

Thursday, November 20, 2025

Programme

08:00 - 09:00

R1

CSP student conference 2025: Registration & networking

Programme

09:00 - 09:10

R1

Welcome to the CSP Student Conference 2025

Keynote

09:10 - 09:45

R1

Physiotherapy and AI: Shaping the future of healthcare

Carron Manning (Chiron Health AI, United Kingdom)

Abstracts

09:45 - 10:20

R1

Rapid 5s: Showcase

Break

10:20 - 10:45

R1

Break & poster viewing

Workshop

10:45 - 11:45

R1

Living well with Parkinsons: Shaping the future of physiotherapy-led rehabilitation

Ruth ten Hove (Chartered Society of Physiotherapy, United Kingdom)

Robert Davies (University Hospitals Plymouth NHS Trust & Chartered Society of Physiotherapy, United Kingdom)

Olivia Strachan (University Hospitals Derby and Burton NHS Trust, United Kingdom)

Gary Morris (Hywel Dda University Health Board & Cardiff University, United Kingdom)

Spotlight

11:45 - 11:50

R1

Physiotherapy Benevolent Fund

Programme

11:50 - 12:20

R1

Session details to follow

Break

12:20 - 13:15

R1

Lunch & poster viewing

Programme

13:15 - 13:30

R1

Social or Anti-Social? You decide: Navigating social media and regulation

Workshop

13:30 - 14:25

R1

Landing your first physiotherapy role and thriving

Jennifer Conway (University Hospitals of Derby and Burton, United Kingdom)

Emma Cooke (Cardiff and Vale University Health Board, United Kingdom)

Paul Twose (Cardiff and Vale UHB, United Kingdom)

Workshop

14:25 - 14:45

R1

Exploring careers in private practice

Carys Roberts (Swan Services (Physio | Health and Rehabilitation | Placements & Training), United Kingdom)

Katie Knapton (Physio First, United Kingdom)

Break

14:45 - 15:15

R1

Break & poster viewing*Workshop*

15:15 - 16:15

R1

Maintaining a structured exercise programme throughout an injury period

Trevor Langford (Teesside University , United Kingdom)

Lindsey Maughan (Teesside University, United Kingdom)

Karl Pryor (Teesside University , United Kingdom)

Tim Sharp (Cardiff University, United Kingdom)

Louis Bell (Student) (University of Southampton, United Kingdom)

Lucy Meyer (Student) (UEA, United Kingdom)

Programme

16:15 - 16:30

R1

CSP student conference awards

Friday, November 21, 2025

Break

08:00 - 17:00

R5

Exhibition & poster viewing

Programme

09:00 - 09:10

R4

Welcome to the CSP Annual Conference 2025

Sylvia Wojciechowski (Chartered Society of Physiotherapy, United Kingdom)

Presentation title to follow

09:00 - 09:00

Break

09:00 - 09:45

R2

Room closed

Keynote

09:10 - 09:40

R4

Turning trauma into triumph: The power of physiotherapy in changing lives

Martin Hibbert (United Kingdom)

Symposium

09:50 - 10:50

R4

What is the real value of physiotherapy?

Sue Innes (University of Essex, United Kingdom)

Joseph Russell (Allied Health Professionals Suffolk CIC, United Kingdom)

Chris Martey (Arthritis and Musculoskeletal Alliance; Aneurin Bevan University Health Board, United Kingdom)

Spotlight

09:50 - 10:20

R1

Work as a health outcome

Gail Allsopp (DWP, United Kingdom)

Nina Amedzro (DWP, United Kingdom)

Abstracts

09:50 - 10:50

R2

Abstract presentations

A realist evaluation of models of Long COVID community rehabilitation in Scotland.

09:50 - 10:05

Kay Cooper (Robert Gordon University, United Kingdom)

Improving Long Covid Outcomes: A Retrospective Evaluation of the Salford Rehabilitation Service

10:05 - 10:10

Harmeet Momi (Salford Long Covid Rehabilitation Service, Northern Care Alliance, Salford NHS Foundation Trust, United Kingdom)

Tackling health inequity: diversifying the rehabilitation offer for people post-COPD exacerbation.

10:10 - 10:15

Elaine Sutherland (Swansea Bay University Health Board, United Kingdom)

Q&A

10:15 - 10:30

Experiences of pacing with a heart rate monitor for people with Myalgic Encephalomyelitis.

10:30 - 10:45

Nicola Clague-Baker (University of Liverpool, United Kingdom)

Experiences of Transcutaneous Auricular Vagus Nerve stimulation

for people with Myalgic Encephalomyelitis.

10:45 - 10:50

Nicola Clague-Baker (University of Liverpool, United Kingdom)

Abstracts

09:50 - 10:50

R3

Abstract Presentations**Factors influencing physical activity maintenance after pain management programmes for people with persistent musculoskeletal pain**

09:50 - 10:05

Gregory Booth (Royal National Orthopaedic Hospital NHS Trust, United Kingdom)

Physiotherapy exercise rehabilitation with exercise adherence support for people with vertebral fragility fractures: OPTIN RCT

10:05 - 10:20

Karen Barker (University of Oxford, United Kingdom)

Bridging the gap: exploring predictors of drop-out in a physiotherapy-led weight management programme

10:20 - 10:35

Jade Sampford (Guy's and St Thomas' NHS Foundation Trust, United Kingdom)

The Effect of Interventions on Kinesiophobia and Physical Activity in Cardiac Populations: A Systematic Review

10:35 - 10:40

Calum Goldie (NHS Greater Glasgow & Clyde, United Kingdom)

Q&A

10:40 - 10:50

Workshop

09:50 - 10:50

Masterclass in Exercise Prescription: Beyond 3 sets of 10

Colin Paterson (ACPSEM/Brighton University, United Kingdom)

Sian Knott (Cardiff University / Welsh Gymnastics, United Kingdom)

Mark Matthews (Ulster University, United Kingdom)

Nicola Phillips (Cardiff University, United Kingdom)

Workshop

09:50 - 10:50

Effective practice education in a challenging workforce world

Aled Williams (Cardiff University, United Kingdom)

Jonathon Duffin (University of South Wales, United Kingdom)

Michael Gara (Cardiff University, United Kingdom)

Holly Spencer (Cardiff University, United Kingdom)

Symposium

09:50 - 10:50

People living with cardio-kidney-metabolic conditions can benefit from physiotherapy-led rehabilitation

Siobhan Freeman (King's College Hospital, United Kingdom)

Hannah Young (University of Leicester, United Kingdom)

Christy Walklin (Kings College Hospital NHS Trust, United Kingdom)

Workshop

09:50 - 10:50

Meet the workforce Influencing Stars!

Ashila Bhutia (NHSE, United Kingdom)

Anne Canby (East Sussex Healthcare Trust, United Kingdom)

Sushant Jeurkar (Major Trauma Network, United Kingdom)

PRESENTATION

09:50 - 09:50

PRESENTATION

09:50 - 09:50

PRESENTATION

09:50 - 09:50

Abstracts

10:20 - 10:50

R1

Abstract presentations**A Symphony of Good Sense: A Toolkit for Physiotherapists New to Working with Orchestral Musicians.**

10:20 - 10:25

Sarah Upjohn (Royal Liverpool Philharmonic, United Kingdom)

The key role of Specialist Occupational Physiotherapy to support a healthy, resilient and engaged workforce

10:25 - 10:30

Lina Chauhan (BT Group plc, United Kingdom)

Serving Those Who Serve: Impact of a Staff Musculoskeletal Physiotherapy Service

10:30 - 10:35

Jignisha Patel (Imperial College Healthcare NHS Trust, United Kingdom)

Q&A

10:35 - 10:50

Break

10:50 - 11:15

R4

Exhibition & poster viewing*Break*

10:50 - 11:15

R1

Exhibition & poster viewing*Break*

10:50 - 11:15

R2

Exhibition & poster viewing*Break*

10:50 - 11:15

R3

Exhibition & poster viewing*Break*

10:50 - 11:15

Exhibition & poster viewing*Break*

10:50 - 11:15

Exhibition & poster viewing*Break*

10:50 - 11:15

Exhibition & poster viewing*Break*

10:50 - 11:15

Exhibition & poster viewing*Break*

10:50 - 11:15

Exhibition & poster viewing

Keynote

11:15 - 12:00

R4

CSP Founders' Lecture 2025: Distributed agency and physiotherapy: Preparing for AI agents in healthcare

Michael Rowe (University of Lincoln, United Kingdom)

Break

11:15 - 12:15

R2

Room closed*Spotlight*

12:00 - 12:05

R4

Physiotherapy Benevolent Fund

Lawrence Owers (The Physiotherapy Benevolent Fund, United Kingdom)

Programme

12:05 - 12:20

R4

CSP Professional Awards 2025*Break*

12:20 - 13:20

R4

Lunch & poster viewing*Break*

12:20 - 13:20

R1

Lunch & poster viewing*Break*

12:20 - 13:20

R2

Lunch & poster viewing*Break*

12:20 - 13:20

R3

Lunch & poster viewing*Break*

12:20 - 13:05

Lunch & poster viewing*Break*

12:20 - 13:05

Lunch & poster viewing*Break*

12:20 - 13:05

Lunch & poster viewing*Break*

12:20 - 13:05

Lunch & poster viewing

Break

12:20 - 13:05

Lunch & poster viewing*Workshop*

13:05 - 14:05

Demystifying respiratory on-calls, facilitated by the ACPRC (respiratory professional network)

Carol Montgomery (Lewisham and Greenwich NHS trust, United Kingdom)

Jen Balls (The Royal Brompton Hospital, United Kingdom)

Clair Martin (University hospitals Leicester, United Kingdom)

Laura Mylott (Royal Brompton Hospital, Guy's and St Thomas' NHS Foundation Trust, United Kingdom)

Workshop

13:05 - 14:05

Pelvic Health and Ergonomics in the Workplace

Lasse Flosand (ACPOHE, United Kingdom)

Christien Bird (White Hart Clinic & Menopause Movement, United Kingdom)

Networking

13:05 - 13:35

Engage and elevate: Physiotherapy support workers

Anjali Midha (Birmingham Community Healthcare NHS Foundation Trust, United Kingdom)

Networking

13:05 - 13:35

Implementation of new weight bearing terminology BOAST - how?

Katrina Mitchell (Hampshire and Isle of Wight Healthcare NHS Foundation Trust (HOIWH), United Kingdom)

Alex Trompeter (St George's University of London, United Kingdom)

Keynote

13:20 - 13:50

R4

Physiotherapy & physical activity: a view through both ends of the telescope

Anna Lowe (Sheffield Hallam University, United Kingdom)

Abstracts

13:20 - 15:05

R1

Abstract presentations**Provision of tailored knee braces for knee osteoarthritis (PROP OA): a multi-centre randomised controlled trial**

13:20 - 13:35

Melanie Holden (Keele University, United Kingdom)

Process evaluation of tailored exercise for people aged ≥ 80 with hip/knee osteoarthritis and comorbidities.

13:35 - 13:40

Philippa Nicolson (The University of Oxford, United Kingdom)

Remote osteoarthritis peer mentorship programme for people experiencing socioeconomic disadvantage: A mixed methods process evaluation

13:40 - 13:45

Samantha Mason (The University of Leeds, United Kingdom)

Use of the Oxford Physical Activity and Participation questionnaire in Tamil people with knee osteoarthritis

13:45 - 13:50

Vinitha Arasu (SRM Institute of Science and Technology, India)

Q&A

13:50 - 14:10

Supporting people while waiting for total hip or knee arthroplasty

14:10 - 14:25

Kay Cooper (Robert Gordon University, United Kingdom)

Key functional activities that matter most to patients after hip or knee arthroplasty	14:25 - 14:40
Stéphane Poitras (Univeristy of Ottawa, Canada)	
Integrating Patient Perspectives Into Functional Outcomes Measures Following Hip Or Knee Arthroplasty: A Content Analysis	14:40 - 14:45
Stéphane Poitras (Univeristy of Ottawa, Canada)	
Do lifestyle factors affect Patient-RepOrted clinical outcomes after total Knee replacement surgery? (PRO-Knee).	14:45 - 14:50
Gareth Stephens (The Royal Orthopaedic Hospital, Birmingham, UK., United Kingdom)	
The success of a physiotherapy-led knee replacement day surgery pathway: Key messages from 2,577 patients.	14:50 - 14:55
Cathy Jenkins (Oxford University Hospitals NHS Foundation Trust, United Kingdom)	
Q&A	14:55 - 15:05

Symposium

13:20 - 14:20

R2

Buzzword to bedside: Making AI work for physiotherapy

Leah Parry (University Hospitals Bristol and Weston NHS Foundation Trust, United Kingdom)

Peter Grinbergs (EQL, United Kingdom)

Carron Manning (Chiron Health AI, United Kingdom)

Michael Rowe (University of Lincoln, United Kingdom)

Symposium

13:20 - 14:05

R3

If I increase access, won't my waiting lists surge? Enhancing equity in physiotherapy services

Anne Canby (East Sussex Healthcare Trust, United Kingdom)

Laura Finucane (Here Brighton, United Kingdom)

Anthony Gilbert (Royal National Orthopaedic Hospital, United Kingdom)

Ben Wilkins (Good Boost, United Kingdom)

Abstracts

13:20 - 15:05

Abstract presentations

Enhancing Resilience in Pre-registration Allied Health Professional Students	13:20 - 13:25
Louise Howe (University of Lincoln, United Kingdom)	
Utilisation and perceptions of generative artificial intelligence among physiotherapy students: A cross-sectional study	13:25 - 13:30
Alice Upfield (St Mary's University, United Kingdom)	
Digital anatomy teaching; benefits, challenges and recommendations for implementation in pre-registration Physiotherapy curriculum: A survey	13:30 - 13:35
Gillian Jones (Oxford Brookes University, United Kingdom)	
What makes an effective work-based mentor; mentor perceptions and expectations	13:35 - 13:40
Karen Stevens (Sheffield Hallam University, United Kingdom)	
Q&A	13:40 - 13:40
Enhancing Patient-Centred Communication Skills Using AI-Enabled Simulations in Physiotherapy Education	13:40 - 13:45
Dean Walker (University of Lincoln, United Kingdom)	
Effect of simulation-based- learning on clinical placement experiences for physiotherapy students in the United Kingdom	13:45 - 13:50

Veena Raigangar (University of Brighton, United Kingdom)

Evaluation of a University Peer Exercise and Community Activity Placement (PECAP) model

13:50 - 13:55

Paul Moran (Robert Gordon University, United Kingdom)

A Novel MSK Placement Model provided by a University Clinical Service: Supporting local NHS pathways

13:55 - 14:00

Richard Stanley (Health Sciences University, United Kingdom)

Q&A

14:00 - 14:00

The lived experiences of Physiotherapists who have transitioned to lecturer: understanding the motivators, enablers, and constraints

14:00 - 14:15

Carol Bonfield (Manchester Metropolitan University, United Kingdom)

Symposium

13:50 - 15:05

R4

Managing musculoskeletal long-term conditions: supporting the patient journey

Hannah Chambers (East Kent Hospitals University NHS Foundation Trust, United Kingdom)

Donna Andrew (Versus Arthritis, United Kingdom)

Chris Martey (Arthritis and Musculoskeletal Alliance; Aneurin Bevan University Health Board, United Kingdom)

Jon Room (Oxford Brookes University, United Kingdom)

Jade Skeates (Royal United Hospitals Bath NHS Foundation Trust, United Kingdom)

Sadé Asker (National Rheumatoid Arthritis Society, United Kingdom)

Networking

13:50 - 14:20

What does wellbeing really mean? Empowering you for the future

Christina Ryan (Manchester University NHS Foundation Trust, United Kingdom)

Sarah Mortimore (NHS - Torbay and South Devon NHS Foundation Trust, United Kingdom)

Networking

13:50 - 14:20

The essential guide to working in private practice

Katie Knapton (Physio First, United Kingdom)

Symposium

14:05 - 15:05

R3

Exploring health inequalities through an LGBTQIA lens: Considerations for physiotherapy

Paul Rees (Chartered Society of Physiotherapy LGBTQIA Network, United Kingdom)

Shannon Pinnington (Northern Care Alliance, United Kingdom)

Emma Powson (Swansea Bay University Health Board, United Kingdom)

Workshop

14:05 - 15:05

My patient has cardiovascular disease, can I still prescribe exercise?

Susan Young (Aneurin Bevan University Health Board, United Kingdom)

Fiona Brownlie (NHS Tayside, United Kingdom)

Workshop

14:05 - 15:05

Addressing undressing in physiotherapy education: time for a rethink?

Amy Bendall (Cardiff University, United Kingdom)

Sue Annetts (Cardiff University, United Kingdom)

Jo-Dee Tame (Cardiff University, United Kingdom)

Gareth Venn (Cardiff University, United Kingdom)

Abstracts

14:20 - 15:05

R2

Abstract presentations**Addressing digital exclusion from physical activity digital health interventions: the EX-TAB Study**

14:20 - 14:35

Walklin Christy (King's College Hospital, United Kingdom)

Clinician experiences of Virtual Lucy (VL): Developing digital healthcare excellence. A pilot survey

14:35 - 14:40

Rachael Ordell (Health Business Solutions UK, United Kingdom)

Digitisation of paper rehabilitation prescription provision using an online platform: A Quality Improvement project

14:40 - 14:45

Chloe Dorrington (Imperial Trust, United Kingdom)

Q&A

14:45 - 15:05

Networking

14:30 - 15:00

9 million not working due to ill-health: How can we help?

Paul Shawcross (Coventry University, United Kingdom)

Networking

14:30 - 15:00

Career pathways - Navigating enhanced practice

Louise Henstock (University of Salford, United Kingdom)

Break

15:05 - 15:30

R4

Exhibition & poster viewing*Break*

15:05 - 15:30

R1

Exhibition & poster viewing*Break*

15:05 - 15:30

R2

Exhibition & poster viewing*Break*

15:05 - 15:30

R3

Exhibition & poster viewing*Break*

15:05 - 15:30

Exhibition & poster viewing*Break*

15:05 - 15:30

Exhibition & poster viewing*Break*

15:05 - 15:30

Exhibition & poster viewing

Break

15:05 - 15:30

Exhibition & poster viewing*Break*

15:05 - 15:30

Exhibition & poster viewing*Keynote*

15:30 - 16:00

Exploring the playful power of virtual reality and sensors in physiotherapy

Mohammad Al-Amri (Cardiff University, United Kingdom)

Kate Button (Cardiff University, United Kingdom)

R4

Spotlight

15:30 - 16:00

A New Path Forward: Advancing practice through development of a care pathway for symptomatic hypermobility in Wales

R1

Keynote

15:30 - 16:00

The challenge of multi-morbidity - is a personalised exercise base intervention the answer?

Sally Singh (University of Leicester, United Kingdom)

R2

Abstracts

15:30 - 17:00

Abstract presentations

R3

State-of-the Art literature review: pelvic health physiotherapy for effects of transgender-related hormonal and/or surgical interventions

15:30 - 15:45

Ruth Parry (Centre for Research on Communication and Culture, United Kingdom)

UK physiotherapists' perceptions on the management of menopausal women presenting with musculoskeletal conditions.

15:45 - 16:00

Kate Turner (Teesside University, United Kingdom)

Pelvic Health Education Class as first patient contact reduces waiting times and delivers patient satisfaction.

16:00 - 16:05

Bea Parker (Sherwood Forest Hospitals, United Kingdom)

Factors Influencing Exercise Self-efficacy amongst Menopausal Women in the UK

16:05 - 16:10

Veena Raigangar (University of Brighton, United Kingdom)

Q&A

16:10 - 16:25

TAPER-Pain: Testing the Activity Pacing questionnaire for validity, reliability and Responsiveness for chronic Pain

16:25 - 16:40

Deborah Antcliff (Northern Care Alliance NHS Foundation Trust, United Kingdom)

What is a Pain Coach?

16:40 - 16:45

Joseph Parsons (Teesside University, United Kingdom)

Fibromyalgia education. Is it needed or of benefit? A mixed-methods study of an education intervention

16:45 - 16:50

Hannah Chambers (East Kent Hospitals University NHS Foundation Trust, United Kingdom)

Q&A

16:50 - 17:00

Workshop

15:30 - 16:30

How physiotherapists support access to-work for those with work-limiting conditions

Colette Owen (ACPOHE, United Kingdom)

William Gregory (Salford Care Organisation Northern Care Alliance NHS Foundation Trust, United Kingdom)

Sarah Marshall (Disability Services Advocacy Team, United Kingdom)

Karen Robb (Movember, United Kingdom)

Workshop

15:30 - 16:45

Enhancing physiotherapy education through student-led clinics

Donna Wynne (Robert Gordon University, United Kingdom)

David Hegarty (Glasgow Caledonian University, United Kingdom)

Julie Jones (Robert Gordon University, United Kingdom)

Abstracts

15:30 - 17:00

Abstract presentations

Improving physiotherapy services: a qualitative systematic review of factors influencing patient satisfaction in musculoskeletal rehabilitation 15:30 - 15:45

Anthony Gilbert (Royal National Orthopaedic Hospital, United Kingdom)

Using digital health platforms to understand patient satisfaction with First Contact Physiotherapists at scale. 15:45 - 15:50

Iain Loughran (South Tees Hospitals NHS Foundation Trust, United Kingdom)

What does collaborative healthcare for people with musculoskeletal-related conditions look like? A scoping review 15:50 - 15:55

James Roberts (University of Essex, United Kingdom)

Q&A 15:55 - 16:10

An Evaluation into the Effectiveness of a New Musculoskeletal Healthcare Hub in Enfield 16:10 - 16:25

Hayley Alderton (Royal National Orthopaedic Hospital NHS Trust, United Kingdom)

Tackling Musculoskeletal Healthcare Inequalities: Implementation and Evaluation of a Community Musculoskeletal Outreach Pathway 16:25 - 16:30

Hayley Alderton (Royal National Orthopaedic Hospital NHS Trust, United Kingdom)

Clinical and cost effectiveness of communication skills e-learning: Cluster-randomised controlled trial in multi-professional primary care 16:30 - 16:45

Flis Bishop (University of Southampton, United Kingdom)

Empathy and optimism in first contact practitioner physiotherapy: A nested qualitative study. 16:45 - 16:50

Flis Bishop (University of Southampton, United Kingdom)

Q&A 16:50 - 17:00

Networking

15:30 - 16:00

Open forum to discuss FCP (First Contact Physiotherapists)

Abi Henderson (The Chartered Society of Physiotherapy, United Kingdom)

Networking

15:30 - 16:00

Building research readiness: Tips and ideas, including research objective setting

Ali Aries (The Royal Wolverhampton NHS Trust, United Kingdom)

Samantha Cook (The Royal Wolverhampton NHS Trust, United Kingdom)

Symposium

16:00 - 17:00

R4

Enhancing concussion care: Utilising technology to objectify targeted rehabilitation

David Bartlett (Your Brain Health, United Kingdom)

Mike Loosemore (University College London, United Kingdom)

James McLoughlin (Flinders University, Australia)

Abstracts

16:00 - 17:00

R1

Abstract presentations**Exploring paediatric physiotherapists' beliefs regarding 'sport as a therapy choice' for young people with disabilities.**

16:00 - 16:15

Susan Booth (University of Greater Manchester, United Kingdom)

use of outcome measures for return to sport in paediatric physiotherapy- a retrospective observational study.

16:15 - 16:30

Nicola Sheridan (Royal College of Surgeons, Ireland, Ireland)

Barriers and facilitators to physical activity in adolescents with Hypermobile Spectrum Disorder and hypermobile Ehlers-Danlos-syndrome.

16:30 - 16:45

Shreya Vashisht (Linden Lodge School, United Kingdom)

Q&A

16:45 - 17:00

Symposium

16:00 - 17:00

R2

Can the profession support people with increasing complexity and MLTCs?

Ruth ten Hove (Chartered Society of Physiotherapy, United Kingdom)

Anju Jaggi (Royal National Orthopaedic Hospital Stanmore, United Kingdom)

Michelle Price (NHS Wales Executive, United Kingdom)

Sally Singh (University of Leicester, United Kingdom)

Neil Langridge (Health Sciences University, United Kingdom)

Networking

16:15 - 17:00

Investing in Professional Networks*Networking*

16:15 - 17:00

Researcher speed networking

Catherine Lawrence (Chartered Society of Physiotherapy, United Kingdom)

Abstracts

16:30 - 17:00

Abstract presentations*Break*

17:00 - 17:30

R4

Day 1 ends 1700

Break

17:00 - 19:00

R5

Delegates' welcome reception

Saturday, November 22, 2025

Break

08:00 - 15:45

R5

Exhibition & poster viewing

Spotlight

09:00 - 09:30

R4

Vestibular rehabilitation - It's relevance across the profession. (ACPIVR)

Dean Metz (South Tyneside and Sunderland NHS Trust, United Kingdom)

Hannah Wright (STEPS Rehabilitation, United Kingdom)

Spotlight

09:00 - 09:30

R1

Experience, delivery and impact of physiotherapy degree apprenticeships

Abi Henderson (The Chartered Society of Physiotherapy, United Kingdom)

Abstracts

09:00 - 10:30

R2

Abstract Presentations

The patient experience of recovery twelve months after musculoskeletal trauma: a qualitative study

09:00 - 09:15

Nicola Middlebrook (Manchester Metropolitan University, United Kingdom)

The lived experience of falls in people with COPD: A qualitative study

09:15 - 09:30

Alice Franklin (Teesside University, United Kingdom)

Q&A

09:30 - 09:35

Patient and clinician perceptions of blunt chest trauma management and recovery: A qualitative study

09:35 - 09:50

Ceri Battle (Morrison Hospital, Swansea Bay University Health Board, United Kingdom)

Exploring experiences of physiotherapists accredited in lung ultrasound within the United Kingdom: a national survey.

09:50 - 10:05

Ellis Porter (Blackpool Teaching Hospitals NHS Foundation Trust, United Kingdom)

Singing for Lung Health; Psychological and Physiological Impacts on Individuals with Chronic Obstructive Pulmonary Disorder.

10:05 - 10:10

Bryony Sharp (University of Cumbria, United Kingdom)

The impact of physical changes to appearance on people with vertebral fragility fracture: qualitative study.

10:10 - 10:15

Karen Barker (University of Oxford, United Kingdom)

Q&A

10:15 - 10:30

Spotlight

09:00 - 09:30

R3

Future focussed physiotherapy education

Spotlight

09:00 - 09:30

Physiotherapeutic management of temporomandibular disorders in the United Kingdom - new guidelines for a new dawn

Alexander Weden (Nottingham University Hospitals, United Kingdom)

Symposium

09:30 - 10:30

R4

Managing multi-morbidity in rehabilitation: Bone health in Parkinson's disease

Robert Davies (University Hospitals Plymouth NHS Trust & Chartered Society of Physiotherapy, United Kingdom)

Julie Jones (Robert Gordon University, United Kingdom)

Beccy Oliver (Thorpes Neuro Rehab, United Kingdom)

Symposium

09:30 - 10:30

R1

Support workers: Influencing service transformation through effective delegation and leadership

Richard Griffin (Kings College London, United Kingdom)

Abi Hall (University of Exeter, United Kingdom)

Panos Sarigiannis (Midlands Partnership University NHS Foundation Trust, United Kingdom)

Sarah Bishop (Swansea Bay University Health Board, United Kingdom)

Elaine Sutherland (Swansea Bay University Health Board, United Kingdom)

Symposium

09:30 - 10:30

R3

Practice based learning for physiotherapy learners in the social care sector

Melanie Stephens (University of Salford, United Kingdom)

Alex Dunford (Bournemouth University, United Kingdom)

Jessica Harris (Sheffield Hallam University, United Kingdom)

Deborah O'Connor (Manchester Metropolitan University, United Kingdom)

Workshop

09:30 - 10:30

Bridging the gap between aquatic therapy services and community pools

Claire Speer (Aquatic Therapy Association of Chartered Physiotherapists, United Kingdom)

Katrina Kennedy (Private Practice, United Kingdom)

Katy Macswiney (Defence Medical Rehabilitation Centre, United Kingdom)

Helen Oakes (East Kent Hospitals University NHS Foundation Trust, United Kingdom)

Workshop

09:30 - 10:30

Equipping the next generation: Managing diagnostic uncertainty in musculoskeletal physiotherapy

Richard Stanley (Health Sciences University, United Kingdom)

Andrew Coombs (Sussex Musculoskeletal Health, United Kingdom)

Matthew Low (University Hospitals Dorset NHS Foundation Trust, United Kingdom)

Catherine Wilde (Health Sciences University, United Kingdom)

Abstracts

09:30 - 10:30

Abstract presentations**Evaluating Effectiveness of Localized Versus Integrated Global Approaches for Cervical Postural Malalignment: Randomized Controlled Trial**

09:30 - 09:45

Walaa Abu-Taleb (London Metropolitan University, United Kingdom)

Clinical features and examination tests used to diagnose cervical myelopathy: a scoping review

09:45 - 09:50

Kay Cooper (Robert Gordon University, United Kingdom)

Q&A

09:50 - 10:00

A service evaluation of a newly implemented advanced physiotherapy practitioner led shoulder instability service

10:00 - 10:05

Amy Banning (Chelsea and Westminster Hospital, United Kingdom)

Personalised guided consultation for managing shoulder pain in physiotherapy services: The PANDA-S internal pilot trial

10:05 - 10:10

Sarah Harrisson (Keele University, United Kingdom)

Physical examinations to inform prediction of changes in shoulder pain and disability in PANDA-S study

10:10 - 10:15

Jayanti Rai (Keele University, United Kingdom)

Q&A

10:15 - 10:30

Programme

09:30 - 10:00

Bite-size learning, Big Impact: Digital Education for AHPs

Jackie Lidgard (Chartered Society of Physiotherapy, United Kingdom)

Euan McComiskie (Chartered Society of Physiotherapy, United Kingdom)

Networking

09:30 - 10:00

Where Wales meets West: Engaging with CSP boards and networks

Leighton Powell (ABUHB, United Kingdom)

Networking

10:00 - 10:30

Research Impact: interactive collaborative learning, mapping impact and action

Caroline Belchamber (Health Sciences University (HSU), United Kingdom)

Caroline Coultard (University of Hertfordshire, United Kingdom)

Networking

10:00 - 10:30

Celebrating disability - Important figures from history

Scarlett Chamberlain (Chartered Society of Physiotherapy, United Kingdom)

Jaz Churms (University Hospitals Bristol and Weston, United Kingdom)

Break

10:30 - 11:00

R4

Exhibition & poster viewing

Break

10:30 - 11:00

R1

Exhibition & poster viewing

Break

10:30 - 11:00

R2

Exhibition & poster viewing

Break

10:30 - 11:00

R3

Exhibition & poster viewing

Break

10:30 - 11:00

Exhibition & poster viewing

Break

10:30 - 11:00

Exhibition & poster viewing

Break

10:30 - 11:00

Exhibition & poster viewing*Break*

10:30 - 11:00

Exhibition & poster viewing*Break*

10:30 - 11:00

Exhibition & poster viewing*Symposium*

11:00 - 12:00

Environmental physiotherapy and the workforce: Advancing sustainable practice.

Matthew Low (University Hospitals Dorset NHS Foundation Trust, United Kingdom)

Emad Al-Yahya (University of Nottingham, United Kingdom)

Kathryn Donohue (University of Plymouth, United Kingdom)

Veena Raiganger (University of Brighton, United Kingdom)

R4

Symposium

11:00 - 11:45

Preceptorship: A word no one gets, but It matters - the Key to Unlocking Successful Transitions

Ioan Vaughan (Betsi Cadwaladr University Health Board, United Kingdom)

Jean Byrne (Belfast Health and Social Care Trust, United Kingdom)

Lucy Parry (Betsi Cadwaladr University Health Board, United Kingdom)

R1

Spotlight

11:00 - 11:30

Third-sector collaboration to improve outcomes for children with disabilities

Jo Wood (Aneurin Bevan University Health Board, United Kingdom)

R2

Abstracts

11:00 - 12:25

Abstract presentations**Enhancing Stroke Rehabilitation through Telerehabilitation and tDCS: Physiotherapy-specific Outcomes from a Randomised Controlled Trial**

11:00 - 11:15

Tolulope Adeniji (Oxleas NHS Foundation Trust, United Kingdom)

Implementation of NICE stroke guideline through service redesign: The Brent Neurorehabilitation Transformation (BNT) Project

11:15 - 11:30

Kavitha Venkatesan (Central London Community NHS Trust, United Kingdom)

Ultrasound guided injection of botulinum toxin for spasticity: Delphi study to develop a competency framework

11:30 - 11:35

Gary Morris (Hywel Dda University Health Board & Cardiff University, United Kingdom)

Q&A

11:35 - 11:50

The enablers and barriers to participating in National Exercise Referral Schemes for people with stroke

11:50 - 11:55

Linda Tremain (Aneurin Bevan Health Board, United Kingdom)

A Qualitative Study of Perceptions and Experiences of Rebound Exercise Among Community-Dwelling Adults with Neurological-Disorders.

11:55 - 12:00

Adaora Okemuo (University College Birmingham, United Kingdom)

Physical Activity Patterns Among Individuals with Multiple Sclerosis in Saudi Arabia: Objective and Self-Reported Measures	12:00 - 12:05
Rahaf Barboud (College of Applied Medical Sciences, Taif University, Saudi Arabia)	
Q&A	12:05 - 12:20

Workshop
11:00 - 12:00

The shape of physiotherapy: Evolving through collaboration

Roger Kerry (University of Nottingham, United Kingdom)
Neil Langridge (Health Sciences University, United Kingdom)

Workshop
11:00 - 12:00

Rehab rewired: Exploring AI in physiotherapy education

Euan McComiskie (Chartered Society of Physiotherapy, United Kingdom)
Michael Rowe (University of Lincoln, United Kingdom)
Alice Upfield (St Mary's University, United Kingdom)
Sundeeep Watkins (Chartered Society of Physiotherapy, United Kingdom)

Symposium
11:00 - 12:00

A musculoskeletal physiotherapist's challenge: Screening for inflammatory back pain

Rhys Hayward (Northwick Park Hospital, London North West University Healthcare NHS Trust, United Kingdom)
Hannah Chambers (East Kent Hospitals University NHS Foundation Trust, United Kingdom)
William Gregory (Salford Care Organisation Northern Care Alliance NHS Foundation Trust, United Kingdom)
Carol McCrum (Division of Allied Health & Division of Cancer and Ambulatory Services, Canberra Health Services Canberra Hospital,, Australia)

Networking
11:00 - 11:30

Demystifying Vestibular rehabilitation and a review of current Falls guidance

Thomas Wright (East Sussex Hospital Trust, United Kingdom)

Networking
11:00 - 11:30

Top tips for transitioning from advanced practice to consultant practice. (CPPN)

Jenny Ward (Kent community Health NHS Foundation trust, United Kingdom)
Thomas Watt (Northern Care Alliance, United Kingdom)

Abstracts
11:30 - 12:30

R2

Abstract presentations

Crouch Gait in Children with Cerebral Palsy: A Cross-Sectional Study	11:30 - 11:45
Harriet Hughes (University of Plymouth, United Kingdom)	
Children with idiopathic toe-walking display different cortical activation patterns during tactile sensation, an fMRI study	11:45 - 12:00
Jack Donne (Monash University, Australia)	
Exploring the experiences of teachers who collaborate with physiotherapists to support children with physical disabilities.	12:00 - 12:05
Jo Wood (Aneurin Bevan University Health Board, United Kingdom)	
Opportunities for proactive risk identification: frailty and osteoporosis in a younger man with learning disabilities.	12:05 - 12:10
Ingrid Wilkinson Hart (HCRG Care Group, United Kingdom)	

Parental Engagement in Physiotherapy Home Exercise Programmes for Children with Cerebral Palsy: A Literature Review 12:10 - 12:15

Rachel Cowan (James Paget University Hospital NHS Foundation Trust, United Kingdom)

Q&A 12:15 - 12:30

Symposium
11:45 - 12:30

R1

From struggle to success: Co-designing preceptorship with physiotherapists

Sara Hill (Ashford and St Peter's Hospitals NHS Foundation Trust, United Kingdom)

Zoe Gunston (Ashford and St Peter's NHS Foundation Trust, United Kingdom)

Francesca Peplow (Ashford and St Peter's Hospitals NHS Foundation Trust, United Kingdom)

Samantha Vincent (St Mary's University, Twickenham, United Kingdom)

Keynote

12:00 - 12:30

R4

The transferability of physiotherapy skills into the wider world

Ruth Jones MP (Houses of Parliament, United Kingdom)

Break

12:30 - 13:45

R4

Lunch & poster viewing

Break

12:30 - 13:45

R2

Lunch & poster viewing

Break

12:30 - 13:45

R3

Lunch & poster viewing

Break

12:30 - 13:45

Lunch & poster viewing

Break

12:30 - 13:45

Lunch & poster viewing

Break

12:30 - 13:45

Lunch & poster viewing

Break

12:30 - 13:45

Lunch & poster viewing

Break

12:30 - 13:45

Lunch & poster viewing

Meeting

12:40 - 13:40

R1

CSP Annual General Meeting 2025*Spotlight*

13:45 - 14:15

R4

Better data, better care: Using the data for impact (Dfi) project to drive quality in MSK physiotherapy*Symposium*

13:45 - 14:45

R2

Integrated Neighbourhood working: Transforming community care in England & Wales

Sara Hazzard (CSP, United Kingdom)

Rhiannon Yates (East Suffolk and North Essex NHS Foundation Trust, United Kingdom)

Julia Worthington (Manchester and Trafford Local Care Organisation, part of Manchester University NHS Foundation Trust, United Kingdom)

Rebecca Jorgensen-Corfield (Cardiff and Vale UHB, United Kingdom)

Abstracts

13:45 - 15:15

R3

Abstract presentations

Patient Stratification in Musculoskeletal Physiotherapy: Evaluation of an Automated Triage Tool for Digital Self-Management 13:45 - 14:00

Victoria Sanders (Sussex MSK Health, West Sussex and Brighton & Hove, United Kingdom)

Screening for mental health comorbidity in a physiotherapy outpatient musculoskeletal service: data from 11,449 patients 14:00 - 14:15

Nicky Wilson (King's College Hospital NHS Foundation Trust, United Kingdom)

Improving rheumatology screening: Evaluating referral outcomes between orthopaedic triage and rheumatology for suspected inflammatory arthropathies 14:15 - 14:20

Fiona Hunter (Birmingham Community Healthcare NHS Foundation Trust, United Kingdom)

Diagnostic Accuracy of SIJ Provocation Tests for Sacroiliitis: A Literature Review 14:20 - 14:25

Longsun Yau (Birmingham Community Healthcare NHS Foundation Trust, United Kingdom)

Q&A 14:25 - 14:40

Awareness of cauda equina syndrome guidelines among primary care clinicians in England: A national survey 14:40 - 14:55

Jonathon Gill (Somerset NHS Foundation Trust, United Kingdom)

Evaluating advanced physiotherapists' role in primary care for lumbar MRI referrals and patient outcomes 14:55 - 15:00

Victoria de Ga (NHS Forth Valley, United Kingdom)

Implementation of the National Suspected Cauda Equina Syndrome Pathway: results from an MSK triage service 15:00 - 15:05

Heather Grant (Midland Partnership University Foundation Trust (MPFT), United Kingdom)

Q&A 15:05 - 15:15

Workshop

13:45 - 14:45

Ensuring excellence: Governance and regulatory compliance in advanced practice

Diane Reid (Manchester Metropolitan University, United Kingdom)

Katie Cooper (NHS England, United Kingdom)

Abi Henderson (The Chartered Society of Physiotherapy, United Kingdom)

Workshop

13:45 - 14:45

Whose goal is it anyway? Integrating exercises for health in rehabilitation, the benefits and challenges.

Tim Sharp (Cardiff University, United Kingdom)

Kathleen Walker (Cardiff University, United Kingdom)

Paul Adamson (Cardiff University, United Kingdom)

Graeme Paul Taylor (Cardiff University, United Kingdom)

Abstracts

13:45 - 15:15

Abstract Presentations

Self-administered dual-task training for balance and falls among older adults: A multi-center Randomized Control Trial 13:45 - 14:00

Stanley Winsor (Hong Kong Polytechnic University, Hong Kong)

Experiences of Older Adults Completing a Technology-Based Dual-Task Fall Prevention Programme: A Mixed-Method Pilot Study 14:00 - 14:15

Prerna Mathur (School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham, United Kingdom)

Views and experiences of AQUASTEPS falls prevention programme from older adults and aquatic exercise instructors 14:15 - 14:20

Linda Linton (University of Edinburgh, United Kingdom)

Orthopaedic Out Of Bed Project (OOBP): Phase 2 - Success in a different acute setting? 14:20 - 14:25

Rene Gray (James Paget University Hospital, United Kingdom)

Impact of hip precautions on function in patients undergoing hip arthroplasty: A Randomized Controlled Study 14:25 - 14:30

Stéphane Poitras (University of Ottawa, Canada)

Q&A 14:30 - 14:45

Structure and Function of the Achilles Tendon and Plantarflexors 1+ Year Following Achilles Tendon Rupture 14:45 - 15:00

Alexander Kilcran (University of Leicester, United Kingdom)

Older adults are affected by Achilles tendon ruptures: a clinical audit of Achilles tendon ruptures 15:00 - 15:05

Philippa Dolphin (South Tees NHS Foundation Trust, United Kingdom)

Q&A 15:05 - 15:15

Workshop

13:45 - 14:45

Co-creating an education-focused network.

Sivaramkumar Shanmugam (Glasgow Caledonian University, United Kingdom)

Roger Kerry (University of Nottingham, United Kingdom)

Steve Ryall (University of Winchester, United Kingdom)

Helen Frank (University of Worcester, United Kingdom)

Networking

13:45 - 14:45

AGM Networking*Abstracts*

13:50 - 15:20

R1

Abstract presentations

Being neurodivergent in the United Kingdom (UK) Physiotherapy workforce: a qualitative study. 13:50 - 14:05

Catherine Minns Lowe (University of Hertfordshire, United Kingdom)

Speaking up in Elite Sport: An Exploratory-descriptive qualitative study of UK physiotherapists' experiences

14:05 - 14:20

Sian Knott (Cardiff University / Welsh Gymnastics, United Kingdom)

Exploring the experiences of ethnically and racially minoritised physiotherapists. A qualitative evidence synthesis.

14:20 - 14:25

Sam Pemberton (OUH NHS Foundation Trust, United Kingdom)

Q&A

14:25 - 14:35

Strengthening the Physiotherapy Workforce in Rural and Coastal Areas: Evidence-Based Strategies for Recruitment and Retention

14:35 - 14:50

Sophie Willis (University of Lincoln, United Kingdom)

From research to policy: 75 years of physiotherapy's influence on global health guidelines and policy

14:50 - 14:55

Carlos Areia (Digital Science, United Kingdom)

Barriers and Facilitators to Allied Health Professionals' Senior Leadership Progression in Healthcare: A Systematised Review.

14:55 - 15:00

Diane Reid (Manchester Metropolitan University, United Kingdom)

Preparing the UK physiotherapy workforce for a digital future. Developing a Physiotherapy Health Informatics Strategy

15:00 - 15:05

Jackie Lidgard (Chartered Society of Physiotherapy, United Kingdom)

Q&A

15:05 - 15:20

Symposium

14:15 - 15:15

R4

Community appointment days - waiting list initiative or transformative practice?

Laura Finucane (Here Brighton, United Kingdom)

Massimo Barcellona (King's College Hospital NHS Foundation Trust, United Kingdom)

Matthew Bowes (York and Scarborough Teaching Hospitals NHS Foundation Trust, United Kingdom)

Hannah Leighton (Calderdale and Huddersfield NHS Foundation Trust, United Kingdom)

Abstracts

14:45 - 15:15

R2

Abstract presentations

Collaborating for Better Care and Rehabilitation: Transforming Discharge Plans for Patients with Cognitive Impairments.

14:45 - 14:50

Bhavani Harshini Atmakur (Central and North West London NHS Foundation Trust, United Kingdom)

A systematic review of movement behaviour interventions in people with frailty and multiple long-term conditions

14:50 - 14:55

Hannah Young (University of Leicester, United Kingdom)

Community Senior Strong classes supported by a Council Cost of Living (COL) support fund

14:55 - 15:00

Tanya Hewitt (Walnut Grove Clinic, United Kingdom)

Workshop

14:45 - 15:30

Digital inclusion: the role of Allied Health Professionals

Claire Stapleton (Keele University, United Kingdom)

Sarah Jewell (Digital Unite, United Kingdom)

Networking

14:45 - 15:15

Developing an environmental physiotherapy network (EPN)

Tom Chapman (Planetary Health Report Card, United Kingdom)

Jen McNesfield (The CSP Environmental Physiotherapy Network Interim Chair, United Kingdom)

Break

15:15 - 15:40

R4

Exhibition & poster viewing*Break*

15:15 - 15:45

R2

Exhibition & poster viewing*Break*

15:15 - 15:45

R3

Exhibition & poster viewing*Break*

15:15 - 15:45

Exhibition & poster viewing*Break*

15:15 - 15:45

Exhibition & poster viewing*Break*

15:15 - 15:45

Exhibition & poster viewing*Break*

15:15 - 15:45

Exhibition & poster viewing*Break*

15:20 - 15:45

R1

Exhibition & poster viewing*Break*

15:30 - 15:45

Exhibition & poster viewing*Keynote*

15:40 - 16:30

R4

Wellbeing in minutes, not months!

Jon Bockelmann-Evans (JBE Health Ltd, United Kingdom)

Break

16:30 - 17:00

R4

CSP Annual Conference 2025 ends 1630