci (Italy)

005 Obstructive Sleep Apnea in Children: Diagnostic Patterns, Treatment Outcomes, and Positive Airway Pressure Therapy Barriers at a Tertiary Center in Oman 15:50 - 15:50

Poster Presenter: Tabinda Naz Qureshi (United Kingdom)

006 Intervention Outcomes and Trends in Sleep Studies of Children and Young People with Trisomy 21: A three-year retrospective review **Crawshaw A, Robinson V, Ahmed B, Chan E, Patelis V** 15:50 - 15:50

Poster Presenter: Alice Crawshaw (United Kingdom)

007 Sleep disturbance as a transdiagnostic marker of children's mental health difficulties: A network analysis of item-level associations between different types of sleep problems and different behavioural and emotional symptoms 15:50 - 15:50

Poster Presenter: Alina Marinca (United Kingdom)

008 Analysis of Clinical and Anthropometric Risk Factors for Obstructive Sleep Apnea Syndrome in a Pediatric Orthodontic Sample: Correlational Study". 15:50 - 15:50

Poster Presenter: ALMIRO JOSÉ MACHADO JÚNIOR (Brazil)

009 Longitudinal associations between nap duration and subsequent children's behavioural problems: findings from the ELFE Cohort Study 15:50 - 15:50

Poster Presenter: Amandine Busson (France)

011 Takenouchi-Kosak syndrome, Sleep and Autism - a Case Report 15:50 - 15:50

Poster Presenter: Andreia Leitão (Portugal)	
012 Altered Sleep Oscillation Dynamics: Enhanced Slow Oscillation-Spindle Coupling in Children with Dyslexia	15:50 - 15:50
Poster Presenter: Angelica Quercia (Italy)	
013 How Mothers Sleep When Parenting Alone? A Scoping Review on the Associations between Single Motherhood Status and Maternal Sleep	15:50 - 15:50
Poster Presenter: Anita Kiafar (Canada)	
014 Association between Maternal Sleep during Pregnancy and Child Sleep at 36 Months: Preliminary Findings from the Pregnancy during the Pandemic Cohort	15:50 - 15:50
Poster Presenter: Anna MacKinnon (Canada)	
015 Barriers, facilitators and opportunities to promote optimal sleep in children undergoing cancer treatment in a regional UK children's hospital: a staff perspective.	15:50 - 15:50
Poster Presenter: Annabel Brookes (United Kingdom)	
016 Barriers and facilitators of implementing delayed school starting times in Dutch and Flemish secondary schools as perceived by school leaders: a qualitative study.	15:50 - 15:50
Poster Presenter: Anneke Vandendriessche (Belgium)	
017 Development and Validation of Paediatric Sonomat® Scoring Guidelines: A Multi-Centre Collaborative Approach to Contactless Sleep Monitoring	15:50 - 15:50
Poster Presenter: Anne-Marie Adams (Australia)	
018 Can sleep difficulties be associated with problematic social media use, exposure to cyberbullying, and lower levels of mental well-being among school-aged children?	15:50 - 15:50
Poster Presenter: Ann-Sofi Ellertsson (Sweden)	
019 Breathing Thin	15:50 - 15:50
Speaker: Shuib bin Khairudin (Malaysia)	
020 Early Outcomes of Nenne Navi AI: A Personalized Parenting Support Application for Improving Sleep in Young Japanese Children	15:50 - 15:50
Poster Presenter: Arika Yoshizaki (Japan)	
021 Effectiveness of peer-led versus teacher-led interventions on sleep quality and psychophysiological markers among school-going adolescents in Garhwal division of Uttarakhand, India: A randomized control trial	15:50 - 15:50
Poster Presenter: Ashwini Mahadule (India)	
022 Positional vs non-Positional Obstructive Sleep Apnea in Children with Obesity	15:50 - 15:50
Poster Presenter: Asmaa Albitar (Qatar)	
023 Autonomic Dysfunction and Reduced Cardiovascular Complexity in Overweight and Obese Children with Sleep-Disordered Breathing	15:50 - 15:50
Poster Presenter: ATHINA SOPIADOU (Greece)	
024 Characterization of Pseudo-Central Hypopnea Events Detected in Patients with Duchenne Muscular Dystrophy During Diagnostic Polysomnography	15:50 - 15:50
Poster Presenter: Badar Al Dhoyani (Qatar)	
025 The SAFE BED Study: Stakeholder Perspectives on Enclosed Bed Designs	15:50 - 15:50

Poster Presenter: Bethan Cornick (United Kingdom)	
026 Development of a stepwise algorithm to diagnose sleep disorders in normally developing 2-18-year-olds: a questionnaire, actigraphy and polysomnography based observational study	15:50 - 15:50
Poster Presenter: Mohana Sundaram SM (India)	
027 Sleep and Behavioral Problems in Childhood Self-Limited Epilepsies: Protocol for a Prospective Actigraphy-Based Study	15:50 - 15:50
Poster Presenter: Burcu Aygun (Turkey)	
028 Recommendations for the Treatment of Insomnia in Individuals Under 18 Years Old with Autism Spectrum Disorder	15:50 - 15:50
Poster Presenter: Óscar Sans Capdevila (Spain)	
029 Sleep Characteristics and Diagnostic Tools for Insomnia in Individuals Under 18 Years Old with Autism Spectrum Disorder	15:50 - 15:50
Poster Presenter: Milagros Merino Andreu (Spain)	
030 An overview of the use of respiratory support at home in children - patients and families point of view	15:50 - 15:50
Speaker: Lisa Brunel (France)	
031 Widening the Lens on Adolescent Sleep: Using Photovoice to Explore Stakeholder Perspectives and Inform the Development of a Co-Produced Sleep Health Intervention	15:50 - 15:50
Poster Presenter: Catriona Ewart (United Kingdom)	
032 Examining Effectiveness, Feasibility and Acceptability of Adolescent Sleep Interventions Delivered Across the Socioecological Model: A Mixed Methods Review	15:50 - 15:50
Poster Presenter: Catriona Ewart (United Kingdom)	
033 Body composition and pediatric OSA	15:50 - 15:50
Poster Presenter: CHAN SOON PARK (Korea, Republic of)	
034 Differences in Napping Practices and Beliefs in Quebec and France: A Cross-Cultural Analysis	15:50 - 15:50
Poster Presenter: Charlène Thauvin (Canada)	
035 Surgical Treatment to Reverse the Vicious Cycle of Pediatric Obstructive Sleep Apnea	15:50 - 15:50
Poster Presenter: Cheng-Hui Lin (Taiwan)	
036 Narcolepsy Revolution: Wearable technology and interpretable machine learning for automated sleep and diagnostic classification in narcolepsy and other hypersomnia.	15:50 - 15:50
Poster Presenter: Chiara Piantino (United Kingdom)	
037 Development and Validation of the Pre-Sleep Social Media Use Motivation Scale	15:50 - 15:50
Poster Presenter: Ya-Chuan Huang (Taiwan)	
038 To Connect or Not to Miss Out: Distinct Motivations for Pre-Sleep Social Media Use and Their Associations with Sleep and Emotional Problems in Adolescents	15:50 - 15:50
Poster Presenter: Chien-Ming Yang (Taiwan)	
039 Perspectives and Challenges of Incorporating Artificial Intelligence and Sleep Technology for Sleep Monitoring among Children: A Systematic Review	15:50 - 15:50
Poster Presenter: CHOW KHUEN CHAN (Malaysia)	
040 Safety and efficacy of pitolisant in children aged 6 to 18 years with narcolepsy with or without cataplexy,: results from a prolonged open-label extension	15:50 - 15:50

Poster Presenter: Christian Caussé (France)

041 Reducing melatonin liquid use for children and young people with neurodevelopmental conditions using a behavioural intervention - a qualitative service evaluation 15:50 - 15:50

Speaker: Adam Pattison-Rathbone (United Kingdom)

042 Preschoolers' sleep problems: associations with maternal mood and subjective maternal sleep quality 15:50 - 15:50

Speaker: Marjolaine Chicoine (Canada)

043 Central sleep apnea in the setting of a Chiari I malformation 15:50 - 15:50

Poster Presenter: Christine Matarese (United States)

044 Prevalence and Characteristics of Positional Obstructive Sleep Apnea in a Racially Diverse Pediatric Population: Preliminary Results from a Community-Based Study 15:50 - 15:50

Speaker: Jun Chun Ting Au (Canada)

045 Participants' Experiences of a Mindfulness-Based Intervention to Improve CPAP Adherence in Adolescents with Sleep Apnea: A Qualitative Study 15:50 - 15:50

Speaker: Jun Chun Ting Au (Canada)

046 Respiratory events-related aperiodic EEG activity changes in children with obstructive sleep apnea 15:50 - 15:50

Poster Presenter: Dandi Ma (China)

047 A Randomized Control Trial of Web-based CBT-I to Improve Sleep to Prevent Depression in Adolescents at High Risk for Depression 15:50 - 15:50

Poster Presenter: Daniel Kopala-Sibley (Canada)

048 Paediatric sleep recording in hospital and at home using PSG/PG and AI - Are there any differences and advantages? 15:50 - 15:50

Poster Presenter: David Hui (Norway)

049 Green Space, Sleep and IL-1B among low-income pregnant women 15:50 - 15:50

Poster Presenter: Diana Grigsby-Toussaint (United States)

050 DISE - and What Next? Diagnostic and Therapeutic Considerations in Children With Persistent Obstructive Sleep Apnea 15:50 - 15:50

Poster Presenter: Dorit Aschmann-Mühlhans (Germany)

052 Child Sleep, Family Context and the Transition to Schooling 15:50 - 15:50

Poster Presenter: Ekjyot Saini (United States)

053 Effects of Fecal Microbiota Transplantation on Sleep and Circadian Rhythms of Children and Adolescents with Autism Spectrum Disorder 15:50 - 15:50

Poster Presenter: Wei-Chih Chin (Taiwan)

054 Are maternal bonding problems associated with child sleep problems at 5 years of age? 15:50 - 15:50

Poster Presenter: Erja Rusanen (Finland)

055 Impact of Perinatal Cognitive Behavioral Therapy for Insomnia (CBT-I) on Objective and Subjective Infant Sleep: A Secondary Analysis of a Randomized Controlled Trial 15:50 - 15:50

Speaker: Sooyeon "Aly" Suh (Korea, Republic of)

057 Survey of UK paediatric oncology centres current practices with respect to promoting optimal sleep for children with cancer 15:50 - 15:50

Poster Presenter: Evan Toleman (United Kingdom)

058 Developmental daytime and nighttime sleep trajectories from ages 2.5 to 5, the factors shaping them and their influence on receptive language at age 5	15:50 - 15:50
Poster Presenter: Evelyne Touchette (Canada)	
059 Project Sleep: A brief, online single session intervention targeting sleep to improve mental health in young people	15:50 - 15:50
Poster Presenter: Faith Orchard (United Kingdom)	
060 Artificial light exposure and sleep outcomes in medical students	15:50 - 15:50
Poster Presenter: Fatma Guezguez (Tunisia)	
061 CPAP use in children with Neurodisability: Clinical and Parent-Reported Insights	15:50 - 15:50
Poster Presenter: Fiona Hudson (Australia)	
062 Daytime and nighttime sleep interactions at 5 and 17 months and their association with post pandemic contextual factors	15:50 - 15:50
Poster Presenter: Gabrielle Fréchette-Boilard (Canada)	
063 Clinicians' Perspectives on Sleep Management for Children with Neurodevelopmental Conditions: Insights from a UK Urban Setting	15:50 - 15:50
Poster Presenter: Georgie Agar (United Kingdom)	
064 Nasal sprays for children with Sleep-Disordered Breathing: The MIST+ Trial	15:50 - 15:50
Poster Presenter: Gillian M Nixon (Australia)	
065 WatchPAT as a diagnostic device for obstructive sleep apnoea in children and adolescents	15:50 - 15:50
Poster Presenter: Elise McLeod (Australia)	
066 Could sleep quality be influenced by interception abilities? Interoceptive training in adolescents with mood disorder, eating disorder and healthy control.	15:50 - 15:50
Poster Presenter: Gioia Giusti (Italy)	
067 Sleep Health in Adolescents: The Role of Stress, Digital Media, and Lifestyle Factors in a Large Population-Based Study	15:50 - 15:50
Poster Presenter: Giulia Silvestrini (Italy)	
068 Systematic Gaps in Sleep Care for Children with Neurodisability: Insights from Caregivers	15:50 - 15:50
Poster Presenter: Grace Langdon (Australia)	
069 Using a Combination of Oximetry Measures to Predict OSA in Children with Down Syndrome	15:50 - 15:50
Poster Presenter: Hannah Vennard (United Kingdom)	
070 Caregiver Psychological Distress in Pediatric Adenoid Hypertrophy: A Prospective Study in China	15:50 - 15:50
Poster Presenter: Huiping Luo (China)	
071 Sleep Problems and Associated Comorbidities in Pediatric Patients with Drug-resistant Epilepsy	15:50 - 15:50
Poster Presenter: Hyewon Woo (Korea, Republic of)	
072 Association between Heart Rate Variability and Behavioral problem in Children with Obstructive Sleep Apnea	15:50 - 15:50
Poster Presenter: Ikuko Mohri (Japan)	
073 Autonomic Differences Across Sleep States in Infants Exposed to Prenatal Maternal Depression	15:50 - 15:50
Poster Presenter: Isabelle Mueller (United States)	

074 Parental Sleep Health Priorities in Childhood Neurodisability: Australian Insights	15:50 - 15:50
Poster Presenter: Isha Shin (Australia)	
075 Co-designing Nova Sleepcare: A Real World Solution to Improve Sleep for Children with Neurodevelopmental Disorders who have Behaviours of Concern	15:50 - 15:50
Poster Presenter: Ishnoor Nahal (Canada)	
076 Pharmacological Sleep Onset Insomnia vs. "Vamping" in Caribbean Colombian Adolescents: Dual Nicotine Use Drives Sleep Debt Independent of Screen Time	15:50 - 15:50
Poster Presenter: Ivan Francisco Alvarez Orozco (Colombia)	
077 Three Lessons from Adapting Sleep and Circadian Research Methods in a Child Psychiatry Hospital	15:50 - 15:50
Poster Presenter: Jared Saletin (United States)	
078 The impact of sleep on children's executive functioning: A systematic review and meta-analysis.	15:50 - 15:50
Poster Presenter: Jay Jones (United Kingdom)	
079 Global Knowledge on the Sleep Health of Children in Foster and Kinship Care: Findings from a Systematic Review	15:50 - 15:50
Poster Presenter: Elizabeth Keys (Canada)	
080 "You need the support, but you're worried your kids gonna get taken away": Foster and kinship caregivers' perspectives on sleep in care	15:50 - 15:50
Poster Presenter: Elizabeth Keys (Canada)	
081 Demographics and Disease Characteristics Among Pediatric Patients With Narcolepsy	15:50 - 15:50
Poster Presenter: Judith Owens (United States)	
082 Sound-Based AI Sleep Staging in Pediatric Patients	15:50 - 15:50
Poster Presenter: JEONG WHUN KIM (Korea, Republic of)	
084 Sleep and bonding in parents of newborns	15:50 - 15:50
Speaker: Jodi Mindell (United States)	
085 Restless Sleep Disorder in Neurological Patients	15:50 - 15:50
Poster Presenter: Jovita Corzo (Chile)	
086 Congenital Central Hypoventilation Syndrome in Chile: Clinical Analysis and Genotypic Variability	15:50 - 15:50
Poster Presenter: Maria Olga Retamal (Chile)	
087 Revisiting the Diagnostic Approach to Sleep Related Movement Disorders in Children and Adolescents within the ICD-11 Framework	15:50 - 15:50
Speaker: Julian Mollin (Germany)	
089 The Awakening of Agency: Sleep Restoration as a Catalyst for Radical Psychosocial and Metabolic Transformation in Adolescent Obesity	15:50 - 15:50
Poster Presenter: Saraiza Abu Bakar (Malaysia)	
090 The Association between Feeding Method and Fathers' Sleep	15:50 - 15:50
Poster Presenter: Karissa Vallera (Canada)	
091 The impact of sleep problems on daytime functioning outcomes in children with neurodisability and their caregivers	15:50 - 15:50
Poster Presenter: Kasey Fullwood (Australia)	
092 Metabolomic Profiling in Children with Obstructive Sleep	15:50 - 15:50

Apnoea: An Exploratory Case-Control Study	
Poster Presenter: Kate Ching Ching Chan (Hong Kong)	
093 Insomnia symptom trajectories during adolescence: a longitudinal investigation exploring risk and protective factors	15:50 - 15:50
Poster Presenter: Kate Maston (Australia)	
094 A Brief Intervention for Young People with Anxiety-Related Sleep Problems	15:50 - 15:50
Poster Presenter: Rachel Langley (United Kingdom)	
096 Characterising Sleep in Children with SATB2-Associated Syndrome: An Integrated Objective and Subjective Approach	15:50 - 15:50
Poster Presenter: Lauren Shelley (United Kingdom)	
097 Suicidal risk among adolescent psychiatric inpatients: the role of insomnia, depression, and social-personal factors	15:50 - 15:50
Poster Presenter: Martina Gnazzo (Italy)	
098 Strict Nights, Short Sleep: Authoritarian Parenting and Sex-Specific Depression in Grandchildren Cared for by Grandparents	15:50 - 15:50
Poster Presenter: Melanie Stearns (United States)	
099 The effects of a digital CBT-I application (Sleep Ninja®) on insomnia in children: A randomised controlled trial	15:50 - 15:50
Poster Presenter: Mirjana Subotic-Kerry (Australia)	
100 Sleep Health Education in Canadian Community Healthcare Professions: A Preliminary Cross-Disciplinary Literature Analysis	15:50 - 15:50
Poster Presenter: Natasha Patel (Canada)	
101 Regional Variation in Access to Melatonin for Children in England	15:50 - 15:50
Poster Presenter: Ness Hewertson (United Kingdom)	
102 ADHD and Sleep within the ICD-11 framework: A Scoping Review of ADHD Clinical Practice Guidelines and a call for describing ADHD as a "sleep/wake disorder"	15:50 - 15:50
Poster Presenter: Osman Ipsiroglu (Canada)	
103 Determinants of Daytime and Nighttime Sleep in Preschool-Aged Children: A Structural Equation Modeling Approach	15:50 - 15:50
Poster Presenter: Rachel Pétrin (Canada)	
104 The OPTIONS Study: exploring parental preferences in infant sleep behaviour management with an Informed Choice Model of Care.	15:50 - 15:50
Poster Presenter: Sarah Blunden (Australia)	
105 Immigrant Generational Status and Its Associations With Objective Infant Sleep and Maternal Sleep Quality	15:50 - 15:50
Speaker: Maristella Lucchini (United States)	
106 The impact of OSA on the quality of life is different in boys	15:50 - 15:50
Poster Presenter: Silke Weber (Brazil)	
107 Psychological and Behavioral Predictors of Parental Bedtime Procrastination: A Machine Learning Approach	15:50 - 15:50
Poster Presenter: Sungkyoung Shin (Korea, Republic of)	
108 Establishing CPAP in Children with Obstructive Sleep Apnoea: Outcomes from a Tertiary Service	15:50 - 15:50
Poster Presenter: Tahera Doctor (United Kingdom)	
110 Differences in Sleep and Circadian Rhythms Profiles Between Children and Adolescents with Autism Spectrum Disorder: A Cross-	15:50 - 15:50

sectional Study

Poster Presenter: Yu-Shu Huang (Taiwan)

111 Factors Affecting Sleep Spindle Density in Childhood Absence Epilepsy 15:50 - 15:50

Speaker: SEUNG SOO KIM (Korea, Republic of)

112 Sleep Problems in Children with Tourette Syndrome 15:50 - 15:50

Poster Presenter: Steffi Baker (United Kingdom)

114 Non-Pharmacologic Sleep Interventions in Children with Neurologic and Neurodevelopmental Disorders: A Scoping Review 15:50 - 15:50

Poster Presenter: Mariana Coelho (United States)

General Assembly

16:30 - 17:00

R4

Exhibition Hall Closes*Symposium*

16:50 - 18:20

S-11: Managing sleep-disordered breathing in the medically complex child: Emerging insights and innovations

Chair: Moya Vandeleur (Australia)

Chair: Adelaide Withers (Australia)

Summary 16:50 - 16:50**Introduction** 16:50 - 16:52**Sleep disordered breathing in children with medical complexity: Pathophysiology and prevalence** 16:52 - 17:08

Speaker: Sheila Javadpour (Ireland)

Deciphering sleep problems in children with medical complexity: Is it all sleep disordered breathing? 17:08 - 17:24

Speaker: Joanna MacLean (Canada)

Respiratory support in children with medical complexity 17:24 - 17:40

Speaker: Elaine Chan (United Kingdom)

Monitoring children with medical complexity on respiratory support 17:40 - 17:56

Speaker: Anne-Marie Adams (Australia)

What to do when NIV isn't possible- alternative and emerging approaches to management of SDB in children with medical complexity 17:56 - 18:12

Speaker: Moya Vandeleur (Australia)

Question and answer 18:12 - 18:20*Symposium*

16:50 - 18:20

Cancelled - On demand recording coming soon: S-12: Advancing our understanding of sleep disturbances across neurodevelopmental conditions: From mechanisms to interventions

Chair: Emma Baker (United States)

Summary 16:50 - 16:50**Introduction** 16:50 - 16:52**What lies behind the narrative: Elucidating the essence of 'sleep** 16:52 - 17:12

problems' in autism

Speaker: Toru Ishii (United States)

Characterizing sleep profiles across neurodevelopmental and neuropsychiatric conditions

17:12 - 17:32

Speaker: Mirko Uljarevic (United States)

Sleep intervention for autistic children: Why nuance, personalization, and inclusive research approaches matter

17:32 - 17:52

Speaker: Samantha Wright (Australia)

Randomized placebo-controlled crossover trial of diphenhydramine for sleep in youth with autism

17:52 - 18:12

Speaker: Emma Baker (United States)

Question and answer

18:12 - 18:20

Symposium

16:50 - 18:20

S-13: The Global Adolescent Sleep Project (GASP): A summary of the findings, research gaps and future directions

Chair: Judith Owens (United States)

Chair: Leticia Azevedo (Brazil)

Summary

16:50 - 16:50

Introduction

16:50 - 16:52

Sleep and obesity, cardiovascular and metabolic function

16:52 - 17:08

Speaker: Kate Ching Ching Chan (Hong Kong)

Sleep and mental/behavioral health

17:08 - 17:24

Speaker: Magda Lahorgue Nunes (Brazil)

Sleep and cognition/learning and academic achievement

17:24 - 17:40

Speaker: Ruth Leong (Singapore)

Accidental injuries: Traffic crashes and occupational injuries, immune function, and vaccine response

17:40 - 17:56

Speaker: Saadoun Bin-Hasan (Kuwait)

Sleep and childhood trauma

17:56 - 18:12

Speaker: Chandra Jackson (United States)

Question and answer

18:12 - 18:20

Saturday, April 11, 2026

Symposium

08:00 - 09:00

S-14: The future is now: Recent and upcoming technological advances in pediatric sleep medicine

Chair: Stijn Verhulst (Belgium)

Chair: Dorit Aschmann-Mühlhans (Germany)

Summary	08:00 - 08:00
Introduction	08:00 - 08:02
New wearable technology: Can belts and sensors be replaced in a pediatric sleep laboratory?	08:02 - 08:19
Speaker: Matthias Jahn (Germany)	
Machine learning in pediatric sleep AI: The new analyst for pediatric sleep	08:19 - 08:36
Speaker: Iulia Ioan (France)	
The knowledge in the cloud: Are ventilator download data advancing the care of children with home ventilation?	08:36 - 08:53
Speaker: Imad Ahmed (United Kingdom)	
Question and answer	08:53 - 09:00

Symposium

08:00 - 09:00

S-15: Surgical and device trials in pediatric OSA

Chair: Erin Kirkham (United States)

Summary	08:00 - 08:00
Introduction	08:00 - 08:02
Surgical trials in pediatric OSA: The international perspective	08:02 - 08:19
Speaker: Adelaide Withers (Australia)	
Trials of personalized surgery for pediatric OSA	08:19 - 08:36
Speaker: Derek Lam (United States)	
Trial of a novel nasopharyngeal airway for pediatric OSA	08:36 - 08:53
Speaker: David Zopf (United States)	
Question and answer	08:53 - 09:00

Symposium

08:00 - 09:00

S-16: Monitoring sleep in neonates/infants: Developmental aspects and impact of seizures

Chair: Magda Lahorgue Nunes (Brazil)

Summary	08:00 - 08:00
Introduction	08:00 - 08:02
Normal and abnormal sleep patterns in neonates and infants: Ontogenesis and bioelectrogenesis	08:02 - 08:24
Speaker: Magda Lahorgue Nunes (Brazil)	
Measuring an infant's sleep out of hospital	08:24 - 08:46
Speaker: Sampsa Vanhatalo (Finland)	

Question and answer	08:46 - 09:00
<i>General Assembly</i> 09:00 - 09:30	R4
Exhibition Hall Opens	
<i>Oral Abstract</i> 09:10 - 10:30	
O-04: Parenting and pediatric sleep: Influence, expectations, and outcomes	
Chair: Valerie Crabtree (United States)	
Chair: Monica Ordway (United States)	
Introduction	09:10 - 09:12
Parent-reported infant sleep characteristics and behaviors at 3 and 12 months and predictors of perceived sleep problems in a Canadian cohort	09:12 - 09:25
Oral Presenter: Elizabeth Keys (Canada)	
Parental expectations of sleeping through the night	09:25 - 09:38
Oral Presenter: Marie-Helene Pennestri (Canada)	
The interplay of socioeconomic risk, sleep, and parenting quality in predicting academic success during kindergarten	09:38 - 09:51
Oral Presenter: Ekjyot Saini (United States)	
The Association between sleep architecture and glycemic variability in children and adolescents with type 1 diabetes	09:51 - 10:04
Oral Presenter: Cecilie Paulsrud (Denmark)	
Determinants of toddler sleep and parent level targets to guide adaptation of a behavioral sleep intervention in Bangladesh	10:04 - 10:17
Oral Presenter: Ayesha Sania (United States)	
How parental warmth and anger shape adolescent sleep: Trajectories and mechanisms of influence	10:17 - 10:30
Oral Presenter: Serena Bauducco (Sweden)	
<i>Oral Abstract</i> 09:10 - 10:30	
O-05: Sleep and neurodevelopment in children and adolescents	
Chair: Magda Lahorgue Nunes (Brazil)	
Chair: Jared Saletin (United States)	
Introduction	09:10 - 09:12
Leptin as a biomarker of sleep dysregulation in children with ASD: A drug-free cohort study	09:12 - 09:25
Oral Presenter: Marco Carotenuto (Italy)	
Developing Australian consensus guidelines for managing sleep problems in children with neurodevelopmental disorders: A modified Delphi study	09:25 - 09:38
Speaker: Moya Vandeleur (Australia)	
Sleep-related movement disorders in children and adolescents with iron deficiency: A pilot study (1-18 years)	09:38 - 09:51
Oral Presenter: Maria Ausilia Musumeci (Italy)	
National insights into ASD diagnosis and irregular sleep: Evidence from the 2022 and 2024 National Health Interview Survey	09:51 - 10:04
Oral Presenter: Chia-Shuan Chang (United States)	

Associations between nocturnal autonomic activity in infancy and later neurocognitive development: the AuBE cohort study 10:04 - 10:17

Oral Presenter: Lisa Brunel (France)

The effect of melatonin usage on children with insomnia in clinical practice: A retrospective observational study 10:17 - 10:30

Oral Presenter: Phanthila Sitthikarnkha (Thailand)

Oral Abstract

09:10 - 10:30

O-06: Technology and innovation in pediatric sleep

Chair: Jessica Page (United States)

Chair: Robin Lloyd (United States)

Chair: Christine Matarese (United States)

Introduction 09:10 - 09:12

Associations between wearable infant sleep and brain function in the first year of life 09:12 - 09:25

Oral Presenter: Nicolò Pini (United States)

Performance of pediatric-trained machine learning classifiers in analyzing actigraphy data for sleep-wake scoring 09:25 - 09:38

Oral Presenter: Pin-Wei Chen (United States)

Minimum data requirements for automated sleep staging in the pediatric population 09:38 - 09:51

Oral Presenter: Yuan Gao (Canada)

Automatic video analysis and classification of disorders of arousal in children 09:51 - 10:04

Speaker: Marco Veneruso (Switzerland)

A peer-led school-based approach to reduce night-time use of interactive devices and social media in early adolescence: CLOCK OFF intervention development and feasibility study 10:04 - 10:17

Oral Presenter: Catriona Ewart (United Kingdom)

A pilot feasibility study of a six-week digital sleep health intervention for caregivers of school-aged children 10:17 - 10:30

Oral Presenter: Jessica Page (United States)

Break

10:30 - 10:50

Coffee break

Break

10:30 - 10:50

Coffee break

R4

Symposium

10:50 - 12:20

S-17: Behavioral sleep interventions for children and adolescents with comorbid psychiatric conditions

Chair: Jessica Levenson (United States)

Summary 10:50 - 10:50

Introduction 10:50 - 10:52

Development and feasibility of a behavioral sleep intervention for preschool-aged children at elevated risk for ADHD delivered in pediatric primary care 10:52 - 11:12

Speaker: Heather Joseph (United States)

Implementing an insomnia intervention into adolescent mental health services: A mixed-methods feasibility and process evaluation 11:12 - 11:32

Speaker: Stephanie McCrory (United Kingdom)

An internet-delivered cognitive-behavioral treatment for insomnia among autistic adolescents 11:32 - 11:52

Speaker: Nora Choque Ollson (Sweden)

Preliminary outcomes of a brief sleep promotion program for depressed adolescents in pediatric primary care 11:52 - 12:12

Speaker: Jessica Levenson (United States)

Question and answer 12:12 - 12:20

Symposium

10:50 - 12:20

S-18: Trauma-informed approaches to pediatric sleep disturbances: Mechanisms, interventions, and professional training

Chair: Michal Kahn (Israel)

Summary 10:50 - 10:50

Introduction 10:50 - 10:52

Parent-delivered huggy-puppy intervention for war-related stress and sleep problems in children: A randomized controlled trial 10:52 - 11:14

Speaker: Michal Kahn (Israel)

Sleep and adjustment in foster environments (SAFE): Results from a randomized controlled trial of a trauma-informed sleep intervention for school-aged children with a history of foster care placement 11:14 - 11:36

Speaker: Candice Alfano (United States)

Treat the night, liberate the day: Outcomes of a brief imagery rehearsal therapy intervention in complex PTSD 11:36 - 11:58

Speaker: Julie Rolling (France)

Training professionals to diagnose and manage stress-related sleep disturbances in children and adolescents 11:58 - 12:20

Speaker: Angelika Schlarb (Germany)

Symposium

10:50 - 12:20

S-19: Indigenous sleep across the globe: What do we know and what can we learn?

Chair: Sarah Blunden (Australia)

Chair: Osman Ipsiroglu (Canada)

Summary 10:50 - 10:50

Introduction 10:50 - 10:52

Do teenagers in non-WEIRD contexts have fewer sleep complaints? Evidence from three distinct sleep ecologies in Mexico 10:52 - 11:12

Speaker: Andrea Silva Caballero (Mexico)

Sleep health of First Nations adolescents in Australia: Need for community-led, culturally grounded approaches to advance sleep health equity 11:12 - 11:32

Speaker: Sarah Blunden (Australia)

<p>Sleep In Canadian Mi’Kmaq populations: Engaging parents to learn what is needed to support sleep and sleep interventions for Mi’Kmaq children</p> <p>Speaker: Penny Corkum (Canada)</p>	11:32 - 11:52
<p>Co-designing Perinatal Māori Sleep Resources — Whakamoeāriki</p> <p>Speaker: Justine Camp (New Zealand)</p>	11:52 - 12:12
<p>Question and answer</p>	12:12 - 12:20
<p><i>Break</i> 12:30 - 13:30</p>	
<p>Meet the Professor: Raffaele Ferri (Ticketed lunch)</p>	
<p>Summary</p>	12:30 - 12:30
<p><i>Break</i> 12:30 - 13:30</p>	
<p>Meet the Professor: Narong Simakajornboon (Ticketed lunch)</p>	
<p>Summary</p>	12:30 - 12:30
<p>Melatonin in children: practical aspect for clinicians</p> <p>Speaker: Narong Simakajornboon (United States)</p>	12:30 - 13:30
<p><i>Break</i> 12:30 - 13:30</p>	
<p>Lunch</p>	
<p><i>Break</i> 12:30 - 13:30</p>	
<p>Lunch</p>	
R4	
<p><i>Symposium</i> 13:50 - 15:20</p>	
<p>S-20: Transgenerational iron deficiency? Take home messages from epidemiological and experimental animal studies: Do we need to adjust clinical practice?</p> <p>Chair: Osman Ipsiroglu (Canada) Chair: Oliviero Bruni (Italy)</p>	
<p>Summary</p>	13:50 - 13:50
<p>Introduction</p>	13:50 - 13:52
<p>Prenatal maternal iron deficiency: Effects on neurodevelopmental disorders</p> <p>Speaker: Osman Ipsiroglu (Canada)</p>	13:52 - 14:08
<p>Life-ON Study: Iron pathology in pregnancy and post-partum sleep disorders</p> <p>Speaker: Silvia Miano (Switzerland)</p>	14:08 - 14:24
<p>Prenatal alcohol Exposure: Effects on iron homeostasis, from animal studies to clinical experience</p> <p>Speaker: Lech Krzysztof Popiołek (Poland)</p>	14:24 - 14:40
<p>How do we measure iron deficiency? Clinical practice in the European Union</p> <p>Speaker: Julian Mollin (Germany)</p>	14:40 - 14:56

Integrating the take home messages in clinical practice: What needs to be done? 14:56 - 15:12

Speaker: Rosalia Silvestri (Italy)

Question and answer 15:12 - 15:20

Symposium

13:50 - 15:20

S-21: Transition from pediatric to adult care in children with sleep disorders: A report from IPSA transition task force

Chair: Narong Simakajornboon (United States)

Summary 13:50 - 13:50

Introduction 13:50 - 13:52

Overview of transitional medicine and transition in patients with sleep disordered breathing 13:52 - 14:08

Speaker: Narong Simakajornboon (United States)

Transition in patients with insomnia 14:08 - 14:24

Speaker: Guanghai Wang (China)

Transition in patients with hypersomnia and movement disorders 14:24 - 14:40

Speaker: Thomas Dye (United States)

Transition in patients with neuromuscular disorders 14:40 - 14:56

Speaker: Arthur Teng (Australia)

Transition of sleep patients in countries with limited resource 14:56 - 15:12

Speaker: Mihaela Oros (Romania)

Question and answer 15:12 - 15:20

Symposium

13:50 - 15:20

Discussion Group: Contextual influences on sleep in early development

Chair: Rebecca Spencer (United States)

Chair: Sabine Seehagen (Germany)

Summary 13:50 - 13:50

Panelists 13:50 - 15:20

Speaker: Jodi Mindell (United States)

Speaker: Rebecca Spencer (United States)

Speaker: Michal Kahn (Israel)

Speaker: Eva-Maria Kurz (Sweden)

Speaker: Sabine Seehagen (Germany)

Poster Abstract

15:20 - 16:20

Poster Session 2

001 Correlation between the Sleep Clinical Record and OSA-18 Questionnaires in Pediatric Patients with Suspected Obstructive Sleep Apnea. 15:20 - 15:20

Poster Presenter: ALMIRO JOSÉ MACHADO JÚNIOR (Brazil)

002 Consensus Document On The Management Of Insomnia In People With Autism Spectrum Disorder (ASD) Under The Age Of 18 15:20 - 15:20

Poster Presenter: Óscar Sans Capdevila (Spain)

004 Adaptive Servo-Ventilation (ASV) Use in Children: A Case Series	15:20 - 15:20
Poster Presenter: Christine Matarese (United States)	
005 Can Mindfulness-Based Intervention Improve CPAP Adherence in Adolescents with Obstructive Sleep Apnea?	15:20 - 15:20
Speaker: Jun Chun Ting Au (Canada)	
006 Prevalence and Characteristics of REM-related Obstructive Sleep Apnea in a Racially Diverse Pediatric Population: Preliminary Results from a Community-Based Study	15:20 - 15:20
Speaker: Jun Chun Ting Au (Canada)	
007 Understanding the automated scoring of WatchPAT respiratory events	15:20 - 15:20
Poster Presenter: Elise McLeod (Australia)	
008 Sleep quality and associated factors in Asthmatic children: a cross-sectional study	15:20 - 15:20
Poster Presenter: Fatma Guezguez (Tunisia)	
009 Pharmacotherapeutic Patterns and Sleep-Relevant Medication Burden in Australian Children with Neurodevelopmental Disorders: A Prospective Cohort Study	15:20 - 15:20
Poster Presenter: Fiona Hudson (Australia)	
010 SleepImage® as a tool for investigating sleep in children at high risk of comorbid sleep disorders	15:20 - 15:20
Poster Presenter: Gillian M Nixon (Australia)	
011 APAP in paediatric obstructive sleep apnoea: Is titration polysomnography necessary?	15:20 - 15:20
Poster Presenter: Gillian M Nixon (Australia)	
012 Sleep Health in Adolescents: The Role of Stress, Digital Media, and Lifestyle Factors in a Large Population-Based Study	15:20 - 15:20
Poster Presenter: Giulia Silvestrini (Italy)	
013 Understanding sleep disruption in hospitalised children: an Australian mixed-methods study	15:20 - 15:20
Poster Presenter: Isha Shin (Australia)	
014 Are we considering Iron Deficiency and/or Homeostasis in Assessment of Sleep-Wake Disorders? An explorative Survey on current Clinical Procedures	15:20 - 15:20
Speaker: Julian Mollin (Germany)	
015 Non-sleep specialist allied health and medical clinicians perspectives of assessment and management of sleep problems in children with neurodisability	15:20 - 15:20
Poster Presenter: Kasey Fullwood (Australia)	
016 Sleep Ninja® for the Classroom: Pilot study and evaluation of a sleep education program for early high school students in Australia	15:20 - 15:20
Poster Presenter: Kate Maston (Australia)	
017 Altered nasal and oral airflow variations during syllable reading tasks in pediatric OSA	15:20 - 15:20
Poster Presenter: Huiping Luo (China)	
019 Effect of napping on sustained attention: developmental trajectories from 3 to 6 years old	15:20 - 15:20
Poster Presenter: Lucie Malevergne (France)	
020 Sleepless Inheritance. An Interpretative Phenomenological	15:20 - 15:20

Analysis of Continuity, Change, Maternal Adequacy and Moral Decision-Making around Infant Sleep in Irish Mother-Daughter Dyads	
Poster Presenter: Lucy Wolfe (Ireland)	
021 Activity profile of school-aged children born preterm and its association with sleep	15:20 - 15:20
Poster Presenter: MAHAM HASSAN (Germany)	
022 Associations Between First-Week Supplementation Type and Sleep Behaviors in Infants Exposed to Intrapartum Antibiotics at 6, 12, & 24 Weeks of Age: Preliminary result from a pilot randomized controlled trial	15:20 - 15:20
Poster Presenter: Mahtab Matin (Canada)	
024 Hopeful yet conflicted: Adolescents' Expectations and Concerns Prior to Later School Start Times	15:20 - 15:20
Poster Presenter: Malin Jakobsson (Sweden)	
025 A pilot feasibility cluster-randomised controlled trial of sleep workshops in secondary schools; analysis of sleep diaries and actigraphy data	15:20 - 15:20
Poster Presenter: Marcus O. Harrington (United Kingdom)	
026 Assessment of sleep knowledge and habits among young adults: can we talk about a "knowledge-practice gap"?	15:20 - 15:20
Poster Presenter: Maria Polselli (Italy)	
027 Sleep literacy in university students: knowledge, beliefs and predictors of accurate sleep perceptions.	15:20 - 15:20
Poster Presenter: Mariaelena Romeo (Italy)	
029 Beyond Obesity: Sleep-Disordered Breathing Spectrum in Pediatric ROHHAD Syndrome	15:20 - 15:20
Poster Presenter: Marina Foresti dos Santos (Brazil)	
030 SLEEP HABITS AND PSYCHOSOCIAL DETERMINANTS OF SLEEP HABITS OF ADOLESCENTS IN CELJE MUNICIPALITY	15:20 - 15:20
Poster Presenter: Marjeta Peperko (Slovenia)	
031 Comparing sleep diaries and actigraphy to assess night-to-night variability of sleeping through the night	15:20 - 15:20
Poster Presenter: Marjolaine Chicoine (Canada)	
032 SUBJECTIVE SLEEP EXPERIENCE AND OBJECTIVE MEASURES: A COMPARISON OF PATIENT SELF-ASSESSMENT AND MULTIPLE SLEEP LATENCY TEST OUTCOMES	15:20 - 15:20
Poster Presenter: Marta Celmina (Latvia)	
033 Objective baseline assessment of Sleep problems in children with Angelman Syndrome: A follow-up Study	15:20 - 15:20
Poster Presenter: Marta Moraleda-Cibrián (Spain)	
034 Long-Term Clinical and Psychosocial Outcomes in Pediatric-Onset Narcolepsy Type 1	15:20 - 15:20
Poster Presenter: Martina Gnazzo (Italy)	
035 Unravelling Narcolepsy: A Case Series of Complex Paediatric Cases	15:20 - 15:20
Poster Presenter: Martina Gnazzo (Italy)	
037 Out of Sync, Out of Sleep: Stress Reactivity as a Mediator Between Chronotype and Insomnia in Adolescents	15:20 - 15:20
Poster Presenter: Melanie Stearns (United States)	
040 What variables do mothers use to appraise sleeping through	15:20 - 15:20

the night?

Poster Presenter: Michelle Ly (Canada)

041 IS GENOTYPE ASSOCIATED WITH SLEEP AND AGGRESSIVITY PATTERN IN SMITH-MAGENIS SYNDROME (SMS)? 15:20 - 15:20

Poster Presenter: Milagros Merino Andreu (Spain)

042 The psychometric properties of subjective sleep measures in adolescents aged 12-18 years 15:20 - 15:20

Poster Presenter: Miriam Shabetai (United Kingdom)

043 Influence of the environment (intensive care unit versus intermediate/normal care unit) on the sleep of preterm infants 15:20 - 15:20

Poster Presenter: Mirja Quante (Germany)

044 Parent Perspectives on Sleep Challenges and Support Needs in Children Aged 10-12 Years 15:20 - 15:20

Poster Presenter: Mirjana Subotic-Kerry (Australia)

045 Rethinking Eligibility for Paediatric Home Sleep Study: Audit Insights from a Tertiary Hospital 15:20 - 15:20

Poster Presenter: Mon Ohn (Australia)

046 The effects of hypoxic burden on executive function (EF) in preschool children with obstructive sleep apnea 15:20 - 15:20

Poster Presenter: Napasorn Jansongserm (Thailand)

047 First-Line Sleep Recommendations in Children with Neurodevelopmental and/or Mental Health Disorders - Caregiver Goals/Concerns, Distress, and Experienced Barriers 15:20 - 15:20

Poster Presenter: Natasha Patel (Canada)

048 First-line Treatment Recommendations for Sleep Disturbances/Disorders (SDDs) in Patients with Neurodevelopmental and Mental Health Disorders - Evaluation Data from a Quality Improvement Study 15:20 - 15:20

Poster Presenter: Natasha Patel (Canada)

049 Ventilatory Pathways and Transition from Tracheostomy to Noninvasive Ventilation in Pediatric Congenital Central Hypoventilation Syndrome: A Single-Center Experience from Thailand 15:20 - 15:20

Poster Presenter: Nuttida Panichapat (Thailand)

050 Sleep & Concussion: Clinical Findings and Patient Voices 15:20 - 15:20

Speaker: Osman Ipsiroglu (Canada)

051 "We too need it": Perspectives of stakeholders on the co-development of the SLEEP MORE Adolescent Sleep Intervention Programme 15:20 - 15:20

Poster Presenter: OLUWATOSIN OLORUNMOTENI (Nigeria)

052 Developing Research Evidence & Assessment Measures for Sleep - The ChildRight2Sleep Network's Perspective on ICD-11 15:20 - 15:20

Speaker: Julian Mollin (Germany)

053 Teaching Sleep Disturbances and/or Disorders to Medical Students within the ICD-11 Framework. The CR2S Case Simulation Project 15:20 - 15:20

Poster Presenter: Osman Ipsiroglu (Canada)

054 What Information do Parents, and Professionals in the Health Care and Educational System Need: Teaching Sleep Disturbances and/or Disorders to Medical Students within the ICD-11 Framework. The CR2S Case Simulation Project 15:20 - 15:20

Poster Presenter: Osman Ipsiroglu (Canada)

055 Prevalence of Sleep Difficulties in Early Adolescence and Its Association With Their Socioeconomic Status: Evidence from a Brazilian Birth Cohort.	15:20 - 15:20
Poster Presenter: Paula Kageyama (Brazil)	
056 What Affects Sleep at Age Eleven? Children's Experiences of Promoting and Challenging Factors	15:20 - 15:20
Poster Presenter: Pernilla Garmy (Sweden)	
057 Factor Associated with Hypoventilation in Children with Obstructive Sleep Apnea	15:20 - 15:20
Poster Presenter: Phanthila Sitthikarnkha (Thailand)	
058 Rehabilitation approaches for children with obstructive sleep-disordered breathing: a systematic review and meta-analysis	15:20 - 15:20
Poster Presenter: Pierre Cnockaert (Belgium)	
059 A Cloud-Based Tool for Raw Wearable Sensor Data to Enable Sleep Scoring in Pediatric Populations	15:20 - 15:20
Poster Presenter: Pin-Wei Chen (United States)	
060 Effectiveness of Combined Cognitive Behavioral Therapy for Insomnia and Acceptance and Commitment Therapy for Youth with Insomnia and Anxiety: A Pilot Randomized Controlled Trial	15:20 - 15:20
Poster Presenter: Rachel Ngan Yin Chan (Hong Kong)	
061 Latent Mapping Profiles and Nocturnal Sleep Outcomes in Preschool-Aged Children: A Cross-Cultural Comparison Between Quebec and France	15:20 - 15:20
Poster Presenter: Rachel Pétrin (Canada)	
062 Impaired awakenings for hypoglycemic episodes in an Adolescent with Type 1 Diabetes Mellitus	15:20 - 15:20
Poster Presenter: Rachna Tiwari (United States)	
063 Slow-Wave Sleep Fragmentation as a Marker for Differentiating Disorders of Arousal from Sleep-Related Hypermotor Epilepsy	15:20 - 15:20
Poster Presenter: Ramona Cordani (Italy)	
064 Maternal Depression, Parenting Stress, and Child Sleep Outcomes Among Toddlers in Urban Bangladesh: Results from the Dhaka Sleep Study	15:20 - 15:20
Poster Presenter: Reun Tanzin Oshru (Bangladesh)	
065 Age effects on respiratory characteristics in children with Prader-Willi syndrome pre and post growth hormone therapy.	15:20 - 15:20
Poster Presenter: Rosemary Horne (Australia)	
066 Multidomain arousal coordination through development	15:20 - 15:20
Poster Presenter: Ryan Takagi (Canada)	
067 What Kind of Sleep is Good Sleep? Differences in Sleep and Problem-Solving Between Premature and Full-Term Infants	15:20 - 15:20
Poster Presenter: Sarah Berger (United States)	
068 Letting Teens Sleep: How Later School Start Times Affect Mood and Quality of Life	15:20 - 15:20
Poster Presenter: Sarah Blunden (Australia)	
070 Artificial Intelligence-Assisted Sleep Stage Scoring in Real-World Pediatric Clinical Practice	15:20 - 15:20
Poster Presenter: Sarisa Thawongit (Thailand)	
071 Hypoxic Burden Across AHI-Based Severity Groups in Pediatric Obstructive Sleep Apnea	15:20 - 15:20

Poster Presenter: Jung Hyun CHANG (Korea, Republic of)

073 Differences in Infant Sleep Practices and Safe-Sleep Guideline Adherence by Immigrant and Generational Status Among Mothers in the U.S 15:20 - 15:20

Speaker: Natalie Barnett (United States)

074 How Do You Capture a Movement? A Comparison of Electromyography and Inertial Measurement Unit Sensing Modalities 15:20 - 15:20

Poster Presenter: Shealie Lock (Canada)

075 Effects of Daytime Sleepiness and Sleep Restfulness on School Attendance in Junior High School Students 15:20 - 15:20

Poster Presenter: Shin-ichi Ando (Japan)

076 A Case of Pediatric OSA with Jaw and Facial Growth Impairment Due to CPAP Use 15:20 - 15:20

Poster Presenter: SHINTARO CHIBA (Japan)

077 Motivations, facilitators, and barriers: A qualitative exploration of parental experiences with a digitally delivered sleep intervention for children with special educational needs 15:20 - 15:20

Poster Presenter: Shirley Xin Li (Hong Kong)

078 Examining the relationship between maternal and paternal parenting styles and sleep problems in early adolescence using network analysis 15:20 - 15:20

Poster Presenter: Shirong Cai (Singapore)

079 Obstructive Sleep Apnea in Children with Down Syndrome: High Prevalence and Limited Accuracy of Standard Questionnaires 15:20 - 15:20

Poster Presenter: Silke Weber (Brazil)

080 Long-term Trajectories of Childhood Obstructive Sleep Apnoea and Their Associations with Cardiac Structure: A 19-Year Follow Up Study 15:20 - 15:20

Speaker: Ming Yang (China)

081 Insomnia symptoms in children with sleep-disordered breathing: A scoping review 15:20 - 15:20

Poster Presenter: Siyu Dai (China)

082 Agreement Between Parent-Reported and Actigraphy-Measured Sleep Dimensions Among Toddlers in Bangladesh 15:20 - 15:20

Speaker: Nicolò Pini (United States)

083 Sleep and Rest-Activity Rhythms in Adolescents and Young Adults Engaging in Nonsuicidal Self-Injury 15:20 - 15:20

Poster Presenter: Sungkyoung Shin (Korea, Republic of)

085 Later school start times increase morning bright light exposure in adolescents 15:20 - 15:20

Poster Presenter: Stephanie Crowley (United States)

086 Evaluation of Paediatric Sleep Questionnaire in diagnosing obstructive sleep apnoea 15:20 - 15:20

Speaker: Tabinda Naz Qureshi (United Kingdom)

087 Are Home Sleep Studies Fit for Purpose in Children? A Tertiary Centre Audit 15:20 - 15:20

Poster Presenter: Tahera Doctor (United Kingdom)

089 Mother-Child Interaction and Sleep Outcomes Among Toddlers in Urban Bangladesh 15:20 - 15:20

Poster Presenter: Tasnim Kabir Ayrin (Bangladesh)

090 Night-to-Night Variability of Sonomat Contactless Home Sleep Monitoring in Children with Neurodisability Speaker: Anne-Marie Adams (Australia)	15:20 - 15:20
091 Obstructive sleep apnea in children with trisomy 21 Poster Presenter: Teresa Almeida Lopes (Portugal)	15:20 - 15:20
092 Children's Sleep Habits Questionnaire as a screening tool for obstructive sleep apnea and its sleep comorbidities Poster Presenter: Teresa Almeida Lopes (Portugal)	15:20 - 15:20
093 Drug-Induced Sleep Endoscopy Characterizes Airway Obstruction Patterns and Treatment Outcomes in Children with Severe Obstructive Sleep Apnea Poster Presenter: Thien Huong Ho (Vietnam)	15:20 - 15:20
094 Clinical outcomes of screening oxycapnography sleep studies for children commencing nighttime postural equipment support therapy Poster Presenter: Thomas Maycock (United Kingdom)	15:20 - 15:20
095 Association between Moderate-to-Vigorous Physical Activity and Circadian Rest-Activity Rhythm in Children with Obstructive Sleep Apnoea Poster Presenter: Ting Ting Chen (Hong Kong)	15:20 - 15:20
096 Limitations of AASM Neonatal Sleep-Staging Criteria in Very Preterm Infants: Insights From 24-Hour Video-Polysomnography Poster Presenter: Valentina Marazzotta (Italy)	15:20 - 15:20
097 Understanding the Determinants of Sleep Characteristics in Preterm Infants During the First Year Following Neonatal Unit Discharge Poster Presenter: Valérie Lebel (Canada)	15:20 - 15:20
098 Transcutaneous vs end-tidal CO2 monitoring in tracheostomy ventilation paediatric sleep studies Poster Presenter: Vasileios Patelis (United Kingdom)	15:20 - 15:20
099 Prevalence and Risk Factors for Unplanned Hospital Readmission in Children Receiving Invasive Home Mechanical Ventilation Poster Presenter: Watit Niyomkarn (Thailand)	15:20 - 15:20
101 Restlessness Phenotypes in Children with Sleep Disturbances/Disorders and ADHD-Like Behaviours Poster Presenter: Yalda Khaje (Canada)	15:20 - 15:20
102 Development and Acceptability of an LLM-Enhanced WeChat Mini-App for Pediatric Sleep Health Promotion Poster Presenter: Ying Dai (Hong Kong)	15:20 - 15:20
103 Effect of a Smartphone-based, Mood-enhanced Cognitive Behavioral Therapy for Insomnia in Adolescents at Risk of Depression: A Cluster Randomized Trial Poster Presenter: Yong WEI (Hong Kong)	15:20 - 15:20
104 Maternal Sleep-Disordered Breathing During Pregnancy and Its Association With Domain-Specific Development in Three-Year-Old Children Poster Presenter: Yu Takenouchi (Japan)	15:20 - 15:20
105 Associations between Sleep, Circadian Rhythm and Autistic symptoms in Children and Adolescents Poster Presenter: Yu-Ching Wang (Taiwan)	15:20 - 15:20

106 Diagnostic delay in pediatric narcolepsy Is primarily driven by delayed first medical consultation	15:20 - 15:20
Poster Presenter: Yukie ARAHATA (Japan)	
107 Long-term efficacy of an insomnia prevention program in at-risk adolescents: 36-month follow-up	15:20 - 15:20
Poster Presenter: Yun Kwok Wing (Hong Kong)	
108 Correlation of Lingual Frenum and Craniofacial Morphology in Patient with Pediatric Obstructive Sleep Apnea Syndrome	15:20 - 15:20
Poster Presenter: Yu-Shu Huang (Taiwan)	
109 Investigating Sleep State-Dependent Oxygen Dynamics in Moderate-Late Preterm Infants.	15:20 - 15:20
Poster Presenter: Zara Howarth (United Kingdom)	

General Assembly

15:30 - 16:00

R4

Exhibition Hall Closes

General Assembly

16:20 - 16:40

Closing Ceremony

General Assembly

16:40 - 17:10

IPSA Member Meeting