

**Wednesday, 14. May 2025***Society Symposium*

08:00 - 09:00

Auditorium 1

**IMS guidance on selected topics for evidence-based clinical practice - International Menopause Society***Chair:* Nick Panay (London, United Kingdom)*Chair:* Rossella Nappi (Pavia, Italy)**Introduction**

08:00 - 08:05

**A milestone for the women in preventive health**

08:05 - 08:20

*Speaker:* Seng Bin Ang (Singapore)**Vasomotor symptoms**

08:20 - 08:35

*Speaker:* Pauline Maki (Chicago, United States)**Genitourinary Syndrome of Menopause**

08:35 - 08:50

*Speaker:* Wendy Wolfman (Canada)**Q&A**

08:50 - 09:00

*Society Symposium*

08:00 - 09:00

Auditorium 2

**Reviewing menopause from a gynaecological endocrinological perspective - Sociedad Argentina de Endocrinología Ginecológica y Reproductiva (SAEGRE)***Chair:* Graciela Lopez de Degani (Argentina)**Declining estrogens, mood, reward, stress and other stories**

08:00 - 08:12

*Speaker:* Sandra Cecilia Demayo (Buenos Aires, Argentina)**The gut microbiome as an important player in wellness**

08:12 - 08:24

*Speaker:* Blanca Campostrini (Buenos Aires, Argentina)**Can endometriosis emerge or reappear in menopause? A new concern**

08:24 - 08:36

*Speaker:* Mercedes Lasaga (LA PLATA, Argentina)**Aging and hormonal decline in transgender people: risks and therapeutic options**

08:36 - 08:48

*Speaker:* Fabian Gomez Giglio (San Carlos de Bariloche, Argentina)**Discussion**

08:48 - 09:00

*Speaker:* Rocío Cordoba (Argentina)*Speaker:* Romina Tizzano (Buenos Aires, Argentina)*Society Symposium*

08:00 - 09:00

Auditorium 3

**Issues in gynecological endocrinology: New experience from China - Chinese Society of Gynecological Endocrinology affiliated to ISGE***Chair:* Alfred Mueck (Tuebingen, Germany)*Chair:* Xiangyan Ruan (Beijing, China)**Prevention and treatment of iatrogenic POI to protect fertility and ovarian function**

08:00 - 08:15

*Speaker:* Xiangyan Ruan (Beijing, China)**First official clinical centre for ovarian cryopreservation in China**

08:15 - 08:30

*Speaker:* Muqing Gu (Beijing, China)**Hormonal contraception in perimenopause - different issues in Asia (China) compared to Europe**

08:30 - 08:45

*Speaker:* Alfred Mueck (Tuebingen, Germany)

<b>Membrane-bound receptor component as new predictive marker for increased breast cancer risk</b>		08:45 - 09:00
<i>Speaker:</i> Yuejiao Wang (Beijing, China)		
<i>Society Symposium</i> 08:00 - 09:00		Breakout Room
<b>EBCOG (European Congress in Obstetrics and Gynaecology)</b>		
<b>Declining fertility rates: A global threat</b>		08:00 - 08:20
<i>Speaker:</i> Basil Tarlatzis (Thessaloniki, Greece)		
<b>Perimenopause - from contraception to Menopausal Hormone Therapy</b>		08:20 - 08:40
<i>Speaker:</i> Johannes Bitzer (Basel, Switzerland)		
<b>Discussion</b>		08:40 - 09:00
<i>Exhibition / ePoster</i> 08:00 - 19:00		Exhibition
<b>Exhibition / ePoster view throughout the Congress (no oral presentation)</b>		
P001	<b>Menopausal Symptoms in Premature Ovarian Insufficiency and Menopause at a Canadian Tertiary Care Centre</b>	
<i>ePoster Presenter:</i> Rehona Zamani (Toronto, Canada)		
P002	<b>The psychometric properties and applicability of subjective cognitive measures used in menopause research: A systematic review</b>	
<i>ePoster Presenter:</i> Lexi He (London, United Kingdom)		
P004	<b>The prevalence and influencing factors of sleep problems among 35-60 women in China</b>	
<i>ePoster Presenter:</i> Ruimin Zheng (Beijing, China)		
P005	<b>Qualitative Assessment of the Impact of Menopausal Vasomotor Symptoms on the Lives of Women Who Are Not Suitable Candidates for Hormone Therapy</b>	
<i>ePoster Presenter:</i> Angelica Lindén Hirschberg (Stockholm, Sweden)		
P006	<b>Estetrol has no effect on blood pressure in postmenopausal women, including those with cardiovascular risk factors</b>	
<i>ePoster Presenter:</i> Tommaso Simoncini (Pisa, Italy)		
P007	<b>Diabetes mellitus and chronic arterial hypertension: factors associated with physical/mental fatigue in Colombian Afro-descendant climacteric women</b>	
<i>ePoster Presenter:</i> Angelica Monterrosa-Blanco (Cartagena, Colombia)		
P008	<b>Prevalence and Characteristics of Persistent Climacteric Symptoms in Women Using Hormone Therapy in the General Population of Spain</b>	
<i>ePoster Presenter:</i> Marina Romero-Domínguez (Málaga, Spain)		
P009	<b>Exploring menopause knowledge, attitudes and experiences of women in Saudi Arabia</b>	
<i>ePoster Presenter:</i> Ghada AlSwayied (London, United Kingdom)		
P011	<b>The influence of body fat distribution on vasomotor symptoms: a cross-sectional study in Thai menopausal women</b>	
<i>ePoster Presenter:</i> Asama Tamronglak (Ratchathewi, Thailand)		
P012	<b>Comprehensive assessment of women during menopause from a midwife's consultation</b>	
<i>ePoster Presenter:</i> Monica Blas-Robledo (Bilbao, Spain)		

- P015                    **Impact of an advanced nurse practitioner led menopause clinic on quality of life and menopausal symptoms**  
*ePoster Presenter:* Catriona Keye (Dublin and Cork, Ireland)
- P017                    **The treatment of vasomotor symptoms with ultra-low dose estradiol and dydrogesterone in China and Europe**  
*ePoster Presenter:* Marcelo Graziano Custodio (Allschwil, Switzerland)
- P018                    **How to conduct an emotional evaluation for a woman in menopause in a midwife's consultation**  
*ePoster Presenter:* Monica Blas-Robledo (Bilbao, Spain)
- P019                    **Signs and symptoms of vulvovaginal atrophy in clinical practice - possible involvement of thyroid autoimmunity in genitourinary syndrome of menopause**  
*ePoster Presenter:* Laura Cucinella (Pavia, Italy)
- P021                    **Efficacy of Vaginal 17B eta-Estradiol on the Urinary Storage Symptoms in Postmenopausal Women: A Randomized Double-blind, Placebo-controlled Study**  
*ePoster Presenter:* Jittima Manonai Bartlett (Bangkok, Thailand)
- P022                    **Efficacy of Nd:YAG (neodymium) laser in the treatment of patients with symptoms of genitourinary menopausal syndrome**  
*ePoster Presenter:* Inna Apolikhina (Moscow, Russian Federation)
- P023                    **Evaluation of symptoms in women with genitourinary syndrome of menopause after non-ablative Erbium:YAG laser therapy**  
*ePoster Presenter:* Angel Arturo Blanes Martinez (Valencia, Spain)
- P024                    **Shear wave elastography: A novel objective method in assessing atrophic vaginitis treated with intravaginal Er:YAG laser, a randomized pilot study**  
*ePoster Presenter:* Ipek Betul Ozcivit Erkan (Istanbul, Turkey)
- P025                    **Dynamic quadripolar radiofrequency versus local estrogens in treatment of genitourinary syndrome in menopause**  
*ePoster Presenter:* Tatiana Teterina (Moscow, Russian Federation)
- P028                    **Assessment of Genitourinary Syndrome of Menopause in spanish women: A Private Practice Study Using Bachmann's and Palacios' Indices**  
*ePoster Presenter:* Esther De la Viuda García (Madrid, Spain)
- P029                    **Interest in the use of estradiol vaginal ring for genitourinary syndrome: quantitative insights from social media reactions**  
*ePoster Presenter:* Analia Pesado (Buenos Aires, Argentina)
- P030                    **Assessment of oestradiol levels in women using vaginal oestradiol pessaries for genitourinary symptoms following treatment of breast cancer**  
*ePoster Presenter:* Vikram Sinai Talaulikar (London, United Kingdom)
- P031                    **Influence of Black Cohosh on hippocampal and hypothalamic gene expression in ovariectomized rats and its potential to treat menopausal smell decrease**  
*ePoster Presenter:* Elena Pavicic (Bern, Switzerland)
- P032                    ***Cimicifuga racemosa* extract Ze 450 reduces body and fat mass gain induced by physical inactivity and boosts physical activity in female rats**  
*ePoster Presenter:* Elisabeth Habersatter (Cologne, Germany)
- P033                    **Meditation Kirtan Kriya and Kundalini Yoga for at risk menopausal women's memory: a randomized controlled trial**  
*ePoster Presenter:* Gloria Borrás-Boneu (Barcelona, Spain)

- P034 **CLIMACTERIC SYMPTOMS IN WOMEN AT NATURAL OR SURGICAL MENOPAUSE THEIR CORRECTION**  
*ePoster Presenter:* Tatsiana Milosh (Grodno, Belarus)
- P035 **Update on a special Extract of Rheum rhaponticum**  
*ePoster Presenter:* Peter Heger (Ubstadt-Weiher, Germany)
- P037 **Dietary habits related to Mediterranean style diet are associated with liver fibrosis parameters, APRI and FIB4 score in menopausal women**  
*ePoster Presenter:* Ifigeneia Avgousti (Athens, Greece)
- P038 **Empowering Change: Insights from the Menopause Mandate Big Menopause Survey 2024 Overview**  
*ePoster Presenter:* Juliet Balfour (London, United Kingdom)
- P040 **Alleviating Menopausal Symptoms: The Use of Dietary and Herbal Supplements in Irish Cancer Survivors Impacted by Menopause**  
*ePoster Presenter:* Katie Ellen Johnston (Cork, Ireland)
- P041 **Meal patterns and physical activity are associated with health-related quality of life, handgrip strength and MAFLD indices during menopause**  
*ePoster Presenter:* Iliana Karagkouni (Athens, Greece)
- P042 **Vitamin D and calcium intake in menopause and premature ovarian insufficiency at a tertiary care centre**  
*ePoster Presenter:* Rehona Zamani (Toronto, Canada)
- P044 **Expectations in the transition to menopause: a cross-sectional study**  
*ePoster Presenter:* Eugenio Blanes Martinez (Valencia, Spain)
- P046 **BARRIERS AND MOTIVATORS FOR PHYSICAL ACTIVITY AMONG WOMEN UNDERGOING MENOPAUSE IN SAUDI ARABIA: An Exploratory Qualitative Study**  
*ePoster Presenter:* Ghada AlSwayied (London, United Kingdom)
- P047 **Combinatory effects of an ecdysteroid-rich spinach extract and training on strength of postmenopausal women**  
*ePoster Presenter:* Christina Lautner (Köln, Germany)
- P048 **Dietary intake and associations with perimenopausal symptoms; a cross-sectional study**  
*ePoster Presenter:* Miriam B. Murphy (Athlone, Ireland)
- P049 **Effects of time-restricted-eating (TRE) and neuromuscular training on body composition in overweight postmenopausal women. Protocol POTENT study**  
*ePoster Presenter:* Pilar López López (Madrid, Spain)
- P050 **Correlation of menopausal symptoms with female sexual dysfunction in Chinese women**  
*ePoster Presenter:* Rui Ju (Beijing, China)
- P051 **The Sexual Schemas of Menopausal Women**  
*ePoster Presenter:* Kate B. Metcalfe (Austin, United States)
- P052 **Understanding the role of marital dynamics in sexual dysfunction among menopausal women in Pakistan**  
*ePoster Presenter:* Fahmeeda Idrees (Tampere, Finland)
- P053 **The Impact of Menopause and Premature Ovarian Insufficiency on Women's Sexual Health Function in a Canadian Population**  
*ePoster Presenter:* Cynthia Sowgol Abbasi (Saskatoon, Canada)

- P054                    **Treatment of Vulvo-vaginal atrophy (VVA) using vaginal dilators in addition to usual treatment: a randomized control trial**  
*ePoster Presenter:* Julie Pirral (Brussels, Belgium)
- P055                    **How to conduct a sexual function evaluation for a woman in menopause in a midwife's consultation**  
*ePoster Presenter:* Monica Blas-Robledo (Bilbao, Spain)
- P057                    **Expansion of eligibility criteria for menopausal hormone therapy: autoimmune diseases**  
*ePoster Presenter:* Maria Fasero (Madrid, Spain)
- P059                    **The efficacy of low-dose and ultra-low-dose estradiol and dydrogesterone: an analysis by body mass index**  
*ePoster Presenter:* Tommaso Simoncini (Pisa, Italy)
- P060                    **Venous thromboembolic risk among peri- and postmenopausal women on licensed and off-label transdermal oestradiol doses: a retrospective cohort study**  
*ePoster Presenter:* Amy Neville (Stratford-upon-Avon, United Kingdom)
- P061                    **Prescribing for Women's Health in people with Kidney Disease**  
*ePoster Presenter:* Hannah Beckwith (London, United Kingdom)
- P062                    **DYNAMIC THERAPY IN SYMPTOMATIC POST-MENOPAUSAL WOMEN**  
*ePoster Presenter:* Giuseppe Caruso (Catania, Italy)
- P063                    **Plasma Alzheimer's biomarkers are useful to monitor the impact of menopause hormone therapy on progression of AD**  
*ePoster Presenter:* Herman Depypere (Gent, Belgium)
- P064                    **Breast and endometrial safety of micronised progesterone vs norethisterone acetate in menopausal hormone therapy: study protocol of a double-blind RCT**  
*ePoster Presenter:* Christina Lundell (Stockholm, Sweden)
- P065                    **Treatments Prescribed to Women Experiencing Natural Menopause: A Cohort Study from Routine Clinical Practice in Germany**  
*ePoster Presenter:* Cecile Janssenswillen (Basel, Switzerland)
- P066                    **The safety profile of ultra-low dose estradiol and dydrogesterone in postmenopausal women**  
*ePoster Presenter:* John Stevenson (London, United Kingdom)
- P067                    **Is the use of MHT safe in endometriosis?**  
*ePoster Presenter:* Antonio Carballo García (Jaén, Spain)
- P068                    **Prevalence of low mood, thoughts of self-harm and suicidal ideation in peri- and postmenopausal women**  
*ePoster Presenter:* Daniel Reisel (London, United Kingdom)
- P069                    **Twelve-Months Treatment Effects of Romosozumab in Postmenopausal Korean Women with Osteoporosis: A Retrospective Real World Data**  
*ePoster Presenter:* Jung Hyun Park (Seoul, Korea, Republic of)
- P070                    **Effect of HRT on antidepressant deprescribing in peri- and postmenopausal women with mood symptoms: a retrospective cohort study**  
*ePoster Presenter:* Aini Kamal (Stratford-upon-Avon, United Kingdom)
- P071                    **Menopausal hormone therapy effects on biometrics: 6 months of orally daily treatment with E2 1 mg and P4 100 mg**  
*ePoster Presenter:* Luciana Bergamaschi (Barcelona, Spain)

- P072                    **Ultrasonographic Evaluation of The Effect of Menopausal Hormone Therapy On Hepatic Steatosis**  
*ePoster Presenter:* Mert Urfalioglu (Istanbul, Turkey)
- P073                    **Menopausal Hormone Therapy: An insight into knowledge and attitudes of physicians in Singapore**  
*ePoster Presenter:* Farah Safdar (Singapore, Singapore)
- P074                    **Epidemiological Analysis of Women Undergoing Hormone Therapy in the General Population of Spain at Present**  
*ePoster Presenter:* Marina Romero-Domínguez (Málaga, Spain)
- P076                    **Expansion of eligibility criteria for menopausal hormone therapy: Parkinson's disease**  
*ePoster Presenter:* Sonia Sánchez Méndez (Badalona, Spain)
- P077                    **Expansion of eligibility criteria for menopausal hormone therapy: multiple sclerosis**  
*ePoster Presenter:* Sonia Sánchez Méndez (Badalona, Spain)
- P078                    **THYROID PAPILLARY CARCINOMA ARISING FROM STRUMA OVARII IN A POSTMENOPAUSAL WOMEN RECEIVING MHT: A CASE REPORT**  
*ePoster Presenter:* Mert Urfalioglu (Istanbul, Turkey)
- P081                    **The personalized approach for MHT selection according to women androgen status during menopausal transition**  
*ePoster Presenter:* Svetlana Dubrovina (Rostov-on-Don, Russian Federation)
- P082                    **Using MHT in cancer survivor**  
*ePoster Presenter:* Svetlana Dubrovina (Rostov-on-Don, Russian Federation)
- P083                    **Comparison between the effects of silastic hormonal implant and Estradiol transdermal gel in climacteric women: a randomized controlled trial**  
*ePoster Presenter:* Guilherme Renke (Rio de Janeiro, Brazil)
- P084                    **Challenges in hormone replacement therapy for endometriosis**  
*ePoster Presenter:* Andra Neacsu (Bucharest, Romania)
- P085                    **Menopause Doesn't Take Time Off from 9 to 5**  
*ePoster Presenter:* Kinga Fromlewicz (Gdynia, Poland)
- P086                    **Effectiveness of workplace-based interventions for menopause; an updated systematic review**  
*ePoster Presenter:* Chithramali Hasanthika Rodrigo (Aberdeen, United Kingdom)
- P089                    **Menopausal symptoms as predictors of work ability among working women over the age of 40 in Serbia**  
*ePoster Presenter:* Mina Hagen (Belgrade, Serbia)
- P090                    **How menopause friendly is my workplace: what is working well and what should be improved**  
*ePoster Presenter:* Chithramali Hasanthika Rodrigo (Aberdeen, United Kingdom)
- P092                    **SDF-1/CXCR4 axis regulating mesenchymal stem cell migration and homing in epirubicin-induced premature ovarian failure mice**  
*ePoster Presenter:* Xue Du (Tianjin, China)
- P093                    **Observation on the Clinical Efficacy of Traditional Chinese Medicine Ligustrum lucidum in Women With Diminished Ovarian Reserve**  
*ePoster Presenter:* Jun Ma (Beijing, China)
- P094                    **Cryopreservation of ovarian tissue in 46 pediatric girls before undergoing allogenic hematopoietic stem cell transplantation**

*ePoster Presenter:* Jiao Chen (Beijing, China)

P095                    **Association of primary ovarian insufficiency with handgrip strength in Korean women: a national population-based study**

*ePoster Presenter:* Hoon Kim (Seoul, Korea, Republic of)

P096                    **The Premature Ovarian Insufficiency (POI) database in Spain. Mid-term follow-up results (Code IIBSP-IOP-2012-109. ClinicalTrials.govID:NCT02068976)**

*ePoster Presenter:* Bruna Miarons Ferre (Barcelona, Spain)

P097                    **The association between intestinal flora and premature ovarian failure was investigated by Mendelian randomization**

*ePoster Presenter:* Xue Du (Tianjin, China)

P098                    **Betaine ameliorates age-related ovarian dysfunction in mice**

*ePoster Presenter:* Yingjie Gu (Wuxi, China)

P100                    **Primary Ovarian Insufficiency (POI) secondary to radiotherapy and chemotherapy diagnosed due to primary amenorrhea**

*ePoster Presenter:* Nadia Díaz Nakamura (Santa Cruz de Tenerife, Spain)

P101                    **Analysis of the current status of bone mineral density and influencing factors in early menopausal women**

*ePoster Presenter:* Anming LIU (Beijing, China)

P102                    **The impact of hormone replacement therapy on bone mineral density after hematopoietic stem cell transplantation**

*ePoster Presenter:* Jisu Mun (Seoul, Korea, Republic of)

P103                    **Change of health-related quality of life in patients with premature ovarian insufficiency taking different doses of HRT**

*ePoster Presenter:* Svetlana Yureneva (Moscow, Russian Federation)

P104                    **The Premature Ovarian Insufficiency (POI) database in Spain. Basal characteristics (Code IIBSP-IOP-2012-109. ClinicalTrials.govID:NCT02068976)**

*ePoster Presenter:* Isabet Mayordomo Bofill (Barcelona, Spain)

P105                    **Prevention and treatment of iatrogenic POI using ovarian tissue cryopreservation and transplantation in patients with primary malignancies**

*ePoster Presenter:* Xiangyan Ruan (Beijing, China)

P106                    **Vasomotor symptoms after surgical menopause: prevalence, characteristics and contributing factors**

*ePoster Presenter:* Sindija Kezika (Riga, Latvia)

P110                    **Combined Oral Contraception: A Therapeutic Bridge in the Menopausal Transition**

*ePoster Presenter:* Elisabet Robert Marchal (Barcelona, Spain)

P112                    **Quality of Life Benefit of a Dedicated Menopause Service For Women With Cancer**

*ePoster Presenter:* Helen Ryan (Dublin, Ireland)

P113                    **A novel approach to managing education, side-effects and quality of life (QOL) following a cancer treatment induced menopause/andropause**

*ePoster Presenter:* Lisa Punt (Cambridge, United Kingdom)

P114                    **Evaluation of the Quality of Life Level in Women Using Hormone Therapy in the General Population of Spain**

*ePoster Presenter:* Marina Romero-Domínguez (Málaga, Spain)

P115                    **Women's information needs about menopause: a cross-sectional**

- survey in Norwegian general practice**  
*ePoster Presenter:* Marianne Natvik (Oslo, Norway)
- P116 **Retrospectove study evaluating the effectiveness of Femilift treatment**  
*ePoster Presenter:* Evangelia MARAGOUDAKI (Athens, Greece)
- P117 **The impact of estrogen deficiency symptoms on health-related quality of life in menopausal-aged women in China**  
*ePoster Presenter:* Kyoo Kim (Allschwil, Switzerland)
- P118 **Assessment of Quality of life of Women in Menopause in Greece using SF-36 questionnaire**  
*ePoster Presenter:* Christina Georgi (Thessaloniki, Greece)
- P120 **Insights from Social-Media Listening in Menopause in Europe**  
*ePoster Presenter:* Marcelo Graziano Custodio (Allschwil, Switzerland)
- P121 **Personalized Nutrition and Smart Wearables for Menopause Management**  
*ePoster Presenter:* Dorothea Portius (Heilbronn, Germany)
- P122 **Prevalence and related factors of depression in Thai postmenopausal women from 40 years old and above**  
*ePoster Presenter:* Thanista Phothicharoenthanachok (Bangkok, Thailand)
- P123 **Evaluating the cost utility of estradiol plus dydrogesterone for the treatment of menopausal women in China**  
*ePoster Presenter:* Kyoo Kim (Allschwil, Switzerland)
- P124 **The impact of menopause education on quality of life among menopausal women: a systematic review with meta-analysis**  
*ePoster Presenter:* Catriona Keye (Dublin and Cork, Ireland)
- P125 **ERA in optimizing embryo transfer timing and its clinical impact in PCOS patients: a preliminary exploration**  
*ePoster Presenter:* Xiaoyu Yu (Chengdu, China)
- P127 **The effect of basal LH/FSH ratio on reproductive outcomes of GnRH antagonist regimen IVF/ICSI-ET in PCOS patients**  
*ePoster Presenter:* Jing Cai (Dong Guan, China)
- P129 **Physicians' barriers hindering to treat patients with sexual problems — a study with general practitioners and obstetrician-gynecologists**  
*ePoster Presenter:* Päivi Polo-Kantola (Turku, Finland)  
*ePoster Presenter:* Anna Aromaa (Turku, Finland)
- P130 **Improvement in the vaginal microbiota in GSM patients treated with non-ablative Erbium:YAG laser**  
*ePoster Presenter:* Leticia Lazzaretta (Palma de Mallorca, Spain)
- P131 **Effectiveness of hormone therapy in recent menopause: impact on quality of life and sexual function**  
*ePoster Presenter:* Rosa Mora Ruiz-Moyano (Santa Cruz de Bezana, Spain)
- P133 **Feasibility and Surgical Outcomes of Single-Port Robotic Sacrocolpopexy**  
*ePoster Presenter:* Jung-Ho Shin (Seoul, Korea, Republic of)
- P135 **The Safety and Efficacy of Erbium:YAG laser for the management of SUI: A systematic review and meta-analysis**
- P137 **Possibilities of preoperative preparation of the vaginal mucosa in postmenopausal women with genital prolapse**  
*ePoster Presenter:* Anna Mikhelson (Ekaterinburg, Russian Federation)



- P139                    **Anterior and Posterior Vaginal Wall Thickness in Women Without Genital Prolapse**  
*ePoster Presenter:* Mert Urfalioglu (Istanbul, Turkey)
- P141                    **Ischemic Urethral Prolapse in Postmenopausal Woman - Case Report**  
*ePoster Presenter:* Filomena Silveira (Valença, Brazil)
- P142                    **Insights from Social-Media Listening in Abnormal Uterine Bleeding in India**  
*ePoster Presenter:* Marcelo Graziano Custodio (Allschwil, Switzerland)
- P143                    **Insights from Social-Media Listening in Abnormal Uterine Bleeding in Brazil and Mexico**  
*ePoster Presenter:* Kyoo Kim (Allschwil, Switzerland)
- P144                    **Association between thyroid autoimmunity and gestational diabetes mellitus in Chinese euthyroid women**  
*ePoster Presenter:* Yue Zhao (Beijing, China)
- P145                    **Dysfunctional uterus bleeding in women after the age of forty**  
*ePoster Presenter:* Bojana Popović (Banja Luka, Bosnia and Herzegovina)
- P146                    **Postmenopausal adnexal torsion: surgical treatment for symptom control**  
*ePoster Presenter:* Bo Ram Yu (Jeonju, Korea, Republic of)
- P147                    **Effectiveness of a Non-Hormonal Vaginal Moisturizing Gel on Vaginal Health in Postmenopausal Women with Breast Cancer: A Randomized Controlled Trial**  
*ePoster Presenter:* Eliana Aguiar Petri Nahas (Botucatu, Brazil)
- P149                    **MicroRNA-181a Negatively Regulates E2 Combined NET-promoted Cell Viability and Migration by Suppressing PGRMC1 in Breast Cancer Cells**  
*ePoster Presenter:* Yuejiao Wang (Beijing, China)
- P150                    **Association of VDR FokI Polymorphism with Clinical Outcomes in Postmenopausal Women with Breast Cancer**  
*ePoster Presenter:* Claudio Lera Orsatti (Jaú, Brazil)
- P151                    **Postmenopausal breast cancer survivors: Influence of follow-up time on cardiometabolic health**  
*ePoster Presenter:* Eliana Aguiar Petri Nahas (Botucatu, Brazil)
- P154                    **Liver Function Among Women with Cystic Fibrosis Who Use Hormonal Contraception**  
*ePoster Presenter:* Jennifer Chin (Seattle, United States)
- P155                    **Effect of Orlistat and Anti-Androgen Oral Contraceptives on Pregnancy Outcomes in Overweight or Obese PCOS Patients during Comprehensive Interventions**  
*ePoster Presenter:* Mingzhen Zhang (Beijing, China)
- P156                    **Effect of enterobacteria capsule administration on glucose and lipid metabolism and body composition of PCOS in overweight and obese patients**  
*ePoster Presenter:* Youjuan Pei (Beijing, China)
- P157                    **Pregnancy Outcomes and Influencing Factors After Hysteroscopic Adhesiolysis for Intrauterine Adhesions**  
*ePoster Presenter:* Yinmei Dai (Beijing, China)
- P159                    **Comparison of the contraceptive knowledge between verbal counseling and verbal counseling with a contraceptive educational video in postpartum women**

*ePoster Presenter:* Thanista Phothicharoenthanachok (Bangkok, Thailand)

**P160 Comparison Between the Effects of Implantable Gestrinone and Oral Dienogest in the Treatment of Endometriosis: Randomized Controlled Clinical Trial**

*ePoster Presenter:* André Vinícius de Assis Florentino (Campina Grande, Brazil)

**P161 Successful Fertility Restoration in AML: Ovarian Tissue Cryopreservation and Transplantation Three Years Post-Hematopoietic Stem Cell Transplantation**

*ePoster Presenter:* Lingling Jiang (Beijing, China)

**P162 Effect of of enterobacteria capsules on anxiety and depression in overweight and obese PCOS patients**

*ePoster Presenter:* Youjuan Pei (Beijing, China)

**P163 Endometrial repair and fertility protection in women after high-risk artificial abortion**

*ePoster Presenter:* Yushan Cheng (Beijing, China)

**P164 Effect of combined exercise and hormone replacement therapy on body composition and insulin sensitivity in postmenopausal women**

*ePoster Presenter:* Herman Depypere (Gent, Belgium)

**P165 Longitudinal changes in reproductive hormones during the menopausal transition in middle-aged Korean women: effect modification by obesity**

*ePoster Presenter:* Yoosun Cho (Seoul, Korea, Republic of)

*ePoster Presenter:* Yoonyoung Jang (Seoul, Korea, Republic of)

**P166 Betaine ameliorated placental dysfunction in polycystic ovary syndrome through attenuating oxidative stress and cell apoptosis**

*ePoster Presenter:* Chenghong Yin (Beijing, China)

**P167 Study on the relationship between telomere length and polycystic ovary syndrome by Mendel randomization method**

*ePoster Presenter:* Xue Du (Tianjin, China)

**P168 Hormonal and metabolic influences on embryo quality in PCOS patients: the role of BMI in fresh embryo transfers**

*ePoster Presenter:* Jiuzhi Zeng (Chengdu, China)

**P170 Effect of pelvic radiotherapy on vaginal microecology and local immunity**

*ePoster Presenter:* Jiate Sang (Tianjin, China)

**P173 Regenerative oncosexology: sexual health restoration in gynecologic oncology patients**

*ePoster Presenter:* Rosa Mora Ruiz-Moyano (Santa Cruz de Bezana, Spain)

**P174 Endometrial polyp in premenopausal and postmenopausal patients**

*ePoster Presenter:* Tanja Milić-Radić (Banja Luka, Bosnia and Herzegovina)

**P175 Efficacy of a mixed wavelength laser 10,600 nm (CO<sub>2</sub>) + 1,540 nm (GaAs) for vaginal health in postmenopausal women: a randomized controlled trial**

*ePoster Presenter:* Juan Salinas Peña (Reus, Spain)

**P176 Comments on the 2024 Lancet report on prevention of dementia**

*ePoster Presenter:* Herman Depypere (Gent, Belgium)

**P178 Comparison of inflammation markers before and after two different gestagen treatments in patients with non atypical endometrial hyperplasia**

*ePoster Presenter:* Aysun ALPARSLAN CULHA (Konya, Turkey)

- P179                    **Early launch of menopausal hormone replacement therapy among women with high risk of major cardiovascular events at perimenopausal age**  
*ePoster Presenter:* Iryna Muryzina (Kharkiv, Ukraine)
- P180                    **Analytical and clinical performance of an automated IDS-iSYS Free Testosterone immunoassay for direct measurement of free testosterone concentration**  
*ePoster Presenter:* Nataša Stojanović (Zagreb, Croatia)
- P181                    **Sexual Health and Sex Toy Use in Older Men: Practices, Motivations, and Links with Sexual Functioning**  
*ePoster Presenter:* David Lafortune (Montréal, Canada)
- P182                    **SEXUAL DYSFUNCTION IN AN ADULT MALE REVEALING UNDIAGNOSED CONGENITAL ADRENAL INSUFFICIENCY**  
*ePoster Presenter:* Diana Felicia Coles (Bucharest, Romania)
- P183                    **Female subfertility and cardiovascular outcomes in later life: Systematic Review and Meta-Analysis**  
*ePoster Presenter:* Nikoletta Mili (Athens, Greece)
- P184                    **Exploring the association between Menopause Timing and Cardiovascular Health: A Meta-Analysis of nine studies from the Proof-ATHERO Consortium**  
*ePoster Presenter:* Clara Meijs (Innsbruck, Austria)
- P185                    **Relationship between life age and metabolic age with excess weight and lipid parameters are the strongest risk factors in postmenopausal women**  
*ePoster Presenter:* Blazenka Miskic (Osijek, Croatia)
- P186                    **Predicting metabolically unhealthy status using explainable machine learning based on menopausal symptoms**  
*ePoster Presenter:* Ria Kwon (Seoul, Korea, Republic of)
- P187                    **The Longitudinal Association Between Menopausal Transition and Hearing Decline in Middle-Aged Korean Women**  
*ePoster Presenter:* Yoonyoung Jang (Seoul, Korea, Republic of)
- P191                    **Immunization for Midlife Women: Addressing the Adult Immunization Gap**  
*ePoster Presenter:* Vivien Brown (Toronto, Canada)
- P193                    **The relationship of a weight-efficacy lifestyle with anthropometric indices among middle-aged Iranian women**  
*ePoster Presenter:* Parvin Abedi (Ahvaz, Iran)
- P194                    **Diet for Extending Beauty and Youth in Premenopausal Women**  
*ePoster Presenter:* Olga Rojdestvenskaia (Russian Federation)
- P195                    **Hormonal Shifts, Weight Gain, and Mental Health: Investigating Menopausal Obesity in Pakistani Women**  
*ePoster Presenter:* Minahil Maryam (Islamabad, Pakistan)
- P196                    **Fracture risk of female cancer patients, a prospective 30-year study**  
*ePoster Presenter:* Outi Elomaa (Kuopio, Finland)
- P197                    **Improvement strategies of a health-literacy-friendly patient decision aid for the osteoporosis treatment by a multi-criteria network structure model**  
*ePoster Presenter:* Shan-Fu Yu (Kaohsiung, Taiwan, China)
- P199                    **What is the Role of the Gynecologist in Osteoporosis?**  
*ePoster Presenter:* Esther De la Viuda García (Madrid, Spain)

- P200                    **Do we treat patients or do we treat densitometries?**  
*ePoster Presenter:* Pablo ROMERO DUARTE (El Ejido, Spain)
- P201                    **Metabolic and endocrinologic diseases and smoking as independent risk factors for breast cancer in postmenopausal women**  
*ePoster Presenter:* Pablo Carpintero (Buenos Aires, Argentina)
- P202                    **Biocultural understandings of menopause: Insights from Japan**  
*ePoster Presenter:* Melissa Melby (Newark, United States)
- P203                    **Addressing Sleep Disturbance in Menopause: Development of a Comprehensive Clinical Tool for Improved Patient Outcomes**  
*ePoster Presenter:* Zoe Schaedel (Brighton, United Kingdom)
- P204                    **Treatments used for insomnia in women. Preliminary data in the spanish population**  
*ePoster Presenter:* Alejandra Maria Herrera Muñoz (El Ejido, Spain)
- P205                    **Products used by healthcare professionals for insomnia in women. Preliminary results**  
*ePoster Presenter:* Alejandra Maria Herrera Muñoz (El Ejido, Spain)
- P206                    **Association between difficulty sleeping and mild cognitive impairment in Latin American postmenopausal women. A REDLINC study**  
*ePoster Presenter:* Angelica Monterrosa-Blanco (Cartagena, Colombia)
- P207                    **Depressive symptom trajectories through the menopause transition and postmenopause: findings from the ALSPAC study**  
*ePoster Presenter:* Rochelle Knight (Bristol, United Kingdom)
- P208                    **Main physical/mental morbidities in relation to an increased risk of sarcopenia in Colombian adult women**  
*ePoster Presenter:* Alvaro Monterrosa-Castro (Cartagena, Colombia)
- P209                    **Trajectory of Depressive Symptoms Among Middle-Aged Korean Women Undergoing Menopausal Transition**  
*ePoster Presenter:* Yoonyoung Jang (Seoul, Korea, Republic of)
- P210                    **Global Burden of Perimenopause-Related Diseases in Women Aged 40-65, 1990-2021: A Systematic Analysis of the Global Burden of Disease Study 2021**  
*ePoster Presenter:* Hongliang Dong (Beijing, China)
- P212                    **Estimating age at natural menopause using prospectively reported menstruation data: the Avon Longitudinal Study of Parents and Children**  
*ePoster Presenter:* Rochelle Knight (Bristol, United Kingdom)
- P213                    **National Survey on MHT among Gynecologists and Patients in Russia**  
*ePoster Presenter:* Antonina Smetnik (Moscow, Russian Federation)
- P214                    **Women's perception of menopausal hormone therapy: a national prospective survey**  
*ePoster Presenter:* Antonina Smetnik (Moscow, Russian Federation)
- P215                    **Insights from Social-Media Listening in Women's Healthcare: innovation in health communication**  
*ePoster Presenter:* Andressa da Silva van der Laan (Allschwil, Switzerland)
- P217                    **Menopause education of healthcare professionals: a scoping review protocol**  
*ePoster Presenter:* Catriona Keye (Dublin and Cork, Ireland)
- P219                    **Does frozen-thawed human ovarian tissue by re-freezing and re-**

**thawing affect the follicular activity in cortical strips?**

*ePoster Presenter:* Jiaojiao Cheng (Beijing, China)

**P220 Comparison of endocervical curettage and endocervical brushings as diagnostic procedures for endocervical lesions in menopausal population**

*ePoster Presenter:* Jesús Presa Lorite (Jaén, Spain)

**P221 Is there an immune pattern in menopause that predisposes to persistent infection by human papilloma virus?**

*ePoster Presenter:* Jesús Presa Lorite (Jaén, Spain)

**P222 Is Menopause Affecting My Quality of Life? A Public Awareness Project."**

*ePoster Presenter:* Delmina Rodriguez Ribeiro (Asturias, Spain)

**P223 A qualitative study exploring the Greek peri-menopausal women's knowledge and perceptions for menopause and for the mobile applications for menopause**

*ePoster Presenter:* Evgenia - Ioanna Papadima (Athens, Greece)

**P224 "The Expert Answers". Questions from women to professionals through the web section of the Spanish Association for the Study of Menopause (AEEM)**

*ePoster Presenter:* Laura NIETO PASCUAL (Córdoba, Spain)

**P225 Designing an interactive digital curriculum for women's health trainees - a process review**

*ePoster Presenter:* Richa Sood (Rochester, United States)

**P226 Development of a digital health application for cognitive behavioral therapy in menopausal women - a pilot study protocol**

*ePoster Presenter:* Petra Stute (Bern, Switzerland)

**P228 Premature menopause and weight loss: recalibrating hormone replacement therapy for optimal hormonal balance**

*ePoster Presenter:* Giuseppe Toscano (Catania, Italy)

**P229 Study methodology for the development of a program devoted to the integral health evaluation of mid-aged Ecuadorian women**

*ePoster Presenter:* Peter Chedraui (Samborondón, Ecuador)

**P230 Optimal total antral follicle count cutoff value for predicting biochemical hyperandrogenism in Korean women with polycystic ovary syndrome**

*ePoster Presenter:* Sungwook Chun (Busan, Korea, Republic of)

**P231 Waist-calf circumference ratio is associated with visceral adiposity and muscle mass in older women**

*ePoster Presenter:* Peter Chedraui (Samborondón, Ecuador)

**P232 Rapid improvements in menopausal skin and vitality: a 7-day holistic intervention study**

*ePoster Presenter:* Ana Pang (Stockholm, Sweden)

**P233 Predicting menopausal stages using connected health data**

*ePoster Presenter:* Philomène Letzelter (Issy-les-Moulineaux, France)

**P234 I'm still hot! Surviving and thriving while finding empowerment in menopause**

*ePoster Presenter:* Audrianna Joy Gurr (Portland, United States)

**P235 A map of genetic and phenotypic associations across male reproductive phenotypes**

*ePoster Presenter:* Jéssica Figuerêdo (Tartu, Estonia)

P236 **Prevalence of overweight and obesity in adults from the Republic of Moldova: implications for midlife health**

*ePoster Presenter:* Stela Vudu (Chisinau, Moldova)

P237 **Multidisciplinary sexual health pilot clinic for female anatomy cancer patients**

*ePoster Presenter:* Milana Dolezal (Stanford, United States)

P241 **Management of osteoporosis in a patient with Turner syndrome and Premature Ovarian Insufficiency (POI)**

*ePoster Presenter:* Nadia Díaz Nakamura (Santa Cruz de Tenerife, Spain)

P242 **Utility of the SARC-F Questionnaire in the early detection of sarcopenia in postmenopausal women, coupled with dynamic tests**

*ePoster Presenter:* Ruth Clapauch (São José do Rio Preto, Brazil)

P243

**Premature Ovarian Insufficiency (POI) in an adolescent patient**

*ePoster Presenter:* Tania Cañizares Mena (Santa Cruz de Tenerife, Spain)

P244 **Iatrogenic Premature Ovarian Insufficiency (POI) in an adolescent patient**

*ePoster Presenter:* Tania Cañizares Mena (Santa Cruz de Tenerife, Spain)

*Break*

09:00 - 09:15

Auditorium 1

**Shifting Break**

*Symposium*

09:15 - 10:45

Auditorium 1

**Non-hormonal options for treatment of vasomotor symptoms - for whom, when and how?**

*Chair:* Petra Stute (Bern, Switzerland)

*Chair:* C. Tamer Erel (Istanbul, Turkey)

**Neurokinin 3 receptor antagonists**

09:15 - 09:40

*Speaker:* Petra Stute (Bern, Switzerland)

**Complementary & alternative medicine**

09:40 - 10:05

*Speaker:* Santiago Palacios (Madrid, Spain)

**Selective Serotonin Reuptake Inhibitors**

10:05 - 10:30

*Speaker:* Blazej Meczekalski (Poznan, Poland)

**Discussion**

10:30 - 10:45

*Oral Abstracts*

09:15 - 10:45

Auditorium 2

**Menopausal hormone therapy and non-hormone therapy (i)**

*Chair:* Camil Castelo-Branco (Barcelona, Spain)

*Chair:* Kristina Saravinovska (Belgrade, Serbia)

OP01 **Trends in menopausal hormone therapy utilization across 11 OECD countries**

09:15 - 09:25

*Oral Presenter:* Lina Badawi (Toronto, Canada)

OP02 **Comparison between vaginal dehydroepiandrosterone and estradiol on dyspareunia in postmenopausal women - a randomized, controlled trial**

09:25 - 09:35

*Oral Presenter:* Moa Strandberg (Stockholm, Sweden)

OP03	<b>Treatment Patterns for Endocrine Therapy-Related Menopausal Symptoms: A Cohort Study from Routine Clinical Practice in Germany</b>	09:35 - 09:45
<i>Oral Presenter:</i> Cecile Janssenswillen (Basel, Switzerland)		
OP04	<b>Revolutionising Complex Menopause Care in a National Health Service: The Launch of Video Group Clinics in Secondary Care</b>	09:45 - 09:55
<i>Oral Presenter:</i> Nadia Hikary-Bhal (Llantrisant, United Kingdom)		
OP05	<b>Effect of Femoston Therapy on Lp(a) in peri- and post-menopausal women</b>	09:55 - 10:05
<i>Oral Presenter:</i> Pooja Dhungel (Beijing, China)		
OP06	<b>The treatment of estrogen deficiency symptoms of menopause with ultra-low dose estradiol and dydrogesterone in a multi-ethnic population</b>	10:05 - 10:15
<i>Oral Presenter:</i> Rossella Nappi (Pavia, Italy)		
OP07	<b>Randomized controlled study to evaluate the effectiveness of group CBT for treating vasomotor symptoms in postmenopausal women in Korea</b>	10:15 - 10:25
<i>Oral Presenter:</i> Jung Yoon Park (Seoul, Korea, Republic of)		
OP08	<b>Patient reported outcomes from studies with low and ultra-low dose estradiol and dydrogesterone for the treatment of vasomotor symptoms of menopause</b>	10:25 - 10:35
<i>Oral Presenter:</i> Tommaso Simoncini (Pisa, Italy)		
OP16	<b>Quality of life improvements with estradiol spray: real-world evidence from Sweden and Finland</b>	10:35 - 10:45
<i>Oral Presenter:</i> Päivi Polo-Kantola (Turku, Finland)		
<i>Meet the Expert</i>		
09:15 - 10:45		Auditorium 3
<b>Improving long term health</b>		
<i>Chair:</i> Johannes Bitzer (Basel, Switzerland)		
<i>Chair:</i> Florence Tremollieres (Toulouse, France)		
	<b>Psychosocial health after the reproductive stage</b>	09:15 - 09:35
<i>Speaker:</i> Johannes Bitzer (Basel, Switzerland)		
	<b>Stress and cardiovascular health</b>	09:35 - 09:55
<i>Speaker:</i> Rebecca Thurston (Pittsburgh, United States)		
	<b>Bone health</b>	09:55 - 10:15
<i>Speaker:</i> Florence Tremollieres (Toulouse, France)		
	<b>The impact of socialization to support physical and mental health</b>	10:15 - 10:35
<i>Speaker:</i> Rachel Weiss (Perth, United Kingdom)		
	<b>Discussion</b>	10:35 - 10:45
<i>Society Symposium</i>		
09:15 - 10:45		Breakout Room
<b>The Spanish Menopause Society International meeting</b>		
<i>Chair:</i> Nicolas Mendoza (Granada, Spain)		
<i>Chair:</i> Esther De la Viuda García (Madrid, Spain)		
	<b>Quality of life in menopause. Results of the app "Mi Menopausia"</b>	09:15 - 09:23
<i>Speaker:</i> Pluvio Coronado (Madrid, Spain)		
	<b>Menopause in social networks</b>	09:23 - 09:31
<i>Speaker:</i> Sonia Sánchez Méndez (Badalona, Spain)		

<b>AEEM Menoguide on Premature Ovarian Failure</b>	09:31 - 09:39
<i>Speaker:</i> Jesús Presa (Jaén, Spain)	
<b>AEEM Menoguide on hot flashes</b>	09:39 - 09:47
<i>Speaker:</i> Maria Fasero (Madrid, Spain)	
<b>AEEM Menoguide on obesity</b>	09:47 - 09:55
<i>Speaker:</i> Francisco Quereda (Alicante, Spain)	
<b>New eligibility criteria for THM</b>	09:55 - 10:03
<i>Speaker:</i> Silvia P. González (Madrid, Spain)	
<b>Use of testosterone in menopause</b>	10:03 - 10:11
<i>Speaker:</i> Ana Rosa Jurado (Marbella (Málaga), Spain)	
<b>Discussion</b>	10:11 - 10:45
<i>Break</i> 10:45 - 11:15	Auditorium 1
<b>Coffee Break</b>	
<i>Symposium</i> 11:15 - 12:45	Auditorium 1
<b>POI management</b>	
<i>Chair:</i> Nick Panay (London, United Kingdom)	
<i>Chair:</i> Blazej Meczekalski (Poznan, Poland)	
<b>2024 ESHRE guidelines on POI</b>	11:15 - 11:35
<i>Speaker:</i> Nick Panay (London, United Kingdom)	
<b>Fertility issues</b>	11:35 - 11:55
<i>Speaker:</i> Basil Tarlatzis (Thessaloniki, Greece)	
<b>Is early menopause a different entity to POI?</b>	11:55 - 12:15
<i>Speaker:</i> Panagiotis Anagnostis (Thessaloniki, Greece)	
<b>The impact of menopause on cardiometabolic and vascular health: comparing natural menopause and Primary Ovarian Insufficiency</b>	12:15 - 12:35
<i>Speaker:</i> Samar R. El Khoudary (Pittsburgh, United States)	
<b>Discussion</b>	12:35 - 12:45
<i>EMAS Debate</i> 11:15 - 12:00	Auditorium 2
<b>Does laser have any role for GSM and incontinence?</b>	
<i>Chair:</i> Tommaso Simoncini (Pisa, Italy)	
<i>Chair:</i> Camil Castelo-Branco (Barcelona, Spain)	
<b>PRO</b>	11:15 - 11:30
<i>Speaker:</i> Ivan Fistonic (Zagreb, Croatia)	
<b>CON</b>	11:30 - 11:45
<i>Speaker:</i> Camil Castelo-Branco (Barcelona, Spain)	
<b>Discussion</b>	11:45 - 12:00



*Junior Mentorship Program and EMAS School*  
11:15 - 12:45

Auditorium 3

### **Junior Mentorship Program and EMAS School**

*Chair:* Petra Stute (Bern, Switzerland)

*Chair:* Iulia Alexandra Pirga (Craiova, Romania)

#### **The evaluation of menopausal symptom rates and severity among middle-aged women in a rural area of Turkey**

11:15 - 11:30

*Oral Presenter:* Ipek Betul Ozcivit Erkan (Istanbul, Turkey)

#### **Enhancing menopause health literacy: a multilingual, multimedia approach to combat misinformation through the CoMICs framework**

11:30 - 11:45

*Oral Presenter:* Maria Mathiopoulou (Zurich, Switzerland)

#### **The impact of menopause on metabolic and cardiovascular health: a preliminary analysis**

11:45 - 12:00

*Oral Presenter:* Iulia Alexandra Pirga (Craiova, Romania)

#### **Premature ovarian insufficiency - leveraging current knowledge to enhance healthspan**

12:00 - 12:15

*Oral Presenter:* Cristiana Odukoya (Bucharest, Romania)

#### **Contraception in perimenopause**

12:15 - 12:30

*Speaker:* Petra Stute (Bern, Switzerland)

#### **Non-hormonal management of menopausal vasomotor symptoms**

12:30 - 12:45

*Speaker:* Elena Armeni (Athens, Greece)

*Meet the Expert*

11:15 - 12:45

Breakout Room

### **Social dimension of menopause**

*Chair:* Risto Erkkola (Turku, Finland)

*Chair:* Francisco Quereda (Alicante, Spain)

#### **Menopause in the workplace: challenges and unmet needs**

11:15 - 11:35

*Speaker:* Kathleen Riach (Glasgow, United Kingdom)

#### **Engagement of women in their menopause**

11:35 - 11:55

*Speaker:* Martha Hickey (Melbourne, Australia)

#### **Workplace design requirements**

11:55 - 12:15

*Speaker:* Andrea Rumler (Berlin, Germany)

#### **Creating an organisation-wide framework of support for women's health**

12:15 - 12:35

*Speaker:* Rachel Suff (United Kingdom)

*Speaker:* Claire McCartney (Hove, United Kingdom)

#### **Discussion**

12:35 - 12:45

*The Voice of the Patients (in Spanish)*

12:00 - 12:45

Auditorium 2

### **Pelvic pain and incontinence**

*Chair:* Camil Castelo-Branco (Barcelona, Spain)

*Chair:* Antonio Cano (Valencia, Spain)

#### **The voice of the patients**

12:00 - 12:10

*Speaker:* Borja Pérez-Domínguez (Spain)

#### **The voice of the patients**

12:10 - 12:20

*Speaker:* Mary Lynne van Poelgeest-Pomfret (Oegstgeest, Netherlands)

#### **Open discussion**

12:20 - 12:45

*Sponsored Symposium*

13:00 - 14:00

Auditorium 1

**Industry Sponsored Symposium***Sponsored Symposium*

14:15 - 15:15

Auditorium 2

**Industry Sponsored Symposium***Break*

15:15 - 15:30

Auditorium 1

**Shifting Break***Ceremony*

15:30 - 16:00

Auditorium 1

**Opening Ceremony***Chair:* Antonio Cano (Valencia, Spain)*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)*Plenary Session*

16:00 - 17:30

Auditorium 1

**Quality of life after menopause***Chair:* Antonio Cano (Valencia, Spain)*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)**Sexual health and wellbeing in menopause**

16:00 - 16:30

*Speaker:* Margaret Rees (Oxford, United Kingdom)**Management of sexual dysfunction**

16:30 - 17:00

*Speaker:* Rossella Nappi (Pavia, Italy)**Steroid action and brain function**

17:00 - 17:30

*Speaker:* Andrea Genazzani (Pisa, Italy)*Social Event*

17:30 - 18:30

Exhibition

**Welcome Reception**

**Thursday, 15. May 2025***Society Symposium*

07:30 - 08:30

Auditorium 1

***Navigating menopause: A comprehensive guide to health and well-being - Hellenic Society****Chair:* Irene Lambrinoudaki (Athens, Greece)*Chair:* Elena Armeni (Athens, Greece)**Sexual health in menopause**

07:30 - 07:50

*Speaker:* Stavroula Paschou (Athens, Greece)**Treatment for the genitourinary syndrome of menopause**

07:50 - 08:10

*Speaker:* Areti Augoulea (Athens, Greece)**Menopause and cardiovascular risk: The infertility connection**

08:10 - 08:30

*Speaker:* Elena Armeni (Athens, Greece)*Society Symposium*

07:30 - 08:30

Auditorium 2

***Challenges of Menopause - German Menopause Society****Chair:* Katrin Schaudig (Hamburg, Germany)*Chair:* Anneliese Schwenkhagen (Germany)**Which progestin for which woman**

07:30 - 07:50

*Speaker:* Thomas Roemer (Cologne, Germany)**Menopause and weight**

07:50 - 08:10

*Speaker:* Annette Bachman (Frankfurt, Germany)**A German POI registry**

08:10 - 08:30

*Speaker:* Susanne Theis (Mainz, Germany)*Speaker:* Julia Schlaeger (Frankfurt, Germany)*Society Symposium*

07:30 - 08:30

Auditorium 3

***Menopause: Different problems - different solutions...Turkish Menopause and Osteoporosis Society (TMOS)****Chair:* Fatih Durmusoglu (Istanbul, Turkey)*Chair:* Hakan Seyisoglu (Turkey)*Chair:* Erdogan Ertüngealp (Turkey)**Molecular genetics of POI**

07:30 - 07:45

*Speaker:* Elif Aksahin (Istanbul, Turkey)**Menopause in Turkey: A review of current data and challenges in Low- and Middle-Income Countries**

07:45 - 08:00

*Speaker:* Ipek Betul Ozcivit Erkan (Istanbul, Turkey)**Postmenopausal endometriosis**

08:00 - 08:15

*Speaker:* C. Tamer Erel (Istanbul, Turkey)**Breast cancer and MHT**

08:15 - 08:30

*Speaker:* Levent M. Senturk (Istanbul, Turkey)*Society Symposium*

07:30 - 08:30

Breakout Room

***Brain, bone, and future perspectives of menopause - Dutch Society****Chair:* Femi Janse (Arnhem, Netherlands)*Chair:* Dorenda van Dijken (Amsterdam, Netherlands)

<b>Bone metabolism during menopausal transition</b>	07:30 - 07:50
<i>Speaker:</i> Esther Speksnijder (Amsterdam, Netherlands)	
<b>Sleep and mood disturbances during menopause</b>	07:50 - 08:10
<i>Speaker:</i> Francesca van Baarsel (Amsterdam, Netherlands)	
<b>An interactive app for women to identify menopausal symptoms</b>	08:10 - 08:30
<i>Speaker:</i> Arjan Karens (Netherlands)	
<i>Exhibition / ePoster</i> 08:00 - 18:00	Exhibition
<b>Exhibition / ePoster view throughout the Congress (no oral presentation)</b>	
<i>Sponsored Symposium</i> 08:30 - 09:30	Auditorium 2
<b>Industry Sponsored Symposium</b>	
<i>Plenary Session</i> 09:30 - 10:30	Auditorium 1
<b>Major non reproductive impacts of hormones</b>	
<i>Chair:</i> Margaret Rees (Oxford, United Kingdom)	
<i>Chair:</i> Petra Stute (Bern, Switzerland)	
<b>Menopause hormone therapy (MHT) and risk of dementia and Alzheimer's disease (AD)</b>	09:30 - 10:00
<i>Speaker:</i> Walter Rocca (Rochester, Minnesota, United States)	
<b>Estrogens and fat metabolism</b>	10:00 - 10:30
<i>Speaker:</i> Frederick Naftolin (New York, NY, United States)	
<i>Break</i> 10:30 - 10:45	Auditorium 1
<b>Coffee Break</b>	
<i>Symposium</i> 10:45 - 12:15	Auditorium 1
<b>New guidelines of interest in menopausal medicine</b>	
<i>Chair:</i> Mary Ann Lumsden (Glasgow, United Kingdom)	
<i>Chair:</i> Frederick Naftolin (New York, NY, United States)	
<b>Kidney health</b>	10:45 - 11:10
<i>Speaker:</i> C. Tamer Erel (Istanbul, Turkey)	
<b>ESE MHT guidelines</b>	11:10 - 11:35
<i>Speaker:</i> Irene Lambrinoudaki (Athens, Greece)	
<b>NICE MHT guidelines</b>	11:35 - 12:00
<i>Speaker:</i> Janice Rymer (London, United Kingdom)	
<b>Discussion</b>	12:00 - 12:15
<i>Symposium</i> 10:45 - 12:15	Auditorium 2
<b>Pelvic floor function throughout menopause and ageing</b>	
<i>Chair:</i> Tommaso Simoncini (Pisa, Italy)	
<i>Chair:</i> Risto Erkkola (Turku, Finland)	
<b>Robotic pelvic floor surgery</b>	10:45 - 11:10
<i>Speaker:</i> Tommaso Simoncini (Pisa, Italy)	

<b>Estrogens and urinary incontinence. Friend or foe?</b>	11:10 - 11:35
<i>Speaker:</i> Tim Hillard (Poole, United Kingdom)	
<b>Link between faecal incontinence bladder infections and developing antibiotic resistance</b>	11:35 - 12:00
<i>Speaker:</i> Annette Kuhn (Bern, Switzerland)	
<b>Discussion</b>	12:00 - 12:15
<i>Junior Mentorship Program and EMAS School</i> 10:45 - 12:15	Auditorium 3
<b>Junior Mentorship Program and EMAS School</b>	
<i>Chair:</i> Margaret Rees (Oxford, United Kingdom)	
<i>Chair:</i> Petra Stute (Bern, Switzerland)	
<b>Laser treatments in Vulvar lichen sclerosus (VLS), a systematic review</b>	10:45 - 11:00
<i>Oral Presenter:</i> Elif Aksahin (Istanbul, Turkey)	
<b>Menstrual cycle and women's reproductive, sexual, and mental health: insights from the COVID-19 pandemic</b>	11:00 - 11:15
<i>Oral Presenter:</i> Kristina Saravinovska (Belgrade, Serbia)	
<b>Managing menopause in women with endometriosis (MaMenEndo): a web-based survey</b>	11:15 - 11:30
<i>Oral Presenter:</i> Meletios P. Nigdelis (Homburg, Germany)	
<b>Management of the genitourinary syndrome of menopause to improve the quality of life</b>	11:30 - 11:45
<i>Speaker:</i> Angelica Lindén Hirschberg (Stockholm, Sweden)	
<b>Menopause and sexual function</b>	11:45 - 12:00
<i>Speaker:</i> Dorenda van Dijken (Amsterdam, Netherlands)	
<i>Practical Session</i> 10:45 - 12:15	Breakout Room
<b>The menopausal transition</b>	
<i>Chair:</i> Ellen Christine Leth Loekkegaard (Hillerod, Denmark)	
<i>Chair:</i> Donal Brennan (Dublin, Ireland)	
<b>Contraception at the end of the reproductive life</b>	10:45 - 11:05
<i>Speaker:</i> Ellen Christine Leth Loekkegaard (Hillerod, Denmark)	
<b>Management of symptoms during the menopausal transition</b>	11:05 - 11:25
<i>Speaker:</i> Placido Llaneza (Oviedo, Spain)	
<b>Violence against women and menopause-related disorders</b>	11:25 - 11:45
<i>Speaker:</i> Nicolas Mendoza (Granada, Spain)	
<b>GLP-1 analogues and obesity during the menopausal transition</b>	11:45 - 12:05
<i>Speaker:</i> Stavroula Paschou (Athens, Greece)	
<b>Discussion</b>	12:05 - 12:15
<i>Sponsored Symposium</i> 12:30 - 14:00	Auditorium 1
<b>Industry Sponsored Symposium</b>	

*Symposium*

14:15 - 15:45

Auditorium 1

**Musculoskeletal health***Chair:* Antonio Cano (Valencia, Spain)*Chair:* Santiago Palacios (Madrid, Spain)**Osteoporosis before 50 years**

14:15 - 14:40

*Speaker:* Serge Rozenberg (Brussels, Belgium)**Osteoarthritis**

14:40 - 15:05

*Speaker:* Ali Mobasheri (Oulu, Finland)**MHT in the management of osteoporosis: now more than ever**

15:05 - 15:30

*Speaker:* Jean-Yves Reginster (Riyadh, Saudi Arabia)**Discussion**

15:30 - 15:45

*Symposium*

14:15 - 15:45

Auditorium 2

**Hyperandrogenism in postmenopausal women - an overlooked condition?***Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)*Chair:* Margaret Rees (Oxford, United Kingdom)**Androgens and cosmetic: skin and hair**

14:15 - 14:40

*Speaker:* Mark P. Brincat (Malta, Malta)**Hyperandrogenism and cardiometabolic risk**

14:40 - 15:05

*Speaker:* Angelica Lindén Hirschberg (Stockholm, Sweden)**Diagnostics and management of postmenopausal onset of androgen excess**

15:05 - 15:30

*Speaker:* Hector Francisco Escobar-Morreale (Madrid, Spain)**Discussion**

15:30 - 15:45

*Practical Session*

14:15 - 15:45

Auditorium 3

**Genitourinary Syndrome of Menopause***Chair:* Katrin Schaudig (Hamburg, Germany)*Chair:* Peter Chedraui (Samborondón, Ecuador)**Vestibulodynia**

14:15 - 14:35

*Speaker:* Nina Bohm-Starke (Stockholm, Sweden)**Estrogens, prasterone & SERMs: an evidence-based view**

14:35 - 14:55

*Speaker:* Katrin Schaudig (Hamburg, Germany)**Hormones, UTI and microbiota**

14:55 - 15:15

*Speaker:* Pedro Vieira Baptista (Porto, Portugal)**GSM and vulnerability to Sexually Transmitted Infections**

15:15 - 15:35

*Speaker:* Peter Greenhouse (Bristol, United Kingdom)**Discussion**

15:35 - 15:45

*Oral Abstracts*

14:15 - 15:45

Breakout Room

**Post reproductive and reproductive health (i)***Chair:* Faustino Perez-Lopez (Zaragoza, Spain)*Chair:* Blazej Meczekalski (Poznan, Poland)

OP25

**Effects of Percutaneous E2/Micronized Progesterone vs. oral CEE/MPA on Breast Cancer Development Gene Expression in**

14:15 - 14:25

**Healthy Postmenopausal Women***Oral Presenter:* Gunnar Söderqvist (Stockholm, Sweden)

OP26                      **Prolonged menopausal symptoms in a cohort of elderly Norwegian women**                      14:25 - 14:35

*Oral Presenter:* Thomas Omdal (Bergen, Norway)

OP27                      **Population BRCA Screening Vs. Genetic Counseling - characteristics, satisfaction and health outcomes in a Real World Setting**                      14:35 - 14:45

*Oral Presenter:* Naama Srebnik (Jerusalem, Israel)

OP28                      **Effects of Non-ablative Er-YAG Laser on Human Endometrial Stromal Cells (hESCs), A Preliminary Study**                      14:45 - 14:55

*Oral Presenter:* C. Tamer Erel (Istanbul, Turkey)

OP29                      **Associations of Trajectories of Estradiol and Follicle-Stimulating Hormone over the Menopause Transition with Future Cognition: The SWAN Study**                      14:55 - 15:05

*Oral Presenter:* Samar R. El Khoudary (Pittsburgh, United States)

OP30                      **An innovative menopause care pathway in a French hospital: description and evaluation of practices**                      15:05 - 15:15

*Oral Presenter:* Justine Hugon-Rodin (Paris, France)

OP31                      **Navigating Midlife: A Qualitative Exploration of Women's Experiences During the Midlife Transition**                      15:15 - 15:25

*Oral Presenter:* Michelle Ness (Towson, United States)

OP32                      **Development of the Sexuality Perception Scale in Menopause**                      15:25 - 15:35

*Oral Presenter:* Neslihan Yılmaz Sezer (Ankara, Turkey)

OP33                      **Comparison of EE/DRSP tablets alone or plus orlistat on ovulation recovery rate and metabolic indices in overweight/obese patients with PCOS**                      15:35 - 15:45

*Oral Presenter:* Lingling Jiang (Beijing, China)*Break*

15:45 - 16:15

Auditorium 1

**Coffee Break***Symposium*

16:15 - 17:45

Auditorium 1

**Endocrine-related cancer: breast and genital tract***Chair:* Anne Gompel (Paris, France)*Chair:* Alfred Mueck (Tuebingen, Germany)**Genitourinary oncology: GSM in menopausal women with cancer**

16:15 - 16:35

*Speaker:* Donal Brennan (Dublin, Ireland)**Genetic susceptibility carriers**

16:35 - 16:55

*Speaker:* Sophia Kalantaridou (ATHENS, Greece)**Fertility preservation**

16:55 - 17:15

*Speaker:* Michael von Wolff (Bern, Switzerland)**The cancer survivor: a distinct type of patient**

17:15 - 17:35

*Speaker:* Anne Gompel (Paris, France)**Discussion**

17:35 - 17:45

*Symposium*

16:15 - 17:45

Auditorium 2

**When MHT may be challenging***Chair:* Martin Birkhaeuser (Basel, Switzerland)*Chair:* Ludwig Kiesel (Münster, Germany)**Endometriosis**

16:15 - 16:35

*Speaker:* Ludwig Kiesel (Münster, Germany)**Diabetes**

16:35 - 16:55

*Speaker:* Elena Armeni (Athens, Greece)**MHT beyond the 60's**

16:55 - 17:15

*Speaker:* Martin Birkhaeuser (Basel, Switzerland)**Leiomyoma**

17:15 - 17:35

*Speaker:* Francisco Quereda (Alicante, Spain)**Discussion**

17:35 - 17:45

*Practical Session*

16:15 - 17:45

Auditorium 3

**Uterine bleeding: from diagnosis to treatment***Chair:* Steven Goldstein (New York, United States)*Chair:* Risto Erkkola (Turku, Finland)**Diagnosis: Ultrasound**

16:15 - 16:35

*Speaker:* Steven Goldstein (New York, United States)**Hormonal management**

16:35 - 16:55

*Speaker:* Peter Chedraui (Samborondón, Ecuador)**Surgery: an update of new technology**

16:55 - 17:15

*Speaker:* Pluvio Coronado (Madrid, Spain)**Management of uterine bleeding associated with medication**

17:15 - 17:35

*Speaker:* Tevfik Yoldemir (Istanbul, Turkey)**Discussion**

17:35 - 17:45

*Oral Abstracts*

16:15 - 17:45

Breakout Room

**Menopause in the workplace***Chair:* Martha Hickey (Melbourne, Australia)*Chair:* Kathleen Riach (Glasgow, United Kingdom)

OP17

**Menopause after cancer: survivors' voices on symptom management and support needs**

16:15 - 16:25

*Oral Presenter:* Michelle Peate (Parkville, Australia)

OP18

**The relevance and usefulness of the European Menopause and Andropause Society (EMAS) guidelines on menopause in the workplace in a Norwegian context**

16:25 - 16:35

*Oral Presenter:* Una Ørvm Sølvi (Bergen, Norway)

OP19

**Partnering for Change: The Role of External Consultants and Frameworks in Menopause Workplace Initiatives in a Global Organisation**

16:35 - 16:45

*Oral Presenter:* Amantha King (Nottingham, United Kingdom)*Oral Presenter:* June Potts (Liverpool, United Kingdom)

OP21

**Menopause at the Workplace in Hungary: Why Investing in Women's Health is Essential for Workplaces**

16:45 - 16:55

*Oral Presenter:* Orsolya Ivanyi (Budapest, Hungary)



OP22	<b>Relevance, usefulness and application of the EMAS Menopause in the workplace: global consensus guidelines from a female employee perspective</b>	16:55 - 17:05
<i>Oral Presenter:</i> Silje Maeland (Bergen, Norway)		
OP23	<b>Menopause experiences from Norwegian workplace settings</b>	17:05 - 17:15
<i>Oral Presenter:</i> Anita Prante (Bergen, Norway)		
OP24	<b>Assessing the Effects of an Online Organisational Toolkit to Support Menopause in the Workplace (MENO-kit)</b>	17:15 - 17:25
<i>Oral Presenter:</i> Claire Hardy (Lancaster, United Kingdom)		
<i>Break</i>		
17:45 - 18:00		Auditorium 1
<b>Shifting Break</b>		
<i>The Voice of the Patients (in Spanish)</i>		
18:00 - 18:45		Auditorium 1
<b>When menopause is a health risk</b>		
<i>Chair:</i> Antonio Cano (Valencia, Spain)		
	<b>"After Cancer, Menopause, and Nobody Warned Me" - Impact of cancer treatment-induced menopause in Portuguese women: Challenges and recommendations</b>	18:00 - 18:10
<i>Speaker:</i> Cristina Mesquita de Oliveira (Porto, Portugal)		
	<b>Open discussion</b>	18:10 - 18:40
<i>EMAS Debate</i>		
18:00 - 18:45		Auditorium 2
<b>Should progesterone routinely be the first choice in MHT?</b>		
<i>Chair:</i> Irene Lambrinoudaki (Athens, Greece)		
<i>Chair:</i> Alfred Mueck (Tuebingen, Germany)		
	<b>PRO</b>	18:00 - 18:15
<i>Speaker:</i> Petra Stute (Bern, Switzerland)		
	<b>CON</b>	18:15 - 18:30
<i>Speaker:</i> Mary Ann Lumsden (Glasgow, United Kingdom)		
	<b>Discussion</b>	18:30 - 18:45
<i>Sponsored Symposium</i>		
18:00 - 18:45		Auditorium 3
<b>Industry Sponsored Symposium</b>		
<i>Society Symposium</i>		
18:00 - 19:00		Breakout Room
<b>Menopause in Women Living with HIV - WAVE / EACS workshop</b>		
	<b>Welcome and introduction to WAVE</b>	18:00 - 18:05
<i>Speaker:</i> Karoline Aebi-Popp (Bern, Switzerland)		
	<b>WAVE menopause video</b>	18:05 - 18:20
<i>Speaker:</i> Ophelia Haanyama (Stockholm, Sweden)		
<i>Speaker:</i> Mailin Waldecker (Switzerland)		
	<b>HIV &amp; Menopause cases</b>	18:20 - 18:55
<i>Speaker:</i> Giota Lourida (Athens, Greece)		
<i>Moderator:</i> Karoline Aebi-Popp (Bern, Switzerland)		

*Panel Member:* Mailin Waldecker (Switzerland)

*Panel Member:* Ophelia Haanyama (Stockholm, Sweden)

*Panel Member:* Johannes Bitzer (Basel, Switzerland)

**Closing remarks**

18:55 - 19:00

*Moderator:* Karoline Aebi-Popp (Bern, Switzerland)

*Members Only*

19:00 - 19:45

Auditorium 3

**EMAS General Assembly (Members Only)**

*Social Event*

20:00 - 22:00

Offsite

**Congress Dinner**

**Friday, 16. May 2025***Society Symposium*

08:00 - 09:00

Auditorium 1

**Swedish Society of Obstetrics and Gynecology****Swedish guidelines of menopause and MHT 2024**

08:00 - 08:20

*Speaker:* Natalia Cruz (Stockholm, Sweden)**Update of Swedish PCOS guidelines**

08:20 - 08:40

*Speaker:* Anna-Clara Spetz Holm (Linköping, Sweden)**Discussion**

08:40 - 09:00

*Society Symposium*

08:00 - 09:00

Auditorium 2

**Polish Society of Gynecological Endocrinology****Late fatherhood**

08:00 - 08:15

*Speaker:* Jakiel Grzegorz (Poland)**Infertility treatment options for women with POI and early menopause**

08:15 - 08:30

*Speaker:* Krzysztof Łukaszuk (Poland)**Menopausal Hormone Therapy - status 24 years after WHI study**

08:30 - 08:45

*Speaker:* Blazej Meczekalski (Poznan, Poland)**Menopause and obesity - new strategies**

08:45 - 09:00

*Speaker:* Michał Kunicki (Warszawa, Poland)*Society Symposium*

08:00 - 09:00

Auditorium 3

**British Menopause Society***Chair:* Janice Rymer (London, United Kingdom)**Management of unscheduled bleeding on hormone replacement therapy (HRT)**

08:00 - 08:20

*Speaker:* Kristyn Manley (Bristol, United Kingdom)**Management of menopausal symptoms following treatment of gynaecological cancer**

08:20 - 08:40

*Speaker:* Tim Hillard (Poole, United Kingdom)**Discussion**

08:40 - 09:00

*Society Symposium*

08:00 - 09:00

Breakout Room

**From Symptoms to Cells: Exploring the Link between Menopause, Aging and MHT - Sociedad Chilena de Climaterio***Chair:* Margot Acuña (TEMUCO, Chile)**Welcome and introduction**

08:00 - 08:05

*Speaker:* Margot Acuña (TEMUCO, Chile)**Menopausal symptoms: are they an early marker of aging?**

08:05 - 08:20

*Speaker:* Juan Enrique Blumel (Santiago, Chile)**Strategies for health aging during menopause**

08:20 - 08:35

*Speaker:* Victor Valverde (santiago, Chile)

<b>The impact of menopausal hormone therapy on telomeres: evidence of a potential anti-aging effect</b>	08:35 - 08:50
<i>Speaker:</i> Soledad Vallejo Maldonado (Santiago, Chile)	
<b>Interactive discussion and audience Q&amp;A</b>	08:50 - 09:00
<i>Exhibition / ePoster</i> 08:00 - 15:45	Exhibition
<b>Exhibition / ePoster view throughout the Congress (no oral presentation)</b>	
<i>Break</i> 09:00 - 09:15	Auditorium 1
<b>Shifting Break</b>	
<i>Plenary Session</i> 09:15 - 10:15	Auditorium 1
<b>Healthy ageing</b>	
<i>Chair:</i> Rossella Nappi (Pavia, Italy)	
<i>Chair:</i> Dimitrios Goulis (Thessaloniki, Greece)	
<b>Sarcopenia and dynapenia: metabolic and endocrine factors</b>	09:15 - 09:45
<i>Speaker:</i> Faustino Perez-Lopez (Zaragoza, Spain)	
<b>Frailty and menopause: a target for women's healthy aging</b>	09:45 - 10:15
<i>Speaker:</i> Antonio Cano (Valencia, Spain)	
<i>Break</i> 10:15 - 10:45	Auditorium 1
<b>Coffee Break</b>	
<i>Symposium</i> 10:45 - 12:15	Auditorium 1
<b>Gonadal function and sexual health in men</b>	
<i>Chair:</i> Dimitrios Goulis (Thessaloniki, Greece)	
<i>Chair:</i> Maria Mathiopoulou (Zurich, Switzerland)	
<b>Hypogonadism and testosterone replacement: What did we learn from the recent studies?</b>	10:45 - 11:10
<i>Speaker:</i> Dimitrios Goulis (Thessaloniki, Greece)	
<b>Advanced paternal aging: what can we do and what should we do?</b>	11:10 - 11:35
<i>Speaker:</i> Alberto Pacheco (Madrid, Spain)	
<b>Sexual function: expectations, management options and general health issues</b>	11:35 - 12:00
<i>Speaker:</i> Giovanni Corona (Bologna, Italy)	
<b>Discussion</b>	12:00 - 12:15
<i>Symposium</i> 10:45 - 12:15	Auditorium 2
<b>Cardiometabolic health in women</b>	
<i>Chair:</i> Angela Maas (Nijmegen, Netherlands)	
<i>Chair:</i> Sonia Sánchez Méndez (Badalona, Spain)	
<b>Cardiovascular risk factors ad postmenopause</b>	10:45 - 11:05
<i>Speaker:</i> John Stevenson (London, United Kingdom)	
<b>Can progestogens be an ally to reduce cardiovascular risk?</b>	11:05 - 11:25

Speaker: Alfred Mueck (Tuebingen, Germany)

**Early diagnosis of coronary heart disease in women**

11:25 - 11:45

Speaker: Angela Maas (Nijmegen, Netherlands)

**Metabolic syndrome during the menopausal transition in China: is there an ethnic profile?**

11:45 - 12:05

Speaker: Xiangyan Ruan (Beijing, China)

**Discussion**

12:05 - 12:15

*Society Symposium*

10:45 - 12:00

Auditorium 3

**AAPEC Symposium**

Chair: Gustavo Litterio (Buenos Aires, Argentina)

**POI a challenge for the gynecologist**

10:45 - 10:57

Speaker: Pablo Carpintero (Buenos Aires, Argentina)

**Immediate and late genitourinary consequences of POI**

10:57 - 11:09

Speaker: Analia Pesado (Buenos Aires, Argentina)

**Future implications of POI on the cardiovascular system**

11:09 - 11:21

Speaker: Rita Caro (Buenos Aires, Argentina)

**How does POI impact bone mass**

11:21 - 11:33

Speaker: Claudia Rey (Ciudad Autonoma de Buenos Aires, Argentina)

**Fertility in patients with POI**

11:33 - 11:45

Speaker: Graciela Lopez de Degani (Argentina)

**Discussion panel**

11:45 - 12:00

Speaker: Cristina Sandor (Buenos Aires, Argentina)

Speaker: Valeria Freijedo (Argentina)

Speaker: Olga Marega (Argentina)

*Oral Abstracts*

10:45 - 12:15

Breakout Room

**Post reproductive and reproductive health (ii)**

Chair: Peter Chedraui (Samborondón, Ecuador)

Chair: Cristiana Odukoya (Bucharest, Romania)

OP34

**Synergistic or Standalone? Exploring the Impact of Combined Exercise and Hormone Replacement Therapy on Body Composition and Muscle Function**

10:45 - 10:55

Oral Presenter: Patrick Calders (Ghent, Belgium)

OP35

**Self-rated health after contracted endometrial and breast cancer between diabetic and non-diseased women: A 20-year population-based study**

10:55 - 11:05

Oral Presenter: Maria Kalliosaari (Jyväskylä, Finland)

OP36

**Investigating the Role of FSH in Postmenopausal Metabolic Health**

11:05 - 11:15

Oral Presenter: Federica Barbagallo (Catania, Italy)

OP37

**Menopause and dry eye syndrome: prevalence and associated factors in a tertiary hospital**

11:15 - 11:25

Oral Presenter: Kitti Chattrakulchai (Bangkok, Thailand)

OP38

**Sexual function status and risk factors for female sexual dysfunction in Chinese patients with premature ovarian insufficiency**

11:25 - 11:35

Oral Presenter: Zecheng Wang (Beijing, China)

OP39 **'There is absolutely no facet of my life that it hasn't affected' - experiences of symptoms during perimenopause** 11:35 - 11:45

*Oral Presenter:* Miriam B. Murphy (Athlone, Ireland)

OP40 **Contraceptive use and pregnancy in women with cystic fibrosis** 11:45 - 11:55

*Oral Presenter:* Jennifer Chin (Seattle, United States)

OP41 **Intraurethral and intravaginal Er:YAG laser therapy vs. intraurethral alone: which provides better long-term relief for urinary incontinence?** 11:55 - 12:05

*Oral Presenter:* C. Tamer Erel (Istanbul, Turkey)

OP42 **The effectiveness of psychosocial interventions on non-physiological symptoms of menopause: A systematic review and meta-analysis** 12:05 - 12:15

*Oral Presenter:* Aimee Spector (London, United Kingdom)

#### *Society Symposium*

12:15 - 13:15

Auditorium 3

#### ***The Complexities of Contraception in Perimenopause: Navigating Safety, Benefits, and Sexual Well-being (ISGE)***

*Chair:* Tommaso Simoncini (Pisa, Italy)

*Chair:* Andrea Genazzani (Pisa, Italy)

**Safety and risks of contraception in perimenopause** 12:15 - 12:35

*Speaker:* Cuauhtemoc Celis Gonzalez (Mexico)

**Health benefits of contraception in perimenopause** 12:35 - 12:55

*Speaker:* Katrin Schaudig (Hamburg, Germany)

**Impact on sexual well-being of women in perimenopause** 12:55 - 13:15

*Speaker:* Johannes Bitzer (Basel, Switzerland)

#### *Society Symposium*

12:15 - 13:15

Breakout Room

#### ***Stratification of cardiovascular and breast risk and impact on MHT. The French position - French Menopause Society-GEMVi***

*Chair:* Patrice Lopes (Nantes, France)

**Evaluation of breast risk at menopause: what impact on the use of menopausal hormone therapy?** 12:15 - 12:35

*Speaker:* Anne Gompel (Paris, France)

**Vascular risk at menopause: How and in which women should it be assessed?** 12:35 - 12:55

*Speaker:* Florence Tremollieres (Toulouse, France)

**Vascular risk at menopause: The importance of a cardio-gynecological program** 12:55 - 13:15

*Speaker:* Geneviève Plu-Bureau (Paris, France)

#### *Sponsored Symposium*

12:30 - 13:30

Auditorium 2

#### **Industry Sponsored Symposium**

#### *Society Symposium*

13:15 - 14:15

Auditorium 3

#### ***Role of hormonal replacement therapy in the management of osteoporosis, in men and in women - ESCEO***

*Chair:* Jean-Yves Reginster (Riyadh, Saudi Arabia)

*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)

<b>Role of MHT in the management of post-menopausal osteoporosis</b>	13:15 - 13:35
<i>Speaker:</i> Nicholas Harvey (Southampton, United Kingdom)	
<b>Impact of hormonal replacement therapy on bone health, in men</b>	13:35 - 13:55
<i>Speaker:</i> Maria Luisa Brandi (Florence, Italy)	
<b>Discussion</b>	13:55 - 14:15
<i>Speaker:</i> Jean-Yves Reginster (Riyadh, Saudi Arabia)	
<i>Society Symposium</i> 13:15 - 14:15	Breakout Room
<b>Is aging inevitable? Delaying aging - Portuguese Society Symposium</b>	
<i>Chair:</i> Claudio Rebelo (PORTO, Portugal)	
<b>Physical pelvic therapy for ALL</b>	13:15 - 13:35
<i>Speaker:</i> Maria Inês Simões (Portugal)	
<b>The place of physical exercise</b>	13:35 - 13:55
<i>Speaker:</i> Alexandre Rebelo Marques (Braga, Portugal)	
<b>Inflammation, drugs and genomics for delaying aging</b>	13:55 - 14:15
<i>Speaker:</i> José Pedro Castro (Porto, Portugal)	
<i>Symposium</i> 14:15 - 15:45	Auditorium 1
<b>Other issues affecting quality of life in the menopausal transition and post-menopause</b>	
<i>Chair:</i> Dorenda van Dijken (Amsterdam, Netherlands)	
<i>Chair:</i> Pluvio Coronado (Madrid, Spain)	
<b>Insomnia</b>	14:15 - 14:40
<i>Speaker:</i> Paola Proserpio (Milan, Italy)	
<b>Depression</b>	14:40 - 15:05
<i>Speaker:</i> Pauline Maki (Chicago, United States)	
<b>Anxiety</b>	15:05 - 15:30
<i>Speaker:</i> Dorenda van Dijken (Amsterdam, Netherlands)	
<b>Discussion</b>	15:30 - 15:45
<i>Symposium</i> 14:15 - 15:45	Auditorium 2
<b>Lifestyle to improve health and quality of life</b>	
<i>Chair:</i> Antonio Cano (Valencia, Spain)	
<i>Chair:</i> Borja Pérez-Domínguez (Spain)	
<b>Exercise after the fifties: which and how?</b>	14:15 - 14:40
<i>Speaker:</i> Mats Hammar (Linköping, Sweden)	
<b>Intermittent fasting in the menopause metabolic syndrome</b>	14:40 - 15:05
<i>Speaker:</i> Kerstin Brismar (Stockholm, Sweden)	
<b>Dyslipidemia and lifestyle</b>	15:05 - 15:30
<i>Speaker:</i> Chrisandra L. Shufelt (Jacksonville, United States)	
<b>Discussion</b>	15:30 - 15:45

*EMAS Debate*

14:15 - 15:00

Auditorium 3

**Does MHT have a role for prevention of non communicable diseases?***Chair:* John Stevenson (London, United Kingdom)*Chair:* Janice Rymer (London, United Kingdom)**PRO**

14:15 - 14:30

*Speaker:* Rafael Sanchez Borrego (Barcelona, Spain)**CON**

14:30 - 14:45

*Speaker:* Cuauhtemoc Celis Gonzalez (Mexico)**Discussion**

14:45 - 15:00

*Oral Abstracts*

14:15 - 15:45

Breakout Room

**Menopausal hormone therapy and non-hormone therapy (ii)***Chair:* Martin Birkhaeuser (Basel, Switzerland)*Chair:* Meletios P. Nigdelis (Homburg, Germany)*Chair:* Elif Aksahin (Istanbul, Turkey)

OP09

**Hormone therapy reduces the effect of age on cognitive decline: NHANES 2011-2014 cross-sectional study**

14:15 - 14:25

*Oral Presenter:* Paula Amado Riveros (Augusta, United States)

OP10

**Long-term effectiveness of ospemifene in treatment of moderate to severe vulvo-vaginal atrophy: the PatiEnt satisfactiON (PEONY) study**

14:25 - 14:35

*Oral Presenter:* Rossella Nappi (Pavia, Italy)

OP11

**Estetrol (E4) Provides Complete Relief from Vasomotor Symptoms in One-Third of Participants in the E4COMFORT I Phase 3 Clinical Trial**

14:35 - 14:45

*Oral Presenter:* Tommaso Simoncini (Pisa, Italy)

OP12

**Menopause and menopause hormone therapy in women with kidney disease**

14:45 - 14:55

*Oral Presenter:* Hannah Beckwith (London, United Kingdom)

OP13

**A novel approach to MHT in perimenopause: violet study results**

14:55 - 15:05

*Oral Presenter:* Svetlana Yureneva (Moscow, Russian Federation)

OP14

**Why and how to tailor the daily doses of transdermal MHT with estradiol gels? the current clinically meaningful evidence**

15:05 - 15:15

*Oral Presenter:* Paul Charles M Piette (Florence, Italy)

OP15

**Effect of curcuminoid on vasomotor symptoms: A prospective, double-blinded, randomized controlled trial**

15:15 - 15:25

*Oral Presenter:* Jinjutha Buntoonprayuk (Bangkok, Thailand)*Break*

15:45 - 16:15

Auditorium 1

**Coffee Break***Plenary Session*

16:15 - 17:15

Auditorium 1

**Digital support and menopausal medicine***Chair:* Antonio Cano (Valencia, Spain)*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)**Artificial intelligence and healthy ageing**

16:15 - 16:45

*Speaker:* Alan Godfrey (Newcastle, United Kingdom)



**Digital technology to support women during the menopausal transition**

16:45 - 17:15

*Speaker:* Aisling O'Kane (Bristol, United Kingdom)

*Ceremony*

17:15 - 17:45

Auditorium 1

**Closing Ceremony**

*Chair:* Antonio Cano (Valencia, Spain)

*Chair:* Angelica Lindén Hirschberg (Stockholm, Sweden)

*Chair:* Petra Stute (Bern, Switzerland)