

Wednesday, 14. May 2025*Society Symposium*

08:00 - 09:00

Auditorium 1

IMS guidance on selected topics for evidence-based clinical practice - International Menopause Society*Chair:* Nick Panay (London, United Kingdom)*Chair:* Rossella Nappi (Pavia, Italy)**Introduction**

08:00 - 08:05

A milestone for the women in preventive health

08:05 - 08:20

Speaker: Seng Bin Ang (Singapore)**Vasomotor symptoms**

08:20 - 08:35

Speaker: Pauline Maki (Chicago, United States)**Genitourinary Syndrome of Menopause**

08:35 - 08:50

Speaker: Wendy Wolfman (Canada)**Q&A**

08:50 - 09:00

Society Symposium

08:00 - 09:00

Auditorium 2

Reviewing menopause from a gynaecological endocrinological perspective - Sociedad Argentina de Endocrinología Ginecológica y Reproductiva (SAEGRE)*Chair:* Graciela Lopez de Degani (Argentina)**Declining estrogens, mood, reward, stress and other stories**

08:00 - 08:12

Speaker: Sandra Cecilia Demayo (Buenos Aires, Argentina)**The gut microbiome as an important player in wellness**

08:12 - 08:24

Speaker: Blanca Campostrini (Buenos Aires, Argentina)**Can endometriosis emerge or reappear in menopause? A new concern**

08:24 - 08:36

Speaker: Mercedes Lasaga (LA PLATA, Argentina)**Aging and hormonal decline in transgender people: risks and therapeutic options**

08:36 - 08:48

Speaker: Fabian Gomez Giglio (San Carlos de Bariloche, Argentina)**Discussion**

08:48 - 09:00

Speaker: Rocío Cordoba (Argentina)*Speaker:* Romina Tizzano (Buenos Aires, Argentina)*Society Symposium*

08:00 - 09:00

Auditorium 3

Issues in gynecological endocrinology: New experience from China - Chinese Society of Gynecological Endocrinology affiliated to ISGE*Chair:* Alfred Mueck (Tuebingen, Germany)*Chair:* Xiangyan Ruan (Beijing, China)**Prevention and treatment of iatrogenic POI to protect fertility and ovarian function**

08:00 - 08:15

Speaker: Xiangyan Ruan (Beijing, China)**First official clinical centre for ovarian cryopreservation in China**

08:15 - 08:30

Speaker: Muqing Gu (Beijing, China)**Hormonal contraception in perimenopause - different issues in Asia (China) compared to Europe**

08:30 - 08:45

Speaker: Alfred Mueck (Tuebingen, Germany)

	Membrane-bound receptor component as new predictive marker for increased breast cancer risk	08:45 - 09:00
<i>Speaker:</i> Yuejiao Wang (Beijing, China)		
<i>Society Symposium</i>		
08:00 - 09:00		Breakout Room
EBCOG (European Congress in Obstetrics and Gynaecology)		
	Declining fertility rates: A global threat	08:00 - 08:20
<i>Speaker:</i> Basil Tarlatzis (Thessaloniki, Greece)		
	Perimenopause - from contraception to Menopausal Hormone Therapy	08:20 - 08:40
<i>Speaker:</i> Johannes Bitzer (Basel, Switzerland)		
	Discussion	08:40 - 09:00
<i>Exhibition / ePoster</i>		
08:00 - 19:00		Exhibition
Exhibition / ePoster view throughout the Congress (no oral presentation)		
P001	Menopausal Symptoms in Premature Ovarian Insufficiency and Menopause at a Canadian Tertiary Care Centre	
<i>ePoster Presenter:</i> Rehona Zamani (Toronto, Canada)		
P002	The psychometric properties and applicability of subjective cognitive measures used in menopause research: A systematic review	
<i>ePoster Presenter:</i> Lexi He (London, United Kingdom)		
P004	The prevalence and influencing factors of sleep problems among 35-60 women in China	
<i>ePoster Presenter:</i> Ruimin Zheng (China)		
P005	Qualitative Assessment of the Impact of Menopausal Vasomotor Symptoms on the Lives of Women Who Are Not Suitable Candidates for Hormone Therapy	
<i>ePoster Presenter:</i> Angelica Lindén Hirschberg (Stockholm, Sweden)		
P006	Estetrol has no effect on blood pressure in postmenopausal women, including those with cardiovascular risk factors	
<i>ePoster Presenter:</i> Tommaso Simoncini (Pisa, Italy)		
P007	Diabetes mellitus and chronic arterial hypertension: factors associated with physical/mental fatigue in Colombian Afro-descendant climacteric women	
<i>ePoster Presenter:</i> Angelica Monterrosa-Blanco (Cartagena, Colombia)		
P008	Prevalence and Characteristics of Persistent Climacteric Symptoms in Women Using Hormone Therapy in the General Population of Spain	
<i>ePoster Presenter:</i> Marina Romero-Domínguez (Málaga, Spain)		
P009	Exploring menopause knowledge, attitudes and experiences of women in Saudi Arabia	
<i>ePoster Presenter:</i> Ghada AlSwayied (London, United Kingdom)		
P011	The influence of body fat distribution on vasomotor symptoms: a cross-sectional study in Thai menopausal women	
<i>ePoster Presenter:</i> Asama Tamronglak (Ratchathewi, Thailand)		
P012	Comprehensive assessment of women during menopause from a midwife's consultation	
<i>ePoster Presenter:</i> Monica Blas-Robledo (Bilbao, Spain)		

- P015 **Impact of an advanced nurse practitioner led menopause clinic on quality of life and menopausal symptoms**
ePoster Presenter: Catriona Keye (Dublin and Cork, Ireland)
- P017 **The treatment of vasomotor symptoms with ultra-low dose estradiol and dydrogesterone in China and Europe**
ePoster Presenter: Marcelo Graziano Custodio (Allschwil, Switzerland)
- P018 **How to conduct an emotional evaluation for a woman in menopause in a midwife's consultation**
ePoster Presenter: Monica Blas-Robledo (Bilbao, Spain)
- P019 **Signs and symptoms of vulvovaginal atrophy in clinical practice - possible involvement of thyroid autoimmunity in genitourinary syndrome of menopause**
ePoster Presenter: Laura Cucinella (Pavia, Italy)
- P021 **Efficacy of Vaginal 17B eta-Estradiol on the Urinary Storage Symptoms in Postmenopausal Women: A Randomized Double-blind, Placebo-controlled Study**
ePoster Presenter: Jittima Manonai Bartlett (Bangkok, Thailand)
- P022 **Efficacy of Nd:YAG (neodymium) laser in the treatment of patients with symptoms of genitourinary menopausal syndrome**
ePoster Presenter: Inna Apolikhina (Moscow, Russian Federation)
- P023 **Evaluation of symptoms in women with genitourinary syndrome of menopause after non-ablative Erbium:YAG laser therapy**
ePoster Presenter: Angel Arturo Blanes Martinez (Valencia, Spain)
- P024 **Shear wave elastography: A novel objective method in assessing atrophic vaginitis treated with intravaginal Er:YAG laser, a randomized pilot study**
ePoster Presenter: Ipek Betul Ozcivit Erkan (Istanbul, Turkey)
- P025 **Dynamic quadripolar radiofrequency versus local estrogens in treatment of genitourinary syndrome in menopause**
ePoster Presenter: Tatiana Teterina (Moscow, Russian Federation)
- P028 **Assessment of Genitourinary Syndrome of Menopause in spanish women: A Private Practice Study Using Bachmann's and Palacios' Indices**
ePoster Presenter: Esther De la Viuda García (Madrid, Spain)
- P029 **Interest in the use of estradiol vaginal ring for genitourinary syndrome: quantitative insights from social media reactions**
ePoster Presenter: Analia Pesado (Buenos Aires, Argentina)
- P030 **Assessment of oestradiol levels in women using vaginal oestradiol pessaries for genitourinary symptoms following treatment of breast cancer**
ePoster Presenter: Vikram Sinai Talaulikar (London, United Kingdom)
- P031 **Influence of Black Cohosh on hippocampal and hypothalamic gene expression in ovariectomized rats and its potential to treat menopausal smell decrease**
ePoster Presenter: Elena Pavicic (Bern, Switzerland)
- P032 ***Cimicifuga racemosa* extract Ze 450 reduces body and fat mass gain induced by physical inactivity and boosts physical activity in female rats**
ePoster Presenter: Elisabeth Habersatter (Cologne, Germany)
- P033 **Meditation Kirtan Kriya and Kundalini Yoga for at risk menopausal women's memory: a randomized controlled trial**
ePoster Presenter: Gloria Borrás-Boneu (Barcelona, Spain)

- P034 **CLIMACTERIC SYMPTOMS IN WOMEN AT NATURAL OR SURGICAL MENOPAUSE THEIR CORRECTION**
ePoster Presenter: Tatsiana Milosh (Grodno, Belarus)
- P035 **Update on a special Extract of Rheum rhaponticum**
ePoster Presenter: Peter Heger (Ubstadt-Weiher, Germany)
- P037 **Dietary habits related to Mediterranean style diet are associated with liver fibrosis parameters, APRI and FIB4 score in menopausal women**
ePoster Presenter: Ifigeneia Avgousti (Athens, Greece)
- P038 **Empowering Change: Insights from the Menopause Mandate Big Menopause Survey 2024 Overview**
ePoster Presenter: Juliet Balfour (London, United Kingdom)
- P040 **Alleviating Menopausal Symptoms: The Use of Dietary and Herbal Supplements in Irish Cancer Survivors Impacted by Menopause**
ePoster Presenter: Katie Ellen Johnston (Cork, Ireland)
- P041 **Meal patterns and physical activity are associated with health-related quality of life, handgrip strength and MAFLD indices during menopause**
ePoster Presenter: Iliana Karagkouni (Athens, Greece)
- P042 **Vitamin D and calcium intake in menopause and premature ovarian insufficiency at a tertiary care centre**
ePoster Presenter: Rehona Zamani (Toronto, Canada)
- P044 **Expectations in the transition to menopause: a cross-sectional study**
ePoster Presenter: Eugenio Blanes Martinez (Valencia, Spain)
- P046 **BARRIERS AND MOTIVATORS FOR PHYSICAL ACTIVITY AMONG WOMEN UNDERGOING MENOPAUSE IN SAUDI ARABIA: An Exploratory Qualitative Study**
ePoster Presenter: Ghada AlSwayied (London, United Kingdom)
- P047 **Combinatory effects of an ecdysteroid-rich spinach extract and training on strength of postmenopausal women**
ePoster Presenter: Christina Lautner (Köln, Germany)
- P048 **Dietary intake and associations with perimenopausal symptoms; a cross-sectional study**
ePoster Presenter: Miriam B. Murphy (Athlone, Ireland)
- P049 **Effects of time-restricted-eating (TRE) and neuromuscular training on body composition in overweight postmenopausal women. Protocol POTENT study**
ePoster Presenter: Pilar López López (Madrid, Spain)
- P050 **Correlation of menopausal symptoms with female sexual dysfunction in Chinese women**
ePoster Presenter: Rui Ju (Beijing, China)
- P051 **The Sexual Schemas of Menopausal Women**
ePoster Presenter: Kate B. Metcalfe (Austin, United States)
- P052 **Understanding the role of marital dynamics in sexual dysfunction among menopausal women in Pakistan**
ePoster Presenter: Fahmeeda Idrees (Tampere, Finland)
- P053 **The Impact of Menopause and Premature Ovarian Insufficiency on Women's Sexual Health Function in a Canadian Population**
ePoster Presenter: Cynthia Sowgol Abbasi (Saskatoon, Canada)

- P054 **Treatment of Vulvo-vaginal atrophy (VVA) using vaginal dilators in addition to usual treatment: a randomized control trial**
ePoster Presenter: Julie Pirral (Brussels, Belgium)
- P055 **How to conduct a sexual function evaluation for a woman in menopause in a midwife's consultation**
ePoster Presenter: Monica Blas-Robledo (Bilbao, Spain)
- P057 **Expansion of eligibility criteria for menopausal hormone therapy: autoimmune diseases**
ePoster Presenter: Maria Fasero (Madrid, Spain)
- P059 **The efficacy of low-dose and ultra-low-dose estradiol and dydrogesterone: an analysis by body mass index**
ePoster Presenter: Tommaso Simoncini (Pisa, Italy)
- P060 **Venous thromboembolic risk among peri- and postmenopausal women on licensed and off-label transdermal oestradiol doses: a retrospective cohort study**
ePoster Presenter: Amy Neville (Stratford-upon-Avon, United Kingdom)
- P061 **Prescribing for Women's Health in people with Kidney Disease**
ePoster Presenter: Hannah Beckwith (London, United Kingdom)
- P062 **DYNAMIC THERAPY IN SYMPTOMATIC POST-MENOPAUSAL WOMEN**
ePoster Presenter: Giuseppe Caruso (Catania, Italy)
- P063 **Plasma Alzheimer's biomarkers are useful to monitor the impact of menopause hormone therapy on progression of AD**
ePoster Presenter: Herman Depypere (Gent, Belgium)
- P064 **Breast and endometrial safety of micronised progesterone vs norethisterone acetate in menopausal hormone therapy: study protocol of a double-blind RCT**
ePoster Presenter: Christina Lundell (Stockholm, Sweden)
- P065 **Treatments Prescribed to Women Experiencing Natural Menopause: A Cohort Study from Routine Clinical Practice in Germany**
ePoster Presenter: Cecile Janssenswillen (Basel, Switzerland)
- P066 **The safety profile of ultra-low dose estradiol and dydrogesterone in postmenopausal women**
ePoster Presenter: John Stevenson (London, United Kingdom)
- P067 **Is the use of MHT safe in endometriosis?**
ePoster Presenter: Antonio Carballo García (Jaén, Spain)
- P068 **Prevalence of low mood, thoughts of self-harm and suicidal ideation in peri- and postmenopausal women**
ePoster Presenter: Daniel Reisel (London, United Kingdom)
- P069 **Twelve-Months Treatment Effects of Romosozumab in Postmenopausal Korean Women with Osteoporosis: A Retrospective Real World Data**
ePoster Presenter: Jung Hyun Park (Seoul, Korea, Republic of)
- P070 **Effect of HRT on antidepressant deprescribing in peri- and postmenopausal women with mood symptoms: a retrospective cohort study**
ePoster Presenter: Aini Kamal (Stratford-upon-Avon, United Kingdom)
- P071 **Menopausal hormone therapy effects on biometrics: 6 months of orally daily treatment with E2 1 mg and P4 100 mg**
ePoster Presenter: Luciana Bergamaschi (Barcelona, Spain)

- P072 **Ultrasonographic Evaluation of The Effect of Menopausal Hormone Therapy On Hepatic Steatosis**
ePoster Presenter: Mert Urfalioglu (Istanbul, Turkey)
- P073 **Menopausal Hormone Therapy: An insight into knowledge and attitudes of physicians in Singapore**
ePoster Presenter: Farah Safdar (Singapore, Singapore)
- P074 **Epidemiological Analysis of Women Undergoing Hormone Therapy in the General Population of Spain at Present**
ePoster Presenter: Marina Romero-Domínguez (Málaga, Spain)
- P076 **Expansion of eligibility criteria for menopausal hormone therapy: Parkinson's disease**
ePoster Presenter: Sonia Sánchez Méndez (Badalona, Spain)
- P077 **Expansion of eligibility criteria for menopausal hormone therapy: multiple sclerosis**
ePoster Presenter: Sonia Sánchez Méndez (Badalona, Spain)
- P078 **THYROID PAPILLARY CARCINOMA ARISING FROM STRUMA OVARII IN A POSTMENOPAUSAL WOMEN RECEIVING MHT: A CASE REPORT**
ePoster Presenter: Mert Urfalioglu (Istanbul, Turkey)
- P081 **The personalized approach for MHT selection according to women androgen status during menopausal transition**
ePoster Presenter: Svetlana Dubrovina (Rostov-on-Don, Russian Federation)
- P082 **Using MHT in cancer survivor**
ePoster Presenter: Svetlana Dubrovina (Rostov-on-Don, Russian Federation)
- P083 **Comparison between the effects of silastic hormonal implant and Estradiol transdermal gel in climacteric women: a randomized controlled trial**
ePoster Presenter: Guilherme Renke (Rio de Janeiro, Brazil)
- P084 **Challenges in hormone replacement therapy for endometriosis**
ePoster Presenter: Andra Neacsu (Bucharest, Romania)
- P085 **Menopause Doesn't Take Time Off from 9 to 5**
ePoster Presenter: Kinga Fromlewicz (Gdynia, Poland)
- P086 **Effectiveness of workplace-based interventions for menopause; an updated systematic review**
ePoster Presenter: Chithramali Hasanthika Rodrigo (Aberdeen, United Kingdom)
- P089 **Menopausal symptoms as predictors of work ability among working women over the age of 40 in Serbia**
ePoster Presenter: Mina Hagen (Belgrade, Serbia)
- P090 **How menopause friendly is my workplace: what is working well and what should be improved**
ePoster Presenter: Chithramali Hasanthika Rodrigo (Aberdeen, United Kingdom)
- P092 **SDF-1/CXCR4 axis regulating mesenchymal stem cell migration and homing in epirubicin-induced premature ovarian failure mice**
ePoster Presenter: Xue Du (Tianjin, China)
- P093 **Observation on the Clinical Efficacy of Traditional Chinese Medicine Ligustrum lucidum in Women With Diminished Ovarian Reserve**
ePoster Presenter: Jun Ma (Beijing, China)
- P094 **Cryopreservation of ovarian tissue in 46 pediatric girls before undergoing allogenic hematopoietic stem cell transplantation**

ePoster Presenter: Jiao Chen (Beijing, China)

P095 **Association of primary ovarian insufficiency with handgrip strength in Korean women: a national population-based study**

ePoster Presenter: Hoon Kim (Seoul, Korea, Republic of)

P096 **The Premature Ovarian Insufficiency (POI) database in Spain. Mid-term follow-up results (Code IIBSP-IOP-2012-109. ClinicalTrials.govID:NCT02068976)**

ePoster Presenter: Bruna Miarons Ferre (Barcelona, Spain)

P097 **The association between intestinal flora and premature ovarian failure was investigated by Mendelian randomization**

ePoster Presenter: Xue Du (Tianjin, China)

P098 **Betaine ameliorates age-related ovarian dysfunction in mice**

ePoster Presenter: Yingjie Gu (Wuxi, China)

P100 **Primary Ovarian Insufficiency (POI) secondary to radiotherapy and chemotherapy diagnosed due to primary amenorrhea**

ePoster Presenter: Nadia Díaz Nakamura (Santa Cruz de Tenerife, Spain)

P101 **Analysis of the current status of bone mineral density and influencing factors in early menopausal women**

ePoster Presenter: Anming LIU (Beijing, China)

P102 **The impact of hormone replacement therapy on bone mineral density after hematopoietic stem cell transplantation**

ePoster Presenter: Jisu Mun (Seoul, Korea, Republic of)

P103 **Change of health-related quality of life in patients with premature ovarian insufficiency taking different doses of HRT**

ePoster Presenter: Svetlana Yureneva (Moscow, Russian Federation)

P104 **The Premature Ovarian Insufficiency (POI) database in Spain. Basal characteristics (Code IIBSP-IOP-2012-109. ClinicalTrials.govID:NCT02068976)**

ePoster Presenter: Isabet Mayordomo Bofill (Barcelona, Spain)

P105 **Prevention and treatment of iatrogenic POI using ovarian tissue cryopreservation and transplantation in patients with primary malignancies**

ePoster Presenter: Xiangyan Ruan (Beijing, China)

P106 **Vasomotor symptoms after surgical menopause: prevalence, characteristics and contributing factors**

ePoster Presenter: Sindija Kezika (Riga, Latvia)

P107 **Benefit of hormonal assays in menopause**

ePoster Presenter: Emma Cornu (Liège, Belgium)

P110 **Combined Oral Contraception: A Therapeutic Bridge in the Menopausal Transition**

ePoster Presenter: Elisabet Robert Marchal (Barcelona, Spain)

P112 **Quality of Life Benefit of a Dedicated Menopause Service For Women With Cancer**

ePoster Presenter: Helen Ryan (Dublin, Ireland)

P113 **A novel approach to managing education, side-effects and quality of life (QOL) following a cancer treatment induced menopause/andropause**

ePoster Presenter: Lisa Punt (Cambridge, United Kingdom)

P114 **Evaluation of the Quality of Life Level in Women Using Hormone Therapy in the General Population of Spain**

ePoster Presenter: Marina Romero-Domínguez (Málaga, Spain)

P115 Women's information needs about menopause: a cross-sectional survey in Norwegian general practice

ePoster Presenter: Marianne Natvik (Oslo, Norway)

P116 Retrospective study evaluating the effectiveness of Femilift treatment

ePoster Presenter: Evangelia MARAGOUDAKI (Athens, Greece)

P117 The impact of estrogen deficiency symptoms on health-related quality of life in menopausal-aged women in China

ePoster Presenter: Kyoo Kim (Allschwil, Switzerland)

P118 Assessment of Quality of life of Women in Menopause in Greece using SF-36 questionnaire

ePoster Presenter: Christina Georgi (Thessaloniki, Greece)

P120 Insights from Social-Media Listening in Menopause in Europe

ePoster Presenter: Marcelo Graziano Custodio (Allschwil, Switzerland)

P121 Personalized Nutrition and Smart Wearables for Menopause Management

ePoster Presenter: Dorothea Portius (Heilbronn, Germany)

P122 Prevalence and related factors of depression in Thai postmenopausal women from 40 years old and above

ePoster Presenter: Thanista Phothicharoenthanachok (Bangkok, Thailand)

P123 Evaluating the cost utility of estradiol plus dydrogesterone for the treatment of menopausal women in China

ePoster Presenter: Kyoo Kim (Allschwil, Switzerland)

P124 The impact of menopause education on quality of life among menopausal women: a systematic review with meta-analysis

ePoster Presenter: Catriona Keye (Dublin and Cork, Ireland)

P125 ERA in optimizing embryo transfer timing and its clinical impact in PCOS patients: a preliminary exploration

ePoster Presenter: Xiaoyu Yu (Chengdu, China)

P127 The effect of basal LH/FSH ratio on reproductive outcomes of GnRH antagonist regimen IVF/ICSI-ET in PCOS patients

ePoster Presenter: Jing Cai (Dong Guan, China)

P129 Physicians' barriers hindering to treat patients with sexual problems — a study with general practitioners and obstetrician-gynecologists

ePoster Presenter: Päivi Polo-Kantola (Turku, Finland)

ePoster Presenter: Anna Aromaa (Turku, Finland)

P130 Improvement in the vaginal microbiota in GSM patients treated with non-ablative Erbium:YAG laser

ePoster Presenter: Leticia Lazzaretta (Palma de Mallorca, Spain)

P131 Effectiveness of hormone therapy in recent menopause: impact on quality of life and sexual function

ePoster Presenter: Rosa Mora Ruiz-Moyano (Santa Cruz de Bezana, Spain)

P133 Feasibility and Surgical Outcomes of Single-Port Robotic Sacrocolpopexy

ePoster Presenter: Jung-Ho Shin (Seoul, Korea, Republic of)

P135 The Safety and Efficacy of Erbium:YAG laser for the management of SUI: A systematic review and meta-analysis

- P137 **Possibilities of preoperative preparation of the vaginal mucosa in postmenopausal women with genital prolapse**
ePoster Presenter: Anna Mikhelson (Ekaterinburg, Russian Federation)
- P139 **Anterior and Posterior Vaginal Wall Thickness in Women Without Genital Prolapse**
ePoster Presenter: Mert Urfalioglu (Istanbul, Turkey)
- P141 **Ischemic Urethral Prolapse in Postmenopausal Woman - Case Report**
ePoster Presenter: Filomena Silveira (Valença, Brazil)
- P142 **Insights from Social-Media Listening in Abnormal Uterine Bleeding in India**
ePoster Presenter: Marcelo Graziano Custodio (Allschwil, Switzerland)
- P143 **Insights from Social-Media Listening in Abnormal Uterine Bleeding in Brazil and Mexico**
ePoster Presenter: Kyoo Kim (Allschwil, Switzerland)
- P144 **Association between thyroid autoimmunity and gestational diabetes mellitus in Chinese euthyroid women**
ePoster Presenter: Yue Zhao (Beijing, China)
- P145 **Dysfunctional uterus bleeding in women after the age of forty**
ePoster Presenter: Bojana Popović (Banja Luka, Bosnia and Herzegovina)
- P146 **Postmenopausal adnexal torsion: surgical treatment for symptom control**
ePoster Presenter: Bo Ram Yu (Jeonju, Korea, Republic of)
- P147 **Effectiveness of a Non-Hormonal Vaginal Moisturizing Gel on Vaginal Health in Postmenopausal Women with Breast Cancer: A Randomized Controlled Trial**
ePoster Presenter: Eliana Aguiar Petri Nahas (Botucatu, Brazil)
- P149 **MicroRNA-181a Negatively Regulates E2 Combined NET-promoted Cell Viability and Migration by Suppressing PGRMC1 in Breast Cancer Cells**
ePoster Presenter: Yuejiao Wang (Beijing, China)
- P150 **Association of VDR FokI Polymorphism with Clinical Outcomes in Postmenopausal Women with Breast Cancer**
ePoster Presenter: Claudio Lera Orsatti (Jaú, Brazil)
- P151 **Postmenopausal breast cancer survivors: Influence of follow-up time on cardiometabolic health**
ePoster Presenter: Eliana Aguiar Petri Nahas (Botucatu, Brazil)
- P154 **Liver Function Among Women with Cystic Fibrosis Who Use Hormonal Contraception**
ePoster Presenter: Jennifer Chin (Seattle, United States)
- P155 **Effect of Orlistat and Anti-Androgen Oral Contraceptives on Pregnancy Outcomes in Overweight or Obese PCOS Patients during Comprehensive Interventions**
ePoster Presenter: Mingzhen Zhang (Beijing, China)
- P156 **Effect of enterobacteria capsule administration on glucose and lipid metabolism and body composition of PCOS in overweight and obese patients**
ePoster Presenter: Youjuan Pei (Beijing, China)
- P157 **Pregnancy Outcomes and Influencing Factors After Hysteroscopic Adhesiolysis for Intrauterine Adhesions**
ePoster Presenter: Yinmei Dai (Beijing, China)

- P159 **Comparison of the contraceptive knowledge between verbal counseling and verbal counseling with a contraceptive educational video in postpartum women**
ePoster Presenter: Thanista Phothicharoenthachok (Bangkok, Thailand)
- P160 **Comparison Between the Effects of Implantable Gestrinone and Oral Dienogest in the Treatment of Endometriosis: Randomized Controlled Clinical Trial**
ePoster Presenter: André Vinícius de Assis Florentino (Campina Grande, Brazil)
- P161 **Successful Fertility Restoration in AML: Ovarian Tissue Cryopreservation and Transplantation Three Years Post-Hematopoietic Stem Cell Transplantation**
ePoster Presenter: Lingling Jiang (Beijing, China)
- P162 **Effect of of enterobacteria capsules on anxiety and depression in overweight and obese PCOS patients**
ePoster Presenter: Youjuan Pei (Beijing, China)
- P163 **Endometrial repair and fertility protection in women after high-risk artificial abortion**
ePoster Presenter: Yushan Cheng (Beijing, China)
- P164 **Effect of combined exercise and hormone replacement therapy on body composition and insulin sensitivity in postmenopausal women**
ePoster Presenter: Herman Depypere (Gent, Belgium)
- P165 **Longitudinal changes in reproductive hormones during the menopausal transition in middle-aged Korean women: effect modification by obesity**
ePoster Presenter: Yoosun Cho (Seoul, Korea, Republic of)
ePoster Presenter: Yoonyoung Jang (Seoul, Korea, Republic of)
- P166 **Betaine ameliorated placental dysfunction in polycystic ovary syndrome through attenuating oxidative stress and cell apoptosis**
ePoster Presenter: Chenghong Yin (Beijing, China)
- P167 **Study on the relationship between telomere length and polycystic ovary syndrome by Mendel randomization method**
ePoster Presenter: Xue Du (Tianjin, China)
- P168 **Hormonal and metabolic influences on embryo quality in PCOS patients: the role of BMI in fresh embryo transfers**
ePoster Presenter: Jiuzhi Zeng (Chengdu, China)
- P170 **Effect of pelvic radiotherapy on vaginal microecology and local immunity**
ePoster Presenter: Jiate Sang (Tianjin, China)
- P173 **Regenerative oncosexology: sexual health restoration in gynecologic oncology patients**
ePoster Presenter: Rosa Mora Ruiz-Moyano (Santa Cruz de Bezana, Spain)
- P174 **Endometrial polyp in premenopausal and postmenopausal patients**
ePoster Presenter: Tanja Milić-Radić (Banja Luka, Bosnia and Herzegovina)
- P175 **Efficacy of a mixed wavelength laser 10,600 nm (CO₂) + 1,540 nm (GaAs) for vaginal health in postmenopausal women: a randomized controlled trial**
ePoster Presenter: Juan Salinas Peña (Reus, Spain)
- P176 **Comments on the 2024 Lancet report on prevention of dementia**
ePoster Presenter: Herman Depypere (Gent, Belgium)
- P178 **Comparison of inflammation markers before and after two different gestagen treatments in patients with non atypical endometrial**

hyperplasia

ePoster Presenter: Aysun ALPARSLAN CULHA (Konya, Turkey)

- P179 **Early launch of menopausal hormone replacement therapy among women with high risk of major cardiovascular events at perimenopausal age**

ePoster Presenter: Iryna Muryzina (Kharkiv, Ukraine)

- P180 **Analytical and clinical performance of an automated IDS-iSYS Free Testosterone immunoassay for direct measurement of free testosterone concentration**

ePoster Presenter: Nataša Stojanović (Zagreb, Croatia)

- P181 **Sexual Health and Sex Toy Use in Older Men: Practices, Motivations, and Links with Sexual Functioning**

ePoster Presenter: David Lafortune (Montréal, Canada)

- P182 **SEXUAL DYSFUNCTION IN AN ADULT MALE REVEALING UNDIAGNOSED CONGENITAL ADRENAL INSUFFICIENCY**

ePoster Presenter: Diana Felicia Coles (Bucharest, Romania)

- P183 **Female subfertility and cardiovascular outcomes in later life: Systematic Review and Meta-Analysis**

ePoster Presenter: Nikoletta Mili (Athens, Greece)

- P184 **Exploring the association between Menopause Timing and Cardiovascular Health: A Meta-Analysis of nine studies from the Proof-ATHERO Consortium**

ePoster Presenter: Clara Meijis (Innsbruck, Austria)

- P185 **Relationship between life age and metabolic age with excess weight and lipid parameters are the strongest risk factors in postmenopausal women**

ePoster Presenter: Blazenska Miskic (Osijek, Croatia)

- P186 **Predicting metabolically unhealthy status using explainable machine learning based on menopausal symptoms**

ePoster Presenter: Ria Kwon (Seoul, Korea, Republic of)

- P187 **The Longitudinal Association Between Menopausal Transition and Hearing Decline in Middle-Aged Korean Women**

ePoster Presenter: Yoonyoung Jang (Seoul, Korea, Republic of)

- P191 **Immunization for Midlife Women: Addressing the Adult Immunization Gap**

ePoster Presenter: Vivien Brown (Toronto, Canada)

- P193 **The relationship of a weight-efficacy lifestyle with anthropometric indices among middle-aged Iranian women**

ePoster Presenter: Parvin Abedi (Ahvaz, Iran)

- P194 **Diet for Extending Beauty and Youth in Premenopausal Women**

ePoster Presenter: Olga Rojdestvenskaia (Russian Federation)

- P195 **Hormonal Shifts, Weight Gain, and Mental Health: Investigating Menopausal Obesity in Pakistani Women**

ePoster Presenter: Minahil Maryam (Islamabad, Pakistan)

- P196 **Fracture risk of female cancer patients, a prospective 30-year study**

ePoster Presenter: Outi Elomaa (Kuopio, Finland)

- P197 **Improvement strategies of a health-literacy-friendly patient decision aid for the osteoporosis treatment by a multi-criteria network structure model**

ePoster Presenter: Shan-Fu Yu (Kaohsiung, Taiwan, China)

- P199 **What is the Role of the Gynecologist in Osteoporosis?**
ePoster Presenter: Esther De la Viuda García (Madrid, Spain)
- P200 **Do we treat patients or do we treat densitometries?**
ePoster Presenter: Pablo ROMERO DUARTE (El Ejido, Spain)
- P201 **Metabolic and endocrinologic diseases and smoking as independent risk factors for breast cancer in postmenopausal women**
ePoster Presenter: Pablo Carpintero (Buenos Aires, Argentina)
- P202 **Biocultural understandings of menopause: Insights from Japan**
ePoster Presenter: Melissa Melby (Newark, United States)
- P203 **Addressing Sleep Disturbance in Menopause: Development of a Comprehensive Clinical Tool for Improved Patient Outcomes**
ePoster Presenter: Zoe Schaedel (Brighton, United Kingdom)
- P204 **Treatments used for insomnia in women. Preliminary data in the spanish population**
ePoster Presenter: Alejandra Maria Herrera Muñoz (El Ejido, Spain)
- P205 **Products used by healthcare professionals for insomnia in women. Preliminary results**
ePoster Presenter: Alejandra Maria Herrera Muñoz (El Ejido, Spain)
- P206 **Association between difficulty sleeping and mild cognitive impairment in Latin American postmenopausal women. A REDLINC study**
ePoster Presenter: Angelica Monterrosa-Blanco (Cartagena, Colombia)
- P207 **Depressive symptom trajectories through the menopause transition and postmenopause: findings from the ALSPAC study**
ePoster Presenter: Rochelle Knight (Bristol, United Kingdom)
- P208 **Main physical/mental morbidities in relation to an increased risk of sarcopenia in Colombian adult women**
ePoster Presenter: Alvaro Monterrosa-Castro (Cartagena, Colombia)
- P209 **Trajectory of Depressive Symptoms Among Middle-Aged Korean Women Undergoing Menopausal Transition**
ePoster Presenter: Yoonyoung Jang (Seoul, Korea, Republic of)
- P210 **Global Burden of Perimenopause-Related Diseases in Women Aged 40-65, 1990-2021: A Systematic Analysis of the Global Burden of Disease Study 2021**
ePoster Presenter: Hongliang Dong (Beijing, China)
- P212 **Estimating age at natural menopause using prospectively reported menstruation data: the Avon Longitudinal Study of Parents and Children**
ePoster Presenter: Rochelle Knight (Bristol, United Kingdom)
- P213 **National Survey on MHT among Gynecologists and Patients in Russia**
ePoster Presenter: Antonina Smetnik (Moscow, Russian Federation)
- P214 **Women's perception of menopausal hormone therapy: a national prospective survey**
ePoster Presenter: Antonina Smetnik (Moscow, Russian Federation)
- P215 **Insights from Social-Media Listening in Women's Healthcare: innovation in health communication**
ePoster Presenter: Andressa da Silva van der Laan (Allschwil, Switzerland)
- P217 **Menopause education of healthcare professionals: a scoping review protocol**

ePoster Presenter: Catriona Keye (Dublin and Cork, Ireland)

P219 **Does frozen-thawed human ovarian tissue by re-freezing and re-thawing affect the follicular activity in cortical strips?**

ePoster Presenter: Jiaojiao Cheng (Beijing, China)

P220 **Comparison of endocervical curettage and endocervical brushings as diagnostic procedures for endocervical lesions in menopausal population**

ePoster Presenter: Jesús Presa Lorite (Jaén, Spain)

P221 **Is there an immune pattern in menopause that predisposes to persistent infection by human papilloma virus?**

ePoster Presenter: Jesús Presa Lorite (Jaén, Spain)

P222 **Is Menopause Affecting My Quality of Life? A Public Awareness Project."**

ePoster Presenter: Delmina Rodriguez Ribeiro (Asturias, Spain)

P223 **A qualitative study exploring the Greek peri-menopausal women's knowledge and perceptions for menopause and for the mobile applications for menopause**

ePoster Presenter: Evgenia - Ioanna Papadima (Athens, Greece)

P224 **"The Expert Answers". Questions from women to professionals through the web section of the Spanish Association for the Study of Menopause (AEEM)**

ePoster Presenter: Laura NIETO PASCUAL (Córdoba, Spain)

P225 **Designing an interactive digital curriculum for women's health trainees - a process review**

ePoster Presenter: Richa Sood (Rochester, United States)

P226 **Development of a digital health application for cognitive behavioral therapy in menopausal women - a pilot study protocol**

ePoster Presenter: Petra Stute (Bern, Switzerland)

P228 **Premature menopause and weight loss: recalibrating hormone replacement therapy for optimal hormonal balance**

ePoster Presenter: Giuseppe Toscano (Catania, Italy)

P229 **Study methodology for the development of a program devoted to the integral health evaluation of mid-aged Ecuadorian women**

ePoster Presenter: Peter Chedraui (Samborondón, Ecuador)

P230 **Optimal total antral follicle count cutoff value for predicting biochemical hyperandrogenism in Korean women with polycystic ovary syndrome**

ePoster Presenter: Sungwook Chun (Busan, Korea, Republic of)

P231 **Waist-calf circumference ratio is associated with visceral adiposity and muscle mass in older women**

ePoster Presenter: Peter Chedraui (Samborondón, Ecuador)

P232 **Rapid improvements in menopausal skin and vitality: a 7-day holistic intervention study**

ePoster Presenter: Ana Pang (Stockholm, Sweden)

P233 **Predicting menopausal stages using connected health data**

ePoster Presenter: Philomène Letzelter (Issy-les-Moulineaux, France)

P234 **I'm still hot! Surviving and thriving while finding empowerment in menopause**

ePoster Presenter: Audrianna Joy Gurr (Portland, United States)

P235 **A map of genetic and phenotypic associations across male**

reproductive phenotypes*ePoster Presenter:* Jéssica Figuerêdo (Tartu, Estonia)

P236 **Prevalence of overweight and obesity in adults from the Republic of Moldova: implications for midlife health**

ePoster Presenter: Stela Vudu (Chisinau, Moldova)

P237 **Multidisciplinary sexual health pilot clinic for female anatomy cancer patients**

ePoster Presenter: Milana Dolezal (Stanford, United States)

P241 **Management of osteoporosis in a patient with Turner syndrome and Premature Ovarian Insufficiency (POI)**

ePoster Presenter: Nadia Díaz Nakamura (Santa Cruz de Tenerife, Spain)

P242 **Utility of the SARC-F Questionnaire in the early detection of sarcopenia in postmenopausal women, coupled with dynamic tests**

ePoster Presenter: Ruth Clapauch (São José do Rio Preto, Brazil)

P243

Premature Ovarian Insufficiency (POI) in an adolescent patient*ePoster Presenter:* Tania Cañizares Mena (Santa Cruz de Tenerife, Spain)

P244 **Iatrogenic Premature Ovarian Insufficiency (POI) in an adolescent patient**

ePoster Presenter: Tania Cañizares Mena (Santa Cruz de Tenerife, Spain)*Break*

09:00 - 09:15

Auditorium 1

Shifting Break*Symposium*

09:15 - 10:45

Auditorium 1

Non-hormonal options for treatment of vasomotor symptoms - for whom, when and how?*Chair:* Petra Stute (Bern, Switzerland)*Chair:* C. Tamer Erel (Istanbul, Turkey)**Neurokinin 3 receptor antagonists**

09:15 - 09:40

Speaker: Petra Stute (Bern, Switzerland)**Complementary & alternative medicine**

09:40 - 10:05

Speaker: Santiago Palacios (Madrid, Spain)**Selective Serotonin Reuptake Inhibitors**

10:05 - 10:30

Speaker: Blazej Meczekalski (Poznan, Poland)**Discussion**

10:30 - 10:45

Oral Abstracts

09:15 - 10:45

Auditorium 2

Menopausal hormone therapy and non-hormone therapy (i)*Chair:* Camil Castelo-Branco (Barcelona, Spain)*Chair:* Kristina Saravinovska (Belgrade, Serbia)

OP01 **Trends in menopausal hormone therapy utilization across 11 OECD countries**

09:15 - 09:25

Oral Presenter: Lina Badawi (Toronto, Canada)

OP02 **Comparison between vaginal dehydroepiandrosterone and estradiol on dyspareunia in postmenopausal women - a randomized,**

09:25 - 09:35

	controlled trial	
<i>Oral Presenter:</i> Moa Strandberg (Stockholm, Sweden)		
OP03	Treatment Patterns for Endocrine Therapy-Related Menopausal Symptoms: A Cohort Study from Routine Clinical Practice in Germany	09:35 - 09:45
<i>Oral Presenter:</i> Cecile Janssenswillen (Basel, Switzerland)		
OP04	Revolutionising Complex Menopause Care in a National Health Service: The Launch of Video Group Clinics in Secondary Care	09:45 - 09:55
<i>Oral Presenter:</i> Nadia Hikary-Bhal (Llantrisant, United Kingdom)		
OP05	Effect of Femoston Therapy on Lp(a) in peri- and post-menopausal women	09:55 - 10:05
<i>Oral Presenter:</i> Pooja Dhungel (Beijing, China)		
OP06	The treatment of estrogen deficiency symptoms of menopause with ultra-low dose estradiol and dydrogesterone in a multi-ethnic population	10:05 - 10:15
<i>Oral Presenter:</i> Rossella Nappi (Pavia, Italy)		
OP07	Randomized controlled study to evaluate the effectiveness of group CBT for treating vasomotor symptoms in postmenopausal women in Korea	10:15 - 10:25
OP08	Patient reported outcomes from studies with low and ultra-low dose estradiol and dydrogesterone for the treatment of vasomotor symptoms of menopause	10:25 - 10:35
<i>Oral Presenter:</i> Tommaso Simoncini (Pisa, Italy)		
OP16	Quality of life improvements with estradiol spray: real-world evidence from Sweden and Finland	10:35 - 10:45
<i>Oral Presenter:</i> Päivi Polo-Kantola (Turku, Finland)		
<i>Meet the Expert</i>		
09:15 - 10:45		Auditorium 3
Improving long term health		
<i>Chair:</i> Johannes Bitzer (Basel, Switzerland)		
<i>Chair:</i> Florence Tremollieres (Toulouse, France)		
	Psychosocial health after the reproductive stage	09:15 - 09:35
<i>Speaker:</i> Johannes Bitzer (Basel, Switzerland)		
	Stress and cardiovascular health	09:35 - 09:55
<i>Speaker:</i> Rebecca Thurston (Pittsburgh, United States)		
	Bone health	09:55 - 10:15
<i>Speaker:</i> Florence Tremollieres (Toulouse, France)		
	The impact of socialization to support physical and mental health	10:15 - 10:35
<i>Speaker:</i> Rachel Weiss (Perth, United Kingdom)		
	Discussion	10:35 - 10:45
<i>Society Symposium</i>		
09:15 - 10:45		Breakout Room
The Spanish Menopause Society International meeting		
<i>Chair:</i> Nicolas Mendoza (Granada, Spain)		
<i>Chair:</i> Esther De la Viuda García (Madrid, Spain)		
	Quality of life in menopause. Results of the app "Mi Menopausia"	09:15 - 09:23
<i>Speaker:</i> Pluvio Coronado (Madrid, Spain)		
	Menopause in social networks	09:23 - 09:31

Speaker: Sonia Sánchez Méndez (Badalona, Spain)

AEEM Menoguide on Premature Ovarian Failure

09:31 - 09:39

Speaker: Jesús Presa (Jaén, Spain)

AEEM Menoguide on hot flashes

09:39 - 09:47

Speaker: Maria Fasero (Madrid, Spain)

AEEM Menoguide on obesity

09:47 - 09:55

Speaker: Francisco Quereda (Alicante, Spain)

New eligibility criteria for THM

09:55 - 10:03

Speaker: Silvia P. González (Madrid, Spain)

Use of testosterone in menopause

10:03 - 10:11

Speaker: Ana Rosa Jurado (Marbella (Málaga), Spain)

Discussion

10:11 - 10:45

Break

10:45 - 11:15

Auditorium 1

Coffee Break

Symposium

11:15 - 12:45

Auditorium 1

POI management

Chair: Nick Panay (London, United Kingdom)

Chair: Blazej Meczekalski (Poznan, Poland)

2024 ESHRE guidelines on POI

11:15 - 11:35

Speaker: Nick Panay (London, United Kingdom)

Fertility issues

11:35 - 11:55

Speaker: Basil Tarlatzis (Thessaloniki, Greece)

Is early menopause a different entity to POI?

11:55 - 12:15

Speaker: Panagiotis Anagnostis (Thessaloniki, Greece)

The impact of menopause on cardiometabolic and vascular health: comparing natural menopause and Primary Ovarian Insufficiency

12:15 - 12:35

Speaker: Samar R. El Khoudary (Pittsburgh, United States)

Discussion

12:35 - 12:45

EMAS Debate

11:15 - 12:00

Auditorium 2

Does laser have any role for GSM and incontinence?

Chair: Tommaso Simoncini (Pisa, Italy)

Chair: Camil Castelo-Branco (Barcelona, Spain)

PRO

11:15 - 11:30

Speaker: Ivan Fistonic (Zagreb, Croatia)

CON

11:30 - 11:45

Speaker: Camil Castelo-Branco (Barcelona, Spain)

Discussion

11:45 - 12:00

Meet the Expert

11:15 - 12:45

Auditorium 3

Social dimension of menopause*Chair:* Risto Erkkola (Turku, Finland)*Chair:* Francisco Quereda (Alicante, Spain)**Menopause in the workplace: challenges and unmet needs**

11:15 - 11:35

Speaker: Kathleen Riach (Glasgow, United Kingdom)**Engagement of women in their menopause**

11:35 - 11:55

Speaker: Martha Hickey (Melbourne, Australia)**Workplace design requirements**

11:55 - 12:15

Speaker: Andrea Rumler (Berlin, Germany)**Creating an organisation-wide framework of support for women's health**

12:15 - 12:35

Speaker: Rachel Suff (United Kingdom)*Speaker:* Claire McCartney (Hove, United Kingdom)**Discussion**

12:35 - 12:45

Junior Mentorship Program and EMAS School

11:15 - 12:45

Breakout Room

Junior Mentorship Program and EMAS School*Chair:* Petra Stute (Bern, Switzerland)*Chair:* Iulia Alexandra Pirga (Craiova, Romania)**The evaluation of menopausal symptom rates and severity among middle-aged women in a rural area of Turkey**

11:15 - 11:30

Oral Presenter: Ipek Betul Ozcivit Erkan (Istanbul, Turkey)**Enhancing menopause health literacy: a multilingual, multimedia approach to combat misinformation through the CoMICs framework**

11:30 - 11:45

Oral Presenter: Maria Mathiopoulou (Zurich, Switzerland)**The impact of menopause on metabolic and cardiovascular health: a preliminary analysis**

11:45 - 12:00

Oral Presenter: Iulia Alexandra Pirga (Craiova, Romania)**Premature ovarian insufficiency - leveraging current knowledge to enhance healthspan**

12:00 - 12:15

Oral Presenter: Cristiana Odukoya (Bucharest, Romania)**Contraception in perimenopause**

12:15 - 12:30

Speaker: Petra Stute (Bern, Switzerland)**Non-hormonal management of menopausal vasomotor symptoms**

12:30 - 12:45

Speaker: Elena Armeni (Athens, Greece)*The Voice of the Patients (in Spanish)*

12:00 - 12:45

Auditorium 2

Pelvic pain and incontinence*Chair:* Camil Castelo-Branco (Barcelona, Spain)*Chair:* Antonio Cano (Valencia, Spain)**The voice of the patients**

12:00 - 12:10

Speaker: Borja Pérez-Domínguez (Spain)**The voice of the patients**

12:10 - 12:20

Speaker: Mary Lynne van Poelgeest-Pomfret (Oegstgeest, Netherlands)**Open discussion**

12:20 - 12:45

Sponsored Symposium

13:00 - 14:00

Auditorium 1

Industry Sponsored Symposium*Sponsored Symposium*

14:15 - 15:15

Auditorium 2

Industry Sponsored Symposium*Break*

15:15 - 15:30

Auditorium 1

Shifting Break*Ceremony*

15:30 - 16:00

Auditorium 1

Opening Ceremony*Chair:* Antonio Cano (Valencia, Spain)*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)*Plenary Session*

16:00 - 17:30

Auditorium 1

Quality of life after menopause*Chair:* Antonio Cano (Valencia, Spain)*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)**Sexual health and wellbeing in menopause**

16:00 - 16:30

Speaker: Margaret Rees (Oxford, United Kingdom)**Management of sexual dysfunction**

16:30 - 17:00

Speaker: Rossella Nappi (Pavia, Italy)**Steroid action and brain function**

17:00 - 17:30

Speaker: Andrea Genazzani (Pisa, Italy)*Social Event*

17:30 - 18:30

Exhibition

Welcome Reception

Thursday, 15. May 2025*Society Symposium*

07:30 - 08:30

Auditorium 1

Navigating menopause: A comprehensive guide to health and well-being - Hellenic Society*Chair:* Irene Lambrinoudaki (Athens, Greece)*Chair:* Elena Armeni (Athens, Greece)**Sexual health in menopause**

07:30 - 07:50

Speaker: Stavroula Paschou (Athens, Greece)**Treatment for the genitourinary syndrome of menopause**

07:50 - 08:10

Speaker: Areti Augoulea (Athens, Greece)**Menopause and cardiovascular risk: The infertility connection**

08:10 - 08:30

Speaker: Elena Armeni (Athens, Greece)*Society Symposium*

07:30 - 08:30

Auditorium 2

Challenges of Menopause - German Menopause Society*Chair:* Katrin Schaudig (Hamburg, Germany)*Chair:* Anneliese Schwenkhagen (Germany)**Which progestin for which woman**

07:30 - 07:50

Speaker: Thomas Roemer (Cologne, Germany)**Menopause and weight**

07:50 - 08:10

Speaker: Annette Bachman (Frankfurt, Germany)**A German POI registry**

08:10 - 08:30

Speaker: Susanne Theis (Mainz, Germany)*Speaker:* Julia Schlaeger (Frankfurt, Germany)*Society Symposium*

07:30 - 08:30

Auditorium 3

Menopause: Different problems - different solutions...Turkish Menopause and Osteoporosis Society (TMOS)*Chair:* Fatih Durmusoglu (Istanbul, Turkey)*Chair:* Hakan Seyisoglu (Turkey)*Chair:* Erdogan Ertüngealp (Turkey)**Molecular genetics of POI**

07:30 - 07:45

Speaker: Elif Aksahin (Istanbul, Turkey)**Menopause in Turkey: A review of current data and challenges in Low- and Middle-Income Countries**

07:45 - 08:00

Speaker: Ipek Betul Ozcivit Erkan (Istanbul, Turkey)**Postmenopausal endometriosis**

08:00 - 08:15

Speaker: C. Tamer Erel (Istanbul, Turkey)**Breast cancer and MHT**

08:15 - 08:30

Speaker: Levent M. Senturk (Istanbul, Turkey)*Society Symposium*

07:30 - 08:30

Breakout Room

Brain, bone, and future perspectives of menopause - Dutch Society*Chair:* Femi Janse (Netherlands)*Chair:* Dorenda van Dijken (Amsterdam, Netherlands)

Bone metabolism during menopausal transition	07:30 - 07:50
<i>Speaker:</i> Esther Speksnijder (Amsterdam, Netherlands)	
Sleep and mood disturbances during menopause	07:50 - 08:10
<i>Speaker:</i> Francesca van Baarsel (Amsterdam, Netherlands)	
An interactive app for women to identify menopausal symptoms	08:10 - 08:30
<i>Speaker:</i> Arjan Karens (Netherlands)	
<i>Exhibition / ePoster</i> 08:00 - 18:00	Exhibition
Exhibition / ePoster view throughout the Congress (no oral presentation)	
<i>Sponsored Symposium</i> 08:30 - 09:30	Auditorium 2
Industry Sponsored Symposium	
<i>Plenary Session</i> 09:30 - 10:30	Auditorium 1
Major non reproductive impacts of hormones	
<i>Chair:</i> Margaret Rees (Oxford, United Kingdom)	
<i>Chair:</i> Petra Stute (Bern, Switzerland)	
Menopause hormone therapy (MHT) and risk of dementia and Alzheimer's disease (AD)	09:30 - 10:00
<i>Speaker:</i> Walter Rocca (Rochester, Minnesota, United States)	
Estrogens and fat metabolism	10:00 - 10:30
<i>Speaker:</i> Frederick Naftolin (New York, NY, United States)	
<i>Break</i> 10:30 - 10:45	Auditorium 1
Coffee Break	
<i>Symposium</i> 10:45 - 12:15	Auditorium 1
New guidelines of interest in menopausal medicine	
<i>Chair:</i> Mary Ann Lumsden (Glasgow, United Kingdom)	
<i>Chair:</i> Frederick Naftolin (New York, NY, United States)	
Kidney health	10:45 - 11:10
<i>Speaker:</i> C. Tamer Erel (Istanbul, Turkey)	
ESE MHT guidelines	11:10 - 11:35
<i>Speaker:</i> Irene Lambrinoudaki (Athens, Greece)	
NICE MHT guidelines	11:35 - 12:00
<i>Speaker:</i> Janice Rymer (London, United Kingdom)	
Discussion	12:00 - 12:15
<i>Symposium</i> 10:45 - 12:15	Auditorium 2
Pelvic floor function throughout menopause and ageing	
<i>Chair:</i> Tommaso Simoncini (Pisa, Italy)	
<i>Chair:</i> Risto Erkkola (Turku, Finland)	
Robotic pelvic floor surgery	10:45 - 11:10
<i>Speaker:</i> Tommaso Simoncini (Pisa, Italy)	

Estrogens and urinary incontinence. Friend or foe?	11:10 - 11:35
<i>Speaker:</i> Tim Hillard (Poole, United Kingdom)	
Link between faecal incontinence bladder infections and developing antibiotic resistance	11:35 - 12:00
<i>Speaker:</i> Annette Kuhn (Bern, Switzerland)	
Discussion	12:00 - 12:15
<i>Practical Session</i> 10:45 - 12:15	Auditorium 3
The menopausal transition	
<i>Chair:</i> Ellen Christine Leth Loekkegaard (Hillerod, Denmark)	
<i>Chair:</i> Donal Brennan (Dublin, Ireland)	
Contraception at the end of the reproductive life	10:45 - 11:05
<i>Speaker:</i> Ellen Christine Leth Loekkegaard (Hillerod, Denmark)	
Management of symptoms during the menopausal transition	11:05 - 11:25
<i>Speaker:</i> Placido Llana (Oviedo, Spain)	
Violence against women and menopause-related disorders	11:25 - 11:45
<i>Speaker:</i> Nicolas Mendoza (Granada, Spain)	
GLP-1 analogues and obesity during the menopausal transition	11:45 - 12:05
<i>Speaker:</i> Stavroula Paschou (Athens, Greece)	
Discussion	12:05 - 12:15
<i>Junior Mentorship Program and EMAS School</i> 10:45 - 12:15	Breakout Room
Junior Mentorship Program and EMAS School	
<i>Chair:</i> Margaret Rees (Oxford, United Kingdom)	
<i>Chair:</i> Petra Stute (Bern, Switzerland)	
Laser treatments in Vulvar lichen sclerosus (VLS), a systematic review	10:45 - 11:00
<i>Oral Presenter:</i> Elif Aksahin (Istanbul, Turkey)	
Menstrual cycle and women's reproductive, sexual, and mental health: insights from the COVID-19 pandemic	11:00 - 11:15
<i>Oral Presenter:</i> Kristina Saravinovska (Belgrade, Serbia)	
Managing menopause in women with endometriosis (MaMenEndo): a web-based survey	11:15 - 11:30
<i>Oral Presenter:</i> Meletios P. Nigdelis (Homburg, Germany)	
Management of the genitourinary syndrome of menopause to improve the quality of life	11:30 - 11:45
<i>Speaker:</i> Angelica Lindén Hirschberg (Stockholm, Sweden)	
Menopause and sexual function	11:45 - 12:00
<i>Speaker:</i> Dorenda van Dijken (Amsterdam, Netherlands)	
<i>Sponsored Symposium</i> 12:30 - 14:00	Auditorium 1
Industry Sponsored Symposium	

<i>Symposium</i> 14:15 - 15:45		Auditorium 1
Musculoskeletal health		
<i>Chair:</i> Antonio Cano (Valencia, Spain) <i>Chair:</i> Santiago Palacios (Madrid, Spain)		
Osteoporosis before 50 years	14:15 - 14:40	
<i>Speaker:</i> Serge Rozenberg (Brussels, Belgium)		
Osteoarthritis	14:40 - 15:05	
<i>Speaker:</i> Ali Mobasheri (Oulu, Finland)		
MHT in the management of osteoporosis: now more than ever	15:05 - 15:30	
<i>Speaker:</i> Jean-Yves Reginster (Riyadh, Saudi Arabia)		
Discussion	15:30 - 15:45	
 <i>Symposium</i> 14:15 - 15:45		Auditorium 2
Hyperandrogenism in postmenopausal women - an overlooked condition?		
<i>Chair:</i> Angelica Lindén Hirschberg (Stockholm, Sweden) <i>Chair:</i> Margaret Rees (Oxford, United Kingdom)		
Androgens and cosmetic: skin and hair	14:15 - 14:40	
<i>Speaker:</i> Mark P. Brincat (Malta, Malta)		
Hyperandrogenism and cardiometabolic risk	14:40 - 15:05	
<i>Speaker:</i> Angelica Lindén Hirschberg (Stockholm, Sweden)		
Diagnostics and management of postmenopausal onset of androgen excess	15:05 - 15:30	
<i>Speaker:</i> Hector Francisco Escobar-Morreale (Madrid, Spain)		
Discussion	15:30 - 15:45	
 <i>Practical Session</i> 14:15 - 15:45		Auditorium 3
Genitourinary Syndrome of Menopause		
<i>Chair:</i> Katrin Schaudig (Hamburg, Germany) <i>Chair:</i> Peter Chedraui (Samborondón, Ecuador)		
Vestibulodynia	14:15 - 14:35	
<i>Speaker:</i> Nina Bohm-Starke (Stockholm, Sweden)		
Estrogens, prasterone & SERMs: an evidence-based view	14:35 - 14:55	
<i>Speaker:</i> Katrin Schaudig (Hamburg, Germany)		
Hormones, UTI and microbiota	14:55 - 15:15	
<i>Speaker:</i> Pedro Vieira Baptista (Porto, Portugal)		
GSM and vulnerability to Sexually Transmitted Infections	15:15 - 15:35	
<i>Speaker:</i> Peter Greenhouse (Bristol, United Kingdom)		
Discussion	15:35 - 15:45	
 <i>Oral Abstracts</i> 14:15 - 15:45		Breakout Room
Post reproductive and reproductive health (i)		
<i>Chair:</i> Faustino Perez-Lopez (Zaragoza, Spain) <i>Chair:</i> Blazej Meczekalski (Poznan, Poland)		
OP25	Effects of Percutaneous E2/Micronized Progesterone vs. oral CEE/MPA on Breast Cancer Development Gene Expression in	14:15 - 14:25

Healthy Postmenopausal Women*Oral Presenter:* Gunnar Söderqvist (Stockholm, Sweden)

OP26 **Prolonged menopausal symptoms in a cohort of elderly Norwegian women** 14:25 - 14:35

Oral Presenter: Thomas Omdal (Bergen, Norway)

OP27 **Population BRCA Screening Vs. Genetic Counseling - characteristics, satisfaction and health outcomes in a Real World Setting** 14:35 - 14:45

Oral Presenter: Naama Srebnik (Jerusalem, Israel)

OP28 **Effects of Non-ablative Er-YAG Laser on Human Endometrial Stromal Cells (hESCs), A Preliminary Study** 14:45 - 14:55

Oral Presenter: C. Tamer Erel (Istanbul, Turkey)

OP29 **Associations of Trajectories of Estradiol and Follicle-Stimulating Hormone over the Menopause Transition with Future Cognition: The SWAN Study** 14:55 - 15:05

Oral Presenter: Samar R. El Khoudary (Pittsburgh, United States)

OP30 **An innovative menopause care pathway in a French hospital: description and evaluation of practices** 15:05 - 15:15

Oral Presenter: Justine Hugon-Rodin (Paris, France)

OP31 **Navigating Midlife: A Qualitative Exploration of Women's Experiences During the Midlife Transition** 15:15 - 15:25

Oral Presenter: Michelle Ness (Towson, United States)

OP32 **Development of the Sexuality Perception Scale in Menopause** 15:25 - 15:35

Oral Presenter: Neslihan Yılmaz Sezer (Ankara, Turkey)

OP33 **Comparison of EE/DRSP tablets alone or plus orlistat on ovulation recovery rate and metabolic indices in overweight/obese patients with PCOS** 15:35 - 15:45

Oral Presenter: Lingling Jiang (Beijing, China)*Break*

15:45 - 16:15

Auditorium 1

Coffee Break*Symposium*

16:15 - 17:45

Auditorium 1

Endocrine-related cancer: breast and genital tract*Chair:* Anne Gompel (Paris, France)*Chair:* Alfred Mueck (Tuebingen, Germany)**Genitourinary oncology: GSM in menopausal women with cancer**

16:15 - 16:35

Speaker: Donal Brennan (Dublin, Ireland)**Genetic susceptibility carriers**

16:35 - 16:55

Speaker: Sophia Kalantaridou (ATHENS, Greece)**Fertility preservation**

16:55 - 17:15

Speaker: Michael von Wolff (Bern, Switzerland)**The cancer survivor: a distinct type of patient**

17:15 - 17:35

Speaker: Anne Gompel (Paris, France)**Discussion**

17:35 - 17:45

Symposium

16:15 - 17:45

Auditorium 2

When MHT may be challenging*Chair:* Martin Birkhaeuser (Basel, Switzerland)*Chair:* Ludwig Kiesel (Münster, Germany)**Endometriosis**

16:15 - 16:35

Speaker: Ludwig Kiesel (Münster, Germany)**Diabetes**

16:35 - 16:55

Speaker: Elena Armeni (Athens, Greece)**MHT beyond the 60's**

16:55 - 17:15

Speaker: Martin Birkhaeuser (Basel, Switzerland)**Leiomyoma**

17:15 - 17:35

Speaker: Francisco Quereda (Alicante, Spain)**Discussion**

17:35 - 17:45

Practical Session

16:15 - 17:45

Auditorium 3

Uterine bleeding: from diagnosis to treatment*Chair:* Steven Goldstein (New York, United States)*Chair:* Risto Erkkola (Turku, Finland)**Diagnosis: Ultrasound**

16:15 - 16:35

Speaker: Steven Goldstein (New York, United States)**Hormonal management**

16:35 - 16:55

Speaker: Peter Chedraui (Samborondón, Ecuador)**Surgery: an update of new technology**

16:55 - 17:15

Speaker: Pluvio Coronado (Madrid, Spain)**Management of uterine bleeding associated with medication**

17:15 - 17:35

Speaker: Tevfik Yoldemir (Istanbul, Turkey)**Discussion**

17:35 - 17:45

Oral Abstracts

16:15 - 17:45

Breakout Room

Menopause in the workplace*Chair:* Martha Hickey (Melbourne, Australia)*Chair:* Kathleen Riach (Glasgow, United Kingdom)

OP17

Menopause after cancer: survivors' voices on symptom management and support needs

16:15 - 16:25

Oral Presenter: Michelle Peate (Parkville, Australia)

OP18

The relevance and usefulness of the European Menopause and Andropause Society (EMAS) guidelines on menopause in the workplace in a Norwegian context

16:25 - 16:35

Oral Presenter: Una Ørvm Sølvi (Bergen, Norway)

OP19

Partnering for Change: The Role of External Consultants and Frameworks in Menopause Workplace Initiatives in a Global Organisation

16:35 - 16:45

Oral Presenter: Amantha King (Nottingham, United Kingdom)*Oral Presenter:* June Potts (Liverpool, United Kingdom)

OP20

MenoMATRIX and MenoMAPP: A Holistic and Practical Guide for Developing and Implementing Menopause Support in the Workplace

16:45 - 16:55

OP21	Menopause at the Workplace in Hungary: Why Investing in Women's Health is Essential for Workplaces	16:55 - 17:05
<i>Oral Presenter:</i> Orsolya Ivanyi (Budapest, Hungary)		
OP22	Relevance, usefulness and application of the EMAS Menopause in the workplace: global consensus guidelines from a female employee perspective	17:05 - 17:15
<i>Oral Presenter:</i> Silje Maeland (Bergen, Norway)		
OP23	Menopause experiences from Norwegian workplace settings	17:15 - 17:25
<i>Oral Presenter:</i> Anita Prante (Bergen, Norway)		
OP24	Assessing the Effects of an Online Organisational Toolkit to Support Menopause in the Workplace (MENO-kit)	17:25 - 17:35
 <i>Break</i> 17:45 - 18:00		
Shifting Break		Auditorium 1
 <i>The Voice of the Patients (in Spanish)</i> 18:00 - 18:45		
When menopause is a health risk		Auditorium 1
<i>Chair:</i> Antonio Cano (Valencia, Spain)		
	"After Cancer, Menopause, and Nobody Warned Me" - Impact of cancer treatment-induced menopause in Portuguese women: Challenges and recommendations	18:00 - 18:10
<i>Speaker:</i> Cristina Mesquita de Oliveira (Porto, Portugal)		
	Open discussion	18:10 - 18:40
 <i>EMAS Debate</i> 18:00 - 18:45		
Should progesterone routinely be the first choice in MHT?		Auditorium 2
<i>Chair:</i> Irene Lambrinoudaki (Athens, Greece)		
<i>Chair:</i> Alfred Mueck (Tuebingen, Germany)		
	PRO	18:00 - 18:15
<i>Speaker:</i> Petra Stute (Bern, Switzerland)		
	CON	18:15 - 18:30
<i>Speaker:</i> Mary Ann Lumsden (Glasgow, United Kingdom)		
	Discussion	18:30 - 18:45
 <i>Sponsored Symposium</i> 18:00 - 18:45		
Industry Sponsored Symposium		Auditorium 3
 <i>Society Symposium</i> 18:00 - 19:00		
Menopause in Women Living with HIV - WAVE / EACS workshop		Breakout Room
	Welcome and introduction to WAVE	18:00 - 18:05
<i>Speaker:</i> Karoline Aebi-Popp (Bern, Switzerland)		
	WAVE menopause video	18:05 - 18:20
<i>Speaker:</i> Ophelia Haanyama (Stockholm, Sweden)		
<i>Speaker:</i> Mailin Waldecker (Switzerland)		

HIV & Menopause cases

18:20 - 18:55

Speaker: Giota Lourida (Athens, Greece)*Moderator:* Karoline Aebi-Popp (Bern, Switzerland)*Panel Member:* Mailin Waldecker (Switzerland)*Panel Member:* Ophelia Haanyama (Stockholm, Sweden)*Panel Member:* Johannes Bitzer (Basel, Switzerland)**Closing remarks**

18:55 - 19:00

Moderator: Karoline Aebi-Popp (Bern, Switzerland)*Members Only*

19:00 - 19:45

Auditorium 3

EMAS General Assembly (Members Only)*Social Event*

20:00 - 22:00

Offsite

Congress Dinner

Friday, 16. May 2025*Society Symposium*

08:00 - 09:00

Auditorium 1

Swedish Society of Obstetrics and Gynecology**Swedish guidelines of menopause and MHT 2024**

08:00 - 08:20

Speaker: Natalia Cruz (Stockholm, Sweden)**Update of Swedish PCOS guidelines**

08:20 - 08:40

Speaker: Anna-Clara Spetz Holm (Linköping, Sweden)**Discussion**

08:40 - 09:00

Society Symposium

08:00 - 09:00

Auditorium 2

Polish Society of Gynecological Endocrinology**Late fatherhood**

08:00 - 08:15

Speaker: Jakiel Grzegorz (Poland)**Infertility treatment options for women with POI and early menopause**

08:15 - 08:30

Speaker: Krzysztof Łukaszuk (Poland)**Menopausal Hormone Therapy - status 24 years after WHI study**

08:30 - 08:45

Speaker: Blazej Meczekalski (Poznan, Poland)**Menopause and obesity - new strategies**

08:45 - 09:00

Speaker: Michał Kunicki (Warszawa, Poland)*Society Symposium*

08:00 - 09:00

Auditorium 3

British Menopause Society*Chair:* Janice Rymer (London, United Kingdom)**Management of unscheduled bleeding on hormone replacement therapy (HRT)**

08:00 - 08:20

Speaker: Kristyn Manley (Bristol, United Kingdom)**Management of menopausal symptoms following treatment of gynaecological cancer**

08:20 - 08:40

Speaker: Tim Hillard (Poole, United Kingdom)**Discussion**

08:40 - 09:00

Society Symposium

08:00 - 09:00

Breakout Room

From Symptoms to Cells: Exploring the Link between Menopause, Aging and MHT - Sociedad Chilena de Climaterio*Chair:* Margot Acuña (TEMUCO, Chile)**Welcome and introduction**

08:00 - 08:05

Speaker: Margot Acuña (TEMUCO, Chile)**Menopausal symptoms: are they an early marker of aging?**

08:05 - 08:20

Speaker: Juan Enrique Blumel (Santiago, Chile)**Strategies for health aging during menopause**

08:20 - 08:35

Speaker: Victor Valverde (santiago, Chile)

The impact of menopausal hormone therapy on telomeres: evidence of a potential anti-aging effect	08:35 - 08:50
<i>Speaker:</i> Soledad Vallejo Maldonado (Santiago, Chile)	
Interactive discussion and audience Q&A	08:50 - 09:00
<i>Exhibition / ePoster</i> 08:00 - 15:45	Exhibition
Exhibition / ePoster view throughout the Congress (no oral presentation)	
<i>Break</i> 09:00 - 09:15	Auditorium 1
Shifting Break	
<i>Plenary Session</i> 09:15 - 10:15	Auditorium 1
Healthy ageing	
<i>Chair:</i> Rossella Nappi (Pavia, Italy)	
<i>Chair:</i> Dimitrios Goulis (Thessaloniki, Greece)	
Sarcopenia and dynapenia: metabolic and endocrine factors	09:15 - 09:45
<i>Speaker:</i> Faustino Perez-Lopez (Zaragoza, Spain)	
Frailty and menopause: a target for women's healthy aging	09:45 - 10:15
<i>Speaker:</i> Antonio Cano (Valencia, Spain)	
<i>Break</i> 10:15 - 10:45	Auditorium 1
Coffee Break	
<i>Symposium</i> 10:45 - 12:15	Auditorium 1
Gonadal function and sexual health in men	
<i>Chair:</i> Dimitrios Goulis (Thessaloniki, Greece)	
<i>Chair:</i> Maria Mathiopoulou (Zurich, Switzerland)	
Hypogonadism and testosterone replacement: What did we learn from the recent studies?	10:45 - 11:10
<i>Speaker:</i> Dimitrios Goulis (Thessaloniki, Greece)	
Advanced paternal aging: what can we do and what should we do?	11:10 - 11:35
<i>Speaker:</i> Alberto Pacheco (Madrid, Spain)	
Sexual function: expectations, management options and general health issues	11:35 - 12:00
<i>Speaker:</i> Giovanni Corona (Bologna, Italy)	
Discussion	12:00 - 12:15
<i>Symposium</i> 10:45 - 12:15	Auditorium 2
Cardiometabolic health in women	
<i>Chair:</i> Angela Maas (Nijmegen, Netherlands)	
<i>Chair:</i> Sonia Sánchez Méndez (Badalona, Spain)	
Cardiovascular risk factors ad postmenopause	10:45 - 11:05
<i>Speaker:</i> John Stevenson (London, United Kingdom)	
Can progestogens be an ally to reduce cardiovascular risk?	11:05 - 11:25

Speaker: Alfred Mueck (Tuebingen, Germany)

Early diagnosis of coronary heart disease in women

11:25 - 11:45

Speaker: Angela Maas (Nijmegen, Netherlands)

Metabolic syndrome during the menopausal transition in China: is there an ethnic profile?

11:45 - 12:05

Speaker: Xiangyan Ruan (Beijing, China)

Discussion

12:05 - 12:15

Society Symposium

10:45 - 12:00

Auditorium 3

AAPEC Symposium

Chair: Gustavo Litterio (Buenos Aires, Argentina)

POI a challenge for the gynecologist

10:45 - 10:57

Speaker: Pablo Carpintero (Buenos Aires, Argentina)

Immediate and late genitourinary consequences of POI

10:57 - 11:09

Speaker: Analia Pesado (Buenos Aires, Argentina)

Future implications of POI on the cardiovascular system

11:09 - 11:21

Speaker: Rita Caro (Buenos Aires, Argentina)

How does POI impact bone mass

11:21 - 11:33

Speaker: Claudia Rey (Ciudad Autonoma de Buenos Aires, Argentina)

Fertility in patients with POI

11:33 - 11:45

Speaker: Graciela Lopez de Degani (Argentina)

Discussion panel

11:45 - 12:00

Speaker: Cristina Sandor (Buenos Aires, Argentina)

Speaker: Valeria Freijedo (Argentina)

Speaker: Olga Marega (Argentina)

Oral Abstracts

10:45 - 12:15

Breakout Room

Post reproductive and reproductive health (ii)

Chair: Peter Chedraui (Samborondón, Ecuador)

Chair: Cristiana Odukoya (Bucharest, Romania)

OP34

Synergistic or Standalone? Exploring the Impact of Combined Exercise and Hormone Replacement Therapy on Body Composition and Muscle Function

10:45 - 10:55

Oral Presenter: Patrick Calders (Ghent, Belgium)

OP35

Self-rated health after contracted endometrial and breast cancer between diabetic and non-diseased women: A 20-year population-based study

10:55 - 11:05

Oral Presenter: Maria Kalliosaari (Jyväskylä, Finland)

OP36

Investigating the Role of FSH in Postmenopausal Metabolic Health

11:05 - 11:15

Oral Presenter: Federica Barbagallo (Catania, Italy)

OP37

Menopause and dry eye syndrome: prevalence and associated factors in a tertiary hospital

11:15 - 11:25

Oral Presenter: Kitti Chattrakulchai (Bangkok, Thailand)

OP38

Sexual function status and risk factors for female sexual dysfunction in Chinese patients with premature ovarian insufficiency

11:25 - 11:35

Oral Presenter: Zecheng Wang (Beijing, China)

OP39 **'There is absolutely no facet of my life that it hasn't affected' - experiences of symptoms during perimenopause** 11:35 - 11:45

Oral Presenter: Miriam B. Murphy (Athlone, Ireland)

OP40 **Contraceptive use and pregnancy in women with cystic fibrosis** 11:45 - 11:55

Oral Presenter: Jennifer Chin (Seattle, United States)

OP41 **Intraurethral and intravaginal Er:YAG laser therapy vs. intraurethral alone: which provides better long-term relief for urinary incontinence?** 11:55 - 12:05

Oral Presenter: C. Tamer Erel (Istanbul, Turkey)

OP42 **The effectiveness of psychosocial interventions on non-physiological symptoms of menopause: A systematic review and meta-analysis** 12:05 - 12:15

Oral Presenter: Aimee Spector (London, United Kingdom)

Society Symposium

12:15 - 13:15

Auditorium 3

The Complexities of Contraception in Perimenopause: Navigating Safety, Benefits, and Sexual Well-being (ISGE)

Chair: Tommaso Simoncini (Pisa, Italy)

Chair: Andrea Genazzani (Pisa, Italy)

Safety and risks of contraception in perimenopause 12:15 - 12:35

Speaker: Cuauhtemoc Celis Gonzalez (Mexico)

Health benefits of contraception in perimenopause 12:35 - 12:55

Speaker: Katrin Schaudig (Hamburg, Germany)

Impact on sexual well-being of women in perimenopause 12:55 - 13:15

Speaker: Johannes Bitzer (Basel, Switzerland)

Society Symposium

12:15 - 13:15

Breakout Room

Stratification of cardiovascular and breast risk and impact on MHT. The French position - French Menopause Society-GEMVi

Chair: Patrice Lopes (Nantes, France)

Evaluation of breast risk at menopause: what impact on the use of menopausal hormone therapy? 12:15 - 12:35

Speaker: Anne Gompel (Paris, France)

Vascular risk at menopause: How and in which women should it be assessed? 12:35 - 12:55

Speaker: Florence Tremollieres (Toulouse, France)

Vascular risk at menopause: The importance of a cardio-gynecological program 12:55 - 13:15

Speaker: Geneviève Plu-Bureau (Paris, France)

Sponsored Symposium

12:30 - 13:30

Auditorium 2

Industry Sponsored Symposium

Society Symposium

13:15 - 14:15

Auditorium 3

Role of hormonal replacement therapy in the management of osteoporosis, in men and in women - ESCEO

Chair: Jean-Yves Reginster (Riyadh, Saudi Arabia)

Chair: Angelica Lindén Hirschberg (Stockholm, Sweden)

Role of MHT in the management of post-menopausal osteoporosis	13:15 - 13:35
<i>Speaker:</i> Nicholas Harvey (Southampton, United Kingdom)	
Impact of hormonal replacement therapy on bone health, in men	13:35 - 13:55
<i>Speaker:</i> Maria Luisa Brandi (Italy)	
Discussion	13:55 - 14:15
<i>Speaker:</i> Jean-Yves Reginster (Riyadh, Saudi Arabia)	
<i>Society Symposium</i> 13:15 - 14:15	Breakout Room
Is aging inevitable? Delaying aging - Portuguese Society Symposium	
<i>Chair:</i> Claudio Rebelo (PORTO, Portugal)	
Physical pelvic therapy for ALL	13:15 - 13:35
<i>Speaker:</i> Maria Inês Simões (Portugal)	
The place of physical exercise	13:35 - 13:55
<i>Speaker:</i> Alexandre Rebelo Marques (Braga, Portugal)	
Inflammation, drugs and genomics for delaying aging	13:55 - 14:15
<i>Speaker:</i> José Pedro Castro (Porto, Portugal)	
<i>Symposium</i> 14:15 - 15:45	Auditorium 1
Other issues affecting quality of life in the menopausal transition and post-menopause	
<i>Chair:</i> Dorenda van Dijken (Amsterdam, Netherlands)	
<i>Chair:</i> Pluvio Coronado (Madrid, Spain)	
Insomnia	14:15 - 14:40
<i>Speaker:</i> Paola Proserpio (Milan, Italy)	
Depression	14:40 - 15:05
<i>Speaker:</i> Pauline Maki (Chicago, United States)	
Anxiety	15:05 - 15:30
<i>Speaker:</i> Dorenda van Dijken (Amsterdam, Netherlands)	
Discussion	15:30 - 15:45
<i>Symposium</i> 14:15 - 15:45	Auditorium 2
Lifestyle to improve health and quality of life	
<i>Chair:</i> Antonio Cano (Valencia, Spain)	
<i>Chair:</i> Borja Pérez-Domínguez (Spain)	
Exercise after the fifties: which and how?	14:15 - 14:40
<i>Speaker:</i> Mats Hammar (Linköping, Sweden)	
Intermittent fasting in the menopause metabolic syndrome	14:40 - 15:05
<i>Speaker:</i> Kerstin Brismar (Stockholm, Sweden)	
Dyslipidemia and lifestyle	15:05 - 15:30
<i>Speaker:</i> Chrisandra L. Shufelt (Jacksonville, United States)	
Discussion	15:30 - 15:45

EMAS Debate

14:15 - 15:00

Auditorium 3

Does MHT have a role for prevention of non communicable diseases?*Chair:* John Stevenson (London, United Kingdom)*Chair:* Janice Rymer (London, United Kingdom)**PRO**

14:15 - 14:30

Speaker: Rafael Sanchez Borrego (Barcelona, Spain)**CON**

14:30 - 14:45

Speaker: Cuauhtemoc Celis Gonzalez (Mexico)**Discussion**

14:45 - 15:00

Oral Abstracts

14:15 - 15:45

Breakout Room

Menopausal hormone therapy and non-hormone therapy (ii)*Chair:* Martin Birkhaeuser (Basel, Switzerland)*Chair:* Meletios P. Nigdelis (Homburg, Germany)*Chair:* Elif Aksahin (Istanbul, Turkey)

OP09

Hormone therapy reduces the effect of age on cognitive decline: NHANES 2011-2014 cross-sectional study

14:15 - 14:25

Oral Presenter: Paula Amado Riveros (Augusta, United States)

OP10

Long-term effectiveness of ospemifene in treatment of moderate to severe vulvo-vaginal atrophy: the PatiEnt satisfactiON (PEONY) study

14:25 - 14:35

Oral Presenter: Rossella Nappi (Pavia, Italy)

OP11

Estetrol (E4) Provides Complete Relief from Vasomotor Symptoms in One-Third of Participants in the E4COMFORT I Phase 3 Clinical Trial

14:35 - 14:45

Oral Presenter: Tommaso Simoncini (Pisa, Italy)

OP12

Menopause and menopause hormone therapy in women with kidney disease

14:45 - 14:55

OP13

A novel approach to MHT in perimenopause: violet study results

14:55 - 15:05

Oral Presenter: Svetlana Yureneva (Moscow, Russian Federation)

OP14

Why and how to tailor the daily doses of transdermal MHT with estradiol gels? the current clinically meaningful evidence

15:05 - 15:15

Oral Presenter: Paul Charles M Piette (Florence, Italy)

OP15

Effect of curcuminoid on vasomotor symptoms: A prospective, double-blinded, randomized controlled trial

15:15 - 15:25

Oral Presenter: Jinjutha Buntoonprayuk (Bangkok, Thailand)*Break*

15:45 - 16:15

Auditorium 1

Coffee Break*Plenary Session*

16:15 - 17:15

Auditorium 1

Digital support and menopausal medicine*Chair:* Antonio Cano (Valencia, Spain)*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)**Artificial intelligence and healthy ageing**

16:15 - 16:45

Speaker: Alan Godfrey (Newcastle, United Kingdom)**Digital technology to support women during the menopausal**

16:45 - 17:15

transition

Speaker: Aisling O'Kane (Bristol, United Kingdom)

Ceremony

17:15 - 17:45

Auditorium 1

Closing Ceremony

Chair: Antonio Cano (Valencia, Spain)

Chair: Angelica Lindén Hirschberg (Stockholm, Sweden)

Chair: Petra Stute (Bern, Switzerland)